

DELHI PUBLIC SCHOOL JAMMU

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ACTIVITY REPORT April-2019 to June-2019



"Young People everywhere who are educated, inspired and empowered to be ethical and engaged citizens..."

-Vision, D.P.S. Jammu



IN THIS REPORT

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- Kidzone
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- Workshops

DPS JAMMU, WHERE : Mind Sharpens, Soul Nourishes, Responsible Caretakers Created...

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DPS JAMMU ORGANIZES SPECIAL ASSEMBLY ON BAISAKHI



Delhi Public School, Jammu organized special assembly to mark the importance of Baisakhi and birth anniversary of Dr. B.R Ambedkar. A host of theme based activities were planned for various grades with the prime motive of helping children understand various aspects of Baisakhi festival and learn about the life of Dr. Ambedkar.

Prior to the assembly, the students performed many other theme based activities to acquaint them with the significance of the day, including researching on the life, achievements and contributions of Dr. B.R Ambedkar and pasting of his pictures in their scrap books. Students also discussed about the significance of the ideals upheld by Dr. Ambedkar. All activities were thoroughly enjoyed by the students.



The special assembly was hosted by Malvika Kesar (XII-D) & Gulsmile Kour (X-D) who welcomed the Principal, Headmistress and other dignitaries present on the occasion. The assembly commenced with the school prayer which was followed by the day's thought and the pledge. Lavanya of class IX presented a talk reflecting on the life of Dr. Ambedkar.

The school choir alongwith the mesmerizing Bhangra performance, Giddas and Tappas were presented by the students of middle wing carrying the freshly harvested wheat crop bundles. All performances were said to tune and choreographed by Ms. Mukti Talwar, Mr. Daniel Ms. Sheetal Chalotra and Mr. Sanjeet Mehra.

The Principal, Headmistress, Dy. Headmaster and other dignitaries acknowledged and appreciated the students of primary section for their outstanding performance in painting competition organized by Police Wives Welfare Association. They also appreciated the students of senior wing for winning various positions in J&K state in All India Essay Writing Competition-2018 organized by Shri Ramchandra Mission.

The vote of thanks was presented by Ms. Bharti Munshi, House Warden-Ganga House. The event came to an end with National Anthem.

Hon'ble President, RCT, Sh. M.K Ajatshsattru Singh Ji, Hon'ble PVC, Kunwrani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated the teachers and the students on this auspicious day and wished them best of luck.



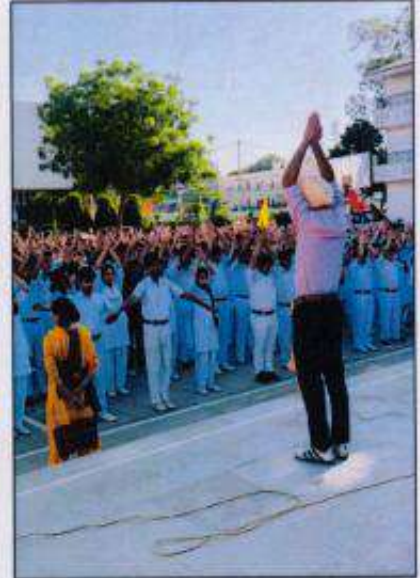




HEALTH & PHYSICAL EDUCATION/SCHOOL ASSEMBLIES

To develop awareness regarding importance of physical, emotional, mental, fitness, life-skills and value building, CBSE has emphasized on mandatory CBSE Health and Physical (HPE) period in the school. Apart from allocating a period for the same in the time-table, the school assemblies from Pre-Nursery to XII have also embedded the vision of HPE by incorporating Aerobics, Drill, Yoga, Meditation and Value Talks.

GLIMPSES



DPS JAMMU CELEBRATES EARTH DAY



As a step towards inspiring and educating children to take up the responsibility of their Environment, Earth Day was celebrated in DPS Jammu with full zeal and vigour. The whole school actively participated in the Earth Day activities and pledged to take care of their Mother Earth and to keep their environment clean and green.



The children of the Prep Wing were taken for outdoor Nature activities at DPS Nagbani. They were also involved in making beautiful posters and slogans on different animal habitats and colourful paper weights with stones. With a motive of keeping the environment clean and green, students of Primary Wing prepared trash boxes with empty cartons and carried out Plantation Drive and Environment. Awareness Rally in the school premises.

Other thoughtful activities included 'Comic Capers', 'Haiku' Writings, Paragraph Writing, Poetry and Story Writing on the theme of Environment.

Principal, DPS Jammu, Ms. Ruchi Chabra, appreciated the efforts of the students and staff and encouraged all to actively participate in the Environment activities all year long.

Headmistress, Ms. Meenu Gupta also encouraged the students for the participation. Hon'ble President, RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Kunwrani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated the staff for organizing such a fruitful session and extended their best wishes to all the children.





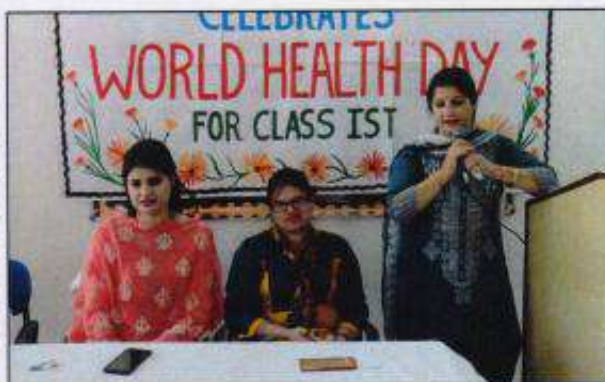
DPS JAMMU ORGANIZES HEALTH AWARENESS PROGRAMME



To commemorate the "World Health Day", Delhi Public School, Jammu organized Health Awareness Programme for the students of Pre-Primary wing. The Resource Persons were Dr. Anita Kotwal, Dr. Neelam Khajuria & Dr. Savneet Kour Bali. Dr. Anita talked about

the importance of general health, hygiene and nutrition. She guided the children to develop right attitude towards hygiene. Dr. Neelam laid stress on exercising and healthy diet.

Children learned that fruits & vegetables help us to grow strong and how harmful is junk food for our body while Dr. Savneet demonstrated the correct techniques and importance of brushing, flossing and rinsing. She made the children aware about excessive candies and chocolates cause cavities and cause harm to teeth.



Principal, DPS Jammu, Ms. Ruchi Chabra congratulated the faculty for organizing such an informative and interesting session for the young ones and said that it is very important for all to stay fit and healthy both mentally and physically.



Headmistress, Ms. Meenu Gupta encouraged the students to adopt healthy lifestyle. The programme was compered by Ms. Puja Langeh.

Hon'ble President, RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Kunwrani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated the staff for organizing such a fruitful session and extended their best wishes to all the children.

DELHI PUBLIC SCHOOL JAMMU CELEBRATES WORLD HERITAGE DAY



To ensure conservation of our boundless heritage and to pass it on to the next generation, Delhi Public School, Jammu celebrated 'World Heritage Day' with great enthusiasm here today. The students of Primary, Middle and Senior Wing participated in activities aimed at inducing love and respect for our Country's Heritage and Culture. The students of class II and III pasted pictures of rich heritage of J&K in their notebooks along with the description. The students of class VI to VIII were involved in interactive class discussion on preservation of Heritage. The students of class IX to XII participated in Collage Making, Group Discussion and Elocution activities with great enthusiasm and zeal. The objective of these activities was to raise the awareness of students about diversity of our Cultural Heritage and to make them aware about the efforts which are required to protect and conserve it.

Principal, DPS Jammu, Ms. Ruchi Chabra, appreciated the efforts of the students and staff and encouraged all to actively participate in preserving our cultural and Heritage as not only they are the distinct marks of the Country's identity but also impact its economy and popularity.

Headmistress, Ms. Meenu Gupta also encouraged the students for the participation.

Hon'ble President, RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Kunwrani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated the staff for celebrating World Heritage Day and extended their best wishes to all the children.

DPS JAMMU CELEBRATES MOTHER'S DAY



Mother's Day was celebrated with great zeal and vigour at Delhi Public School, Jammu on 10th & 11th May, 2019 with a mesmerizing special assembly and a get-together of Mothers of tiny toddlers on the occasion.

The tiny-tots under the guidance of their teachers extended a warm welcome to their mothers with Tilak Ceremony and presented them a token appreciation of a handmade garland with a pendant titled 'I love my mom'.

The welcome address was presented by the Principal, DPS Jammu, Ms. Ruchi Chabra who urged mothers to invest in their children's future effectively in order to prepare them for future. There were many fun-filled games organized for the mothers and children such as balloon writing, Lemon Picking, Talent Show, Pasta-strings, Dancing, etc. which were thoroughly enjoyed by all. The tiny-tots presented colourful cultural programs dedicated to their mothers. A 'Selfie-Counter' and 'Sunshine Board' also attracted great attention. A day prior to the function, the school organized a Special Assembly conducted by Jhelum House, which started with invoking the blessings of God through prayer followed by group song 'Do Lafzon me kaise keh doon Maa' composed by Mr. Jai Paul and a mime act titled 'Aisi hoti hai Maa', directed by Mr. Suresh Kumar. Further, subtle and emotional dance performances by the students dedicated to the love, warmth and compassion of a Mother, won huge applause from the audience. The dances were choreographed by Ms. Shalini Pradhan & Ms. Ritu Dogra.



Ms. Meenu Gupta, Headmistress reminded students about their duty towards the mothers to whom we owe our existence and also extended her wishes on the occasion.

Principal, DPS Jammu, Ms. Ruchi Chabra sensitized the children about their life-long debts for their Mothers, Gurus (teachers) and Mother Earth. The compering on Day one was done by Nadia Zareen (IX-D) and Aiman (XI-G) while the vote of thanks was presented by Ms. Roma

Bakshi, House Warden, Jhelum House. The compering on Day two was done by Ms. Pooja Langeh and Ms. Monika Gupta while the vote of thanks was presented by Ms. Richa Gupta (Academic Coordinator-Pre Primary wing).

Hon'ble President, RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Kunwrani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji extended their best wishes to all on the special occasion of Mothers Day.







DPS JAMMU ORGANIZES SEMINAR ON WORLD RED CROSS DAY



Delhi Public School Jammu organized a seminar on the occasion of 'World Red Cross Day' on the theme 'Memorable Smiles from around the World' on 8th May, 2019. The event aimed at inspiring a sense of care towards the society among the children. The students of Classes VI to VIII presented sterling seminars highlighting variety of information regarding the work undertaken by Red Cross Society during rough times faced during disasters or calamities. All Students participated enthusiastically and learnt about different aspects of Red Cross. They also described the works of different social workers including Mother Teresa, Nelson Mandela and many others. All students exhibited their support by wearing Red Cross badges and preparing placards and posters for their seminar presentation. The seminar included a group presentation where children spoke about the contributions that can be made during various natural disasters, wars etc. The idea of providing assistance or humanitarian aid to the affected without any discrimination was discussed by them. Teachers also explained the active efforts of Red Cross Society all over the world. The activity concluded with a pledge by the students to adopt safe and secure steps during the tough times in the same way as Red Cross Society does. Principal DPS Jammu, Ms. Ruchi Chabra congratulated to the staff and Headmistress Ms. Meenu Gupta also lauded them.

Hon'ble President, RCT, Sh. M.K. Ajatshatru Singh Ji, Hon'ble PVC, Kunwrani Ritu Singh Ji and Hon'ble Director, Sh. S.S. Sodhi Ji extended their best wishes to the teachers for organizing a meaningful activity.

DPS JAMMU ORGANIZES HINDI RECITATION COMPETITION

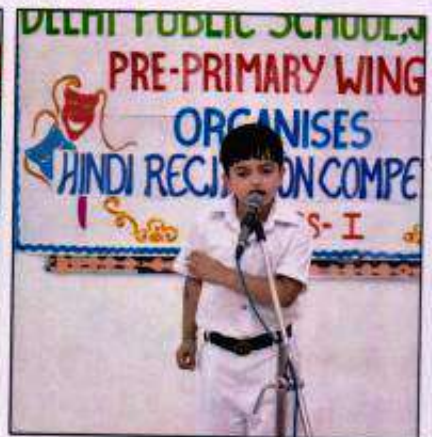
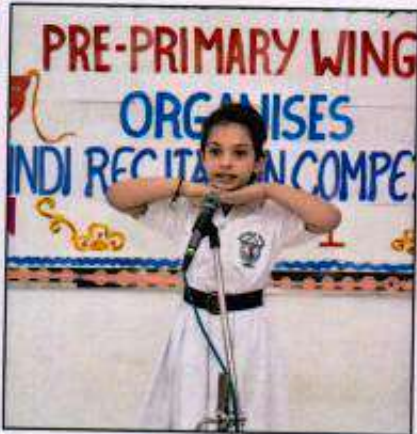


Poem Recitation activities help the child to develop confidence, improve vocabulary and also help the students to get rid of stage fear. In order to instill love for the poetry and to develop recitation skills amongst the little ones, Delhi Public School, Jammu organized Hindi Recitation Competition for the students of class I. The children actively participated in the competition and recited poems beautifully on the topics "Bati Bachao; Beti Padao", "Meri Maa", "Mera Bharat", "Ped", etc. The competition was adjudged by Ms. Ritu Kapoor and Ms. Shelja Sharma.

The first prize was bagged by Ayaan Singh Jasrotia and Mohisha Gupta of class I-H. Siddhiksha (I-B) & Abhilasha (I-K) stood second while the third prize was shared by Mamliket & Anumodhan of class I-i. The consolation prizes were received by Amaya Vaid (I-G) & Lakshita Gupta (I-F). The special prizes were also given to Paavika Manotra (I-D) & Ananya Nargotra (I-A).

Principal, DPS Jammu, Ms. Ruchi Chabra congratulated the winners and applauded the exuberance and confidence of all the participants. She stated that such competitions develop the speaking skills and uplift the confidence in children. Headmistress, Ms. Meenu Gupta also appreciated the efforts of all the students and motivated them to come forward in all the forthcoming competitions. Academic Coordinator, Pre Primary wing, Ms. Richa Sharma was also present on the occasion. Hon'ble President, RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Kunwrani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji extended their best wishes to the children and their parents.











PRASAN OF DPS JAMMU BRINGS LAURELS IN INTER-DPS LANGUAGE FESTIVAL-2019



Prasan Sharma (VII-A) and M.U Harshita (IX-A) of Delhi Public School, Jammu represented the school in All India Annual Inter-DPS Language Festival-'Triveni 2019' held on 20th April, 2019 at DPS Bulandshehr. They participated in Sanskrit 'Shloka & Mantra Uccharan' competition, wherein students from all over DPS branches participated and showcased their talent and skills.

Prasan bagged the coveted Third Position in the said competition, while both the participants won huge appreciation for their performance from all quarters.

Prof. B.P Khandelwal, Member, DPS Society, New Delhi and former Chairman, CBSE, Sh. Santosh Anand, famous lyricist, singer and a poet, Dr. Vishnu Saxena, famous poet and lyricist were among some of the prominent members present on the occasion.

Principal, DPS Jammu, Ms. Ruchi Chabra congratulated all the winners, their parents and teachers and thanked the DPS Society, New Delhi for providing such exposure for students. She also appreciated the efforts of the teachers.

Headmistress, Ms. Meenu Gupta too congratulated the team.

Hon'ble President, RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Kunwrani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji extended their best wishes to both the participants and their parents.

DPS JAMMU STUDENTS EXCEL IN PAINTING COMPETITION



Students of Delhi Public School, Jammu brought laurels to the school and their parents by excelling in Painting Competition organized by J&K Police Wives Welfare Association (PWWA) held on 9th February, 2019 at SDRF 2nd Battalion, Jammu. All the students also received Certificate of Merit by the Hon'ble DGP, J&K, Sh. Dilbag Singh (IPS).

The students who received certificates are: - Kritika Charak (VI-E), Ahatsham-Ul-Hassan (III-B), Tajeshwar Singh Charak (III-A), Agrim Chahal (IV-A) & Samanyu Sharma (IV-I).

Principal, DPS Jammu, Ms. Ruchi Chabra congratulated the students and wish them for future events also. Headmistress, Ms. Meenu Gupta also lauded them.

Hon'ble President, RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Kunwrani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji extended their best wishes to the students and their parents.

DPS JAMMU WINS MEDALS IN INTER-SCHOOL DISTRICT LEVEL SPEEDBALL & WUSHU TOURNAMENT



Students of Delhi Public School, Jammu brought laurels to the school and their parents by winning gold medals in U-14 (Boys) & U-17 (girls) in Inter-School District level Speed Ball and Wushu Tournament organized by Youth Services & Sports (boys & girls) held at M.A Stadium (Indoor Complex), Jammu from 22.04.2019 to 25.04.2019 and in March 2018.

The students who won medals in Speed Ball are:-

- Single U/14 (Boys) category
Atharva Gupta (VI-G)
- Single U-17 (Girls) category
Vedhita Arora (IX- E)
- Double U-17 (Girls) category
Kanika Dewan (IX-J) and Anushka Gupta (VIII-E)
- Super Solo U-17 (Girls) category
Mishthi Gupta (IX-E)

DPS Jammu Girl Mahika Sharma (V-I) won gold medal in District Wushu Championship held in March 2018. She also won silver medal in 15th J&K State Wushu Championship organized in collaboration with Directorate of Physical Education, University Jammu (JU) and J&K State Sports Council (JKSSC) at Gymnasium Hall.

Principal, DPS Jammu, Ms. Ruchi Chabra congratulated all the winners and their coach Mr. Kulbushan Sharma and Mr. Sunil Dev Singh for the achievement. Headmistress, Ms. Meenu Gupta also applauded the entire team.

Hon'ble President, RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Kunwrani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated all the winners and their parents.

DPS JAMMU WINS MEDALS IN INTER-SCHOOL DISTRICT LEVEL BADMINTON & TABLE-TENNIS TOURNAMENT



Students of Delhi Public School, Jammu brought laurels to the school and their parents by winning gold and silver medals in U-14 & U-17 (Boys & girls category) in Inter-School District level Badminton and Table Tennis Tournament organized by Youth Services & Sports (boys & girls) held at M.A Stadium, Jammu from 22-24 April, 2019. In the final of Badminton Championship, DPS Jammu beat Carmel Convent School by 2-0 and won the Competition. The students who won medals are:-

Silver medals in U-14 boys category

Udayan Sharma (VI-D), Jaskaran Singh Malhotra (VII-J), Divyansh Sharma (VI-E), Sparsh Katoch (VIII-B)

Gold medals in U-14 girls category

Krishika Mahajan (VIII-F), Shambhavi Kher (VI-K), Shreya Gupta (VI-B), Anshima Mahajan (VI-B), Prabneet Kaur (VIII-F)

Silver medals in U-17 girls category

Charvi Arora (X-C), Ananya Anand (X-G), Khushi Soni (X-C), Arshdeep Tyagi (IX-A), Ritika Rana (IX-G)

In Table Tennis U-14 Girls DPS Jammu beat Presentation Convent by 3-0 and won the finals. The students who won medals are:-

Mishti Aggarwal (VII-C), Ruhani (VII-D), Iknour Kour (VIII-K), Ragini Gupta (VI-A)

Principal, DPS Jammu, Ms. Ruchi Chabra congratulated all the winners and their coach Ms. Preeti Gupta and Ms. Meenu Ragesh for the achievement. Headmistress, Ms. Meenu Gupta also applauded the entire team.

Hon'ble President, RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Kunwrani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated all the winners and their parents.

**DPS JAMMU EXCELS IN ALL INDIA ESSAY WRITING
EVENT ORGANIZED BY SHRI RAM CHANDRA MISSION
AT THE STATE LEVEL**



Students of Delhi Public School, Jammu brought laurels to the school and their parents by winning Certificate of Honor in All India Essay Writing Event organized by SHRI RAM CHANDRA MISSION in collaboration with UNITED NATIONS INFORMATION CENTRE FOR INDIA AND BHUTAN and HEARTFULNESS EDUCATION TRUST.

Thousands of students from all over India participated in the said competition out of which students from DPS Jammu also took part. The competition was organized with the aim to raise the students' awareness and interest towards the various possibilities of time, to help them develop their physical and intellectual capabilities to their optimum extent and prepare them to thrive in competitive world. The topic of the essay was 'There is a wisdom of the head, and a wisdom of the heart- Charles Dickens'. The students participated whole heartedly and enthusiastically and presented highly crafted out ideas. Shreya Sawhney of Class XII bagged 2nd position, Medhavi Tickoo of class XI stood 5th, Nipun Mahajan of class XI stood 7th, Mridul Ananad of class XI stood 8th in J&K State. Snigdha Jamwal, Ridham Jain, Swescha Rambal, Raghunandan Gupta, and Shivagi Sharma received 'Honorable Mention' in the said competition. Principal, DPS Jammu, Ms. Ruchi Chabra applauded the literary effort of the students and encouraged them to continue their efforts in the literary field.

Hon'ble President, RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Kunwrani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji extended their best wishes to the achievers and their parents.

DPS JAMMU WINS MEDALS IN ROLLER SKATING CHAMPIONSHIP



Students of Delhi Public School, Jammu brought laurels to the school by winning gold, silver and bronze medals in Roller Skating Championship organized by Hockey Club Classico held at Peer Kho under the banner of Jammu & Kashmir Roller Skating Association, Jammu from 26-28 April, 2019.

The medal winners are:

- Pavani (II-I), Gold & Silver Medal
- Asim Abbas Khan (II-I), 2 Gold Medals
- Mohd. Faheem Khan (III-C), 2 Silver Medals
- Shivyanshi (V-H), 1 Gold Medal
- Pratyaksha Gupta (VI-D), 1 Bronze & 1 Silver Medal
- Pehal (III-J), 1 Gold & 1 Silver Medal

Principal, DPS Jammu, Ms. Ruchi Chabra congratulated all the winners, their parents and coach, Ms. Sanya Malik. Headmistress, Ms. Meenu Gupta also lauded them.

Hon'ble President, RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Kunwrani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji conveyed their best wishes to the winners and their parents.

DPS JAMMU WINS MEDALS IN INTER-DISTRICT SWIMMING COMPETITION



Students of Delhi Public School, Jammu brought laurels to the school and their parents by winning gold, silver and bronze medals in Inter-District Swimming Competition organized by Department of Youth Services and Sports, J&K held at K.C Public School, Jammu from 14-16 May, 2019. The students who won medals are:-

- Divyan Sharma (X-I) 2 Gold medals
- Jaitej Singh (IX-E) 1 Silver & 1 Bronze medal
- Vanya Suri (IX-A) 1 Silver & 1 Bronze medal
- Shambhavi Sharma (VIII-C) 1 Bronze medal

Principal, DPS Jammu, Ms. Ruchi Chabra congratulated all the winners and their parents for the achievement. Headmistress, Ms. Meenu Gupta also applauded them.

Hon'ble President, RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Kunwrani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji extended their best wishes to the winners and their parents.

DPS JAMMU GIRLS EXCEL IN STATE OPEN BADMINTON CHAMPIONSHIP



Students of Delhi Public School, Jammu brought laurels to the school and their parents by excelling in U-13, U-15, U-17 & U-19 categories in State Open Badminton Championship organized by Young Badminton Club held at Indoor Complex, M.A Stadium, Jammu from 30th May, 2019 to 3rd June, 2019. The details are as under:-

·Krishika Mahajan (VIII-F)

U-15 Girls-Runner Up

U-17 Girls-Runner Up

U-19 Girls-Winner

·Shambhavi Rajput (VI-K)

U-13 Girls-Winner

·Udayan Sharma (VI-D)

U-13 Boys-Winner

Further, Aarush Jain (XI-E), Udayan Sharma (VI-D) & Jaskaran Singh (VII-J) were declared as Runner Up in U-19 Badminton Competition organized by District Youth Services & Sports, J&K held on 27-30 May, 2019.

Principal, DPS Jammu, Ms. Ruchi Chabra congratulated the winners and their parents. She also lauded their coach, Ms. Preeti Gupta.

Hon'ble President, RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Kunwrani Ritu Singh Ji & Hon'ble Director, Sh. S.S Sodhi Ji extended their best wishes to the winners and their parents.

SOHAM KAMOTRA OF DPS JAMMU SHINES IN NATIONAL BLITZ CHESS CHAMPIONSHIP



Soham Kamotra (X-D) of Delhi Public School, Jammu brought laurels to the school and his parents by scoring 8 points out of 11 rounds in National Blitz Chess Championship organized by Amateur J&K Chess Association held at Lovely Professional University, Jalandhar on 28th May, 2019. He beat one Grandmaster, one International Master and one FIDE Master. The players from 23 states participated in the championship in which he was declared 3rd in the championship. It is noteworthy that Soham is one of the highest rated Chess players of J&K state.

Principal, DPS Jammu, Ms. Ruchi Chabra congratulated Soham and his parents for the glorious success. She extended her best wishes for his future endeavours.

Hon'ble President, RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Kunwrani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji also extended their best wishes to Soham and his parents.

AASHANA GONDHI EMERGING DANCE PRODIGY OF DPS JAMMU EXCELS IN JAMMU'S GOT TALENT SEASON-8



Aashana Gondhi, a student of class V-F of Delhi Public School, Jammu made her mark in Jammu's Got Talent Season-8 by emerging as one of the top 20 finalists out of 1500 participants from all over J&K state. Aashana had performed Lavni Dance in the semi-finals to get entry into the finals, where she mesmerized the audience with a Hip-Hop Dance. Aashana received a glittering trophy, appreciation certificate and a medal for her achievement. The said competition was organized by Super Model Club Events held on 2nd & 3rd May, 2019.

Earlier too, Aashana had displayed her amazing dance talent in Jammu's Next Dancing Star-2018 season-1 and won both special and second prizes in the event.

Principal, DPS Jammu, Ms. Ruchi Chabra applauded Aashana for bringing laurels to the school and her parents. Headmistress, Ms. Meenu Gupta also congratulated the winner.

Hon'ble President, RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Kunwrani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji extended their best wishes to Aashana and her proud parents Mrs. Sandhya Gondhi and Mr. Vishal Gondhi.

DPS JAMMU HOLDS WORKSHOP FOR TEACHING, NON-TEACHING & SUPPORT STAFF ON CHILD SEXUAL ABUSE

A workshop on “Sensitization, Legal Awareness & Child Sexual Abuse” was held in



the premises of Delhi Public School, Jammu. The Resource Persons on the occasion were Ms. Keshav Sharma, Psycho-Oncologist, Fortis Healthcare & Mr. Pradeep Sharma, Project Director, Project CACA.

The workshop started with the lighting of the traditional lamp by the Resource Persons, Principal, Headmistress, Dy. Headmaster & Coordinators. The Principal-DPS Jammu, Ms. Ruchi

Chabra presented the welcome address and stressed on the necessity of making the teachers aware of Child Sexual Abuse and also to sensitize the children about it. She also mentioned that the school has started Legal Literacy Club in the school with the same purpose in mind.

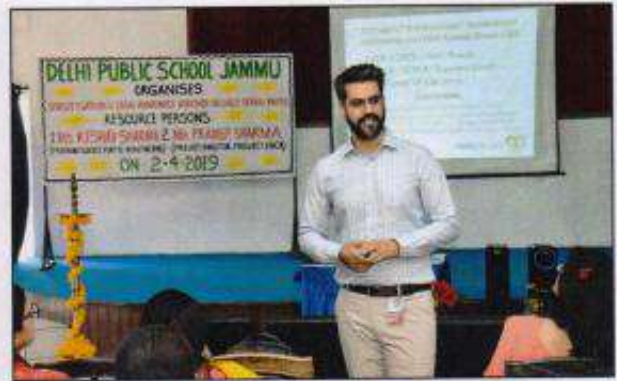


DPS Jammu has implemented Project CACA (Children Against Child Abuse) for the safety of its children from the academic year 2019 onwards. The project is Child-Centric, Preventive and Holistic Project Against Child Abuse in General and Child Sexual Abuse in particular, Child Rights and Gender Equality. By implementing Project CACA, the school has



empowered over 5000 students, their parents, 300 teachers and more than 200 support staff of the school. The workshop was attended by teaching, non-teaching and support staff of the school.

The workshop sessions were very informative and interactive. The teachers shared their personal anecdotes of classroom experiences dealing with students and parents in the school.



Ms. Keshav Sharma sensitized the staff on the various psychological aspects of Child Sexual Abuse. She laid importance on effective communication strategies between teachers and children and also between children and their parents. Mr. Pradeep Sharma dwelt in detail on POCSO (Protection of Children from Sexual Offence) and interacted with the teachers and the support staff quite well.

Headmistress, Ms. Meenu Gupta also addressed the gathering. She said that the teachers not only make the children learn but children also make the teachers learn.

The vote of thanks was presented by Dy. Headmaster, Mr. Ravi Kotroo.



Principal, DPS Jammu, Ms. Ruchi Chabra felicitated the Resource Persons with the token of appreciation. The programme was compered by Ms. Aditi Sharma, Ms. Payal Sharma, Ms. Pooja Pandoh and Ms. Rohina Gupta.

The workshop came to an end with instrumental National Anthem. Hon'ble President, RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Kunwrani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji extended their best wishes to the teachers for organizing such a fruitful workshop.

DPS JAMMU TEACHERS ATTEND INSPIRE WORKSHOP



Teachers of Delhi Public School, Jammu participated in a Teacher Training Programme INSPIRE organized by Heartfulness Education to create a conscious learning environment in schools. The Resource Persons were Mrs. Nirmala Sundaram & Dr. Shyamala S. Krishna. The workshop focused on creating a conscious living and how meditation and a calm mind can help them create this living. The programme directors very effectively addressed the issue that how teaching has become a demanding profession and how entering the class room with calm and meditative minds have a positive impact on the students. The workshop was, thus, based on the principle that 'In order to learn to live together in peace, we must first find peace within ourselves'. The three day enrichment programme for the teachers aimed at a heart-centered approach to teaching, 21st century styles of learning and their implementation in the class room. The teachers who participated in the workshop were Ms. Aditi Raj Sharma, Ms. Payal Sharma, Ms. Palvi Sharma, Ms. Yogeta, Ms. Sargam Gandotra, Ms. Bhanu Dubey & Ms. Ekta Bhatia.

DPS JAMMU ORGANIZES AN INTERACTIVE SESSION ON 'EARTHQUAKE MANAGEMENT'



DPS Jammu organised an interactive session on 'Earthquake Management' for students and staff. The session was conducted by Mr. Alok Nanda, disaster management expert and President's Medal Awardee from Jammu. As an expert, he has been conducting workshops on Earthquake Management since last 18 years in Jammu and all over India. The prime objective of the workshop was to provide an interactive platform for the participants to know what to do in case of an earthquake in order to reduce damage and injury caused by it to the minimum.

The Resource Person explained the importance of effective disaster management and the need of disaster prevention, mitigation & preparedness in today's time. Through power point presentations, he displayed tools and instruments which could be used during relief & recovery of wounded people so that they could assist the society in the hour of need. He trained the students and the teachers to use various methods in case of earthquake without getting panic. This was followed by a question and answer round with the students and the teachers.

Towards the end of the session, the Resource Person gave certain standard guidelines when faced by the disaster. The workshop concluded with the felicitation ceremony by the Principal DPS Jammu, Ms. Ruchi Chabra. She thanked Mr. Alok Nanda for sparing his time for training and guiding the teachers and the students. Headmistress, Ms. Meenu Gupta was also present on the occasion.

Hon'ble President RCT, M.K Ajatshatru Singh Ji, Hon'ble PVC Kunwrani Ritu Singh Ji and Hon'ble Director Mr. S.S Sodhi Ji also wished a safe stay in school for all the teachers and students.

DPS JAMMU CONDUCTS FACULTY DEVELOPMENT PROGRAMME ON EFFECTIVE COMMUNICATION SKILLS



Delhi Public School, Jammu organized two days Faculty Development Programme for Administrative staff of the school. Ms. Saroj Bakshi, Ms. Sargam Gandotra, Ms. Twinkle and Ms. Sucharu Sharma were the Resource Persons. It was attended by about 50 staff members. Emphasis was made on:

1. Handling parent's queries effectively
2. Telephone etiquettes
3. English Conversation
4. Handling work pressure
5. Building positive work environment



DPS JAMMU TEACHERS ATTEND SCILAB WORKSHOP



A one day workshop on 'SCILAB' was organized by IIT Bombay at SMVDU Katra on 4th May, 2019. It was conducted by Teaching Learning Centre (ICT) supported by FOSSEE and Spoken Tutorials. The Resource Person for the workshop was Prof. Kannan Moudgalya, Principal Investigator, TLC (ICT), Spoken Tutorials and FOSSEE projects and FOSSEE Team Members, IIT-Bombay. The workshop was for the teachers teaching Mathematics and Physics in classes XI & XII, so that they can train their students to use Scilab in their project work and other activities involving higher order computations. The workshop was conducted through a blended mode, using both live video conferencing facility and hands-on sessions.

The Resource Person while elaborating the concept informed that Scilab is open source software which is purchased from frame by IIT Bombay. This software is regarding the coding of textbooks in all fields specially engineering. It is learning plus earning for the students of graduation in various aspects. It is available in few other languages also. The FOSSEE team informed that the labs can be migrated to SCILAB. Codes of migrated labs are available at <https://scilab.in/labmigration>. The teachers who attended the workshop were Mr. Mandeep Singh, Mr. Rajesh Pandoh, Mr. Rajesh Shastri and Ms. Jyoti Pallalia.

CAREER ORIENTATION PROGRAMME



A Career Orientation Programme was organized by the Institute of Company Secretaries of India on 27th May, 2019 held at Zorawar Singh Auditorium, Jammu. The programme was attended by Ms. Neeraj Kaila and Ms. Puja Gupta along with the students of Class XII.

The programme was an awareness programme among the young generation related to the role of Company Secretaries in the present day scenario. The Resource Person Dr. Atul Hans threw light on why Career Planning at an early stage is important for the students and how it can help the students. Ms. Sonu Nahata, Assistant Director, ICSI, New Delhi was the technical expert for the programme who spoke about the various aspects related to the profession and clarified the doubts of the students related to job incumbents, compensation and challenges of the profession.

ENGLISH CAPACITY BUILDING WORKSHOP FOR PRIMARY TEACHERS



Ms. Shiwani Bharti from Delhi Public School, Jammu attended a three days workshop on 'English Capacity Building Workshop for Primary Teachers' organized by The Public School Society, New Delhi held at HRD Centre, Delhi from 22-24 May, 2019. The inaugural session was conducted by Ms. Kirti Kapur. She engaged the teachers in a very interested activity. The teachers introduced themselves with an adjective. The session dealt with different techniques of listening and listening strategies like top-down and bottom-up strategy which was quite new for every teacher. The handouts were also provided to create a better classroom environment

DPS JAMMU ORGANIZES GUEST LECTURE PROGRAMME ON DRUG AWARENESS



Delhi Public School, Jammu organized Guest Lectures Programme on Drug Awareness for senior students on 27th & 29th May, 2019. The Resource Persons were Dr. T.R Raina, M.D (Path), former Professor & Head, Post Graduate Department of Blood Transfusion, Govt. Medical College, Jammu on 27th May, 2019 and Dr. Gurmeet Kour, Specialist in Mental Health, Incharge-Drug Addiction Centre, Govt. Medical College, Jammu on 29th May, 2019.

The programmes were conducted to sensitize the students about the issue of Drug Abuse. While Dr. T.R Raina talked about the physiological and societal effects of taking drugs, Dr. Gurmeet delved into the potential dangers and health problems associated with drugs, alcohol and smoking. She also made children take a pledge on 'Say No To Drugs'.





The BEAUTIFUL
thing about
LEARNING

is that

no one

can take it
away from you.

-BB King



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