

DELHI PUBLIC SCHOOL, JAMMU
SYLLABUS BIFURCATION
SESSION (2024-2025)

CLASS XII

SUBJECT: PSYCHOLOGY (037)

Objectives of psychology :Psychology specialized in the study of experience ,behaviour and mental processes of human being with in a socio cultural historical context . Learning processes should involve students in evolving their own understand therefore, teaching should be based on the use of case studies , narratives ,analysis of common everyday experience etc.

Objectives of theory

To develop in learners an appreciation of the nature of psychological knowledge and its application to various aspects of life.

To enable learners to become perceptive, socially aware and self-reflective.

To facilitate students' quest for personal growth and effectiveness, and to enable them to become responsive and responsible citizen

Objectives of practical :To provide students with requisite knowledge and skill in psychological tools and techniques to gain an understanding of human behaviour

Objectives of case file: An in depth study of one person ,group or event .the main aim is to explore and understand unique and rare situations that cannot be easily replicated in a laboratory setting .

S.NO.	MONTH	NAME OF THE LESSON
1	APRIL	Chapter 1- Variation in psychology attribute -Foundation sheet for review of previous concept
2	MAY	Chapter 2- Self and personality • <u>Activity</u> Revision of concepts through Class discussions.

3	JUNE/JULY	Chapter 3-Meeting life challenges <u>-Activity</u> - Case File Discussion of CBSE project
4	AUGUST	Chapter 4 Psychological disorder • <u>Activity</u> PowerPoint Presentation on the topic- human behavior attention and perceptual process.
5	SEPTEMBER	Chapter 5- Therapeutic Approaches <u>Activity</u>

		class discussion Practical I
6	OCTOBER	Chapter 6- Attitude and social cognition <u>Activity</u> Power point presentation
7	NOVEMBER	Chapter 7- Social influence and group processes Practical II
9	DECEMBER	Sample paper -Doubt clearing sessions
10	JANUARY	Revision <ul style="list-style-type: none"> • Revision work with the help of Sample Paper • Revision work with the help of CBSE Sample Paper
11	FEBRUARY	Revision Practical and case file
12	MARCH	Revision of the Syllabus



EXAM SCHEDULE

SYLLABUS FOR CYCLE TEST-I

CHAPTER 1 .Variation in psychology attributes.

Chapter 2. Self and personality

SYLLABUS OF CYCLE TEST-II

Chapter 3.Meeting life challenges

Chapter 4.psychological disorder

SYLLABUS FOR HALF YEARLY EXAMINATION

Chapter 1. Variation in psychology attributes

Chapter 2. Self and personality

Chapter 3.Meeting life challenges

Chapter 4.psychological disorder

Chapter 5. Therapeutic approaches

SYLLABUS FOR PRE-BOARD -1 AND PRE BOARD -II

Chapter1.Variations in psychology attributes .

Chapter 2.Self and personality

Chapter 3. Meeting life challenges

Chapter 4. Psychological disorder

Chapter 5. Therapeutic approaches

Chapter 6. Attitude and social cognition

Chapter 7. Social influence and group processes

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