

DELHI PUBLIC SCHOOL, JAMMU

SESSION (2019-20)

ASSIGNMENT

CLASS:-XITH

SUB:-PHYSICAL EDUCATION

- Q1. Describe the development of values through Olympic movements.
- Q2. What is the importance of Physical Education?
- Q3. What are the functions of IOA?
- Q4. What is Olympic Flag? What is the role of rings in Olympic Flag?
- Q5. What are the various competitions that are held at International Level?
- Q6. Write briefly about the Special Olympics.
- Q7. Write a note on the teaching career in Physical Education.
- Q8. Define Physical Education. Write in brief about the objectives of physical education.
- Q9. Discuss in detail about the structure of Khelo India Programme.
- Q10. What are Ancient and Modern Olympics? Explain in detail.
- Q11. Write some main function of IOC.