DELHI PUBLIC SCHOOL JAMMU

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ACTIVITY REPORT April 2023 to June 2023



"Young People everywhere who are educated, inspired and empowered to be ethical and engaged citizens..."

-Vision, D.P.S. Jammu





IN THIS REPORT

- Special Assemblies
- Achievements of the Month
- Webinars and Workshops
- CBSE Class 12th and 10th Result

DPS JAMMMU, WHERE: Mind Sharpens, Soul Nourishes, Responsible Caretakers Created...

CONTENTS

S. NO.	CONTENT	PAGE NO.
	ACTIVITIES OF THE MONTH	1-49
	PVC Dr. Kuwarani Ritu Singh adds value & dignity to the lives of labour force at DPS Jammu	1-8
	DPS Jammu in association with JMC organizes awareness session on Animal Birth Control and Anti-Rabies Vaccination	9-10
	DPS Jammu JMC join hands for an awareness session on banning polythene and single-use plastic	11-14
	DPS Jammu organizes Inter-House debate competition	15-18
	Dribble Academy host one day Basketball Training Camp for DPS Jammu & Nagbani students	19-21
	DPS Jammu celebrates Earth Day	22-28
1.	DPS Jammu students visit Mubarak Mandi heritage museum on national museum day	29-31
	DPS Jammu organizes art of living workshop for children	32
	DPS Jammu organizes Eye Health Awareness Talk conducted by Doctors from AIIMS Jammu	33
	DPS Jammu students honoured with Pariksha Pe Charcha Certificates	34-35
	DPS Jammu organizes Summer Camp	36-39
	Students of DPS Jammu attends Summer Internship Program at Modbloc	40
	DPS Jammu organizes World Class Mega State/U.T Level Conference	41-49
	DPS Jammu Students visit Medley Pharmaceuticals Limited	50-51
	DPS Jammu Students visit Fish Aquarium	52
	SPECIAL ASSEMBLIES	53-72
	DPS Jammu celebrates Baisakhi, Ambedkar Jayanti	53-56
2. DPS Jammu ce DPS Jammu or DPS Jammu ce	DPS Jammu Pre-Primary wing celebrates Baisakhi, Ambedkar Jayanti	57-58
	DPS Jammu celebrates 'Eid-Ul-Fitr' with great fervour	59-61
	DPS Jammu organizes special assembly on German language	62-64
	DPS Jammu celebrates Mother's Day	65-72
3.	ACHIEVEMENTS OF THE MONTH	73-83
	DPS Jammu students excel in American Mathematics Contest	73
	Niharika Sharma of DPS Jammu wins first position in Judo Championship	74
	Tarini, Manya and Harihar of DPS Jammu qualify SPOT-100 examination	74
	Aakash Sharma of DPS Jammu awarded as the 'Best Delegate in MUN Dialogue of 2023'	75
	DPS Jammu bags first position in Sahodaya Chess Tournament	75-76
	DPS Jammu students win gold in Inter-School Benchpress Powerlifting Competition	76
	DPS Jammu students win 1st position in State Level Dance Competition	76-77
	DPS Jammu students win gold in 1st National Inter-District Roller Skating Championship	77

	Kyra of DPS Jammu excels in 2nd Indo-Nepal International Taekwondo Championship 2023	77-78
	Trisha Jamwal of DPS Jammu excels in 1st National Inter-District Skating Championship 2023	78
	Kameshwar of DPS Jammu excels in State Level Boxing Championship 2023	78
	Aarvi Gupta of DPS Jammu emerges as J&K State Level winner in India Kid Superstar Season-2	79
	Students of DPS Jammu win gold medals in U.T Open Roller Skating Championship 2023	79-80
	DPS Jammu students excels in Silverzone International Olympiads	80
	Atharv Sharma of DPS Jammu wins gold medal in U.T Open Roller Skating Championship 2023	81
	Abhirath of DPS Jammu wins Boys Doubles Title in Jammu District Lawn Tennis Championship	81
	DPS Jammu students excel in International Level Physics Examination	82
	Jagrit, Shalin, Snehadeep & others DIPSITES bring laurels for DPS Jammu	83
4.	WEBINARS & WORKSHOPS	84-86
	Capacity Building Program in Mathematics	84
	Managing the Diversity in the Classroom	84-85
	Decision Making, Problem Solving & Communication	85
	Coping with Stress	85
	DPS Jammu conducts safety & medical training program for transport staff of the school	86
	Offline Program in Physics	86-87
	Capacity Building Program on Stress Management	87
5.	CBSE CLASS XII RESULT	88
6.	CBSE CLASS X RESULT	89



ACTIVITIES

DR. KUWARANI RITU SINGH ADDS VALUE & DIGNITY TO THE LIVES OF LABOUR FORCE AT DPS JAMMU

o commemorate Labour Day and to appreciate and thank the selfless service of the support staff, Dr. Kuwarani Ritu Singh, Pro-Vice Chairperson, DPS Jammu initiated first of its kind celebration of Labour Day at Delhi Public School Jammu with full zeal and aplomb.

The day started with the session on Zoom with Dr. Kuwarani Ritu Singh Ji who joined in the lamp lighting ceremony to virtually inaugurate the various activities planned for the day. This was done amidst the holy rendition of the Mahamritunjay mantra by the children, filling the air with serenity and auspiciousness. Terming J&K as the land of Shiva and Shakti, Kuwarani Ritu Singh said that the labour forces are the pillars and harbingers of our society. Extending her greetings to all, she said that the school's motto "Service Before Self" is of utmost significance as DPS is committed to serve community. She also motivated the staff and students with her inspiring words. Sh. M.K Ajatshatru Singh Ji, Hon'ble President-Rajput Charitable Trust, and Sh. S.S Sodhi Ji, Hon'ble Director-DPS Jammu also joined her in the session and expressed their heartfelt gratitude and blessings



to all members of the support staff and also assured their full support to them.

This was followed by a special assembly on Labour Day to celebrate and honour the tireless efforts of the labour forces in the school. Around 200 support staff members including maids, peons, drivers, conductors, security guards, carpenters, electricians, plumbers etc. were felicitated with certificates to acknowledge their hard work. Some members having a long association with the school and excelling in their respective fields of work were acknowledged with the mementoes. They also shared their experiences







and struggles and how the DPS family has always supported them. An impressive cultural program was also organized by the children including a classical dance performance, group song, and group poetry presentation.

To sensitize the children at an early age to the values of dignity of labour, several thoughtful class activities were also organized on the occasion to enable the children to learn the value and dignity of labour. The tiny tots of Pre-Nursery and Nursery presented labour day themed songs and dances, while classes Prep, I, II & III prepared thank

you cards and paper flowers for their helper staff. Class III participated in an activity to understand and appreciate the struggles and challenges of the school helpers. Class IV participated in a roleplay activity and Class V was involved in flower pot & fence painting activities. Class VI made gratitude cards, while Class VII was involved in the morning assembly. For class VIII, documentaries different occupations and on the struggles and achievements of workers were screened followed by meaningful discussions. Class IX gave a presentation on the history and significance of Labour



Day, and Class X performed a role-play with colourful props.

Under the able guidance and vision of Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji, a free medical camp 'Amanat' was kick started for around 500 labour forces working in DPS Jammu, DPS Katra, and DPS Nagbani in association with ASCOMS Hospital and American Oncology Institute. Dr. Surbhi Kudyar, Breast Onco surgeon, American Oncology Institute conducted cancer screening, and the team of other doctors from ASCOMS provided preventive healthcare services in Ophthalmology, ENT, and General Physician check-ups with other medical facilities. From ASCOMS, Medicine Deptt. was represented by Dr. Rahul Sudan (Asstt. Prof.), Dr. Haji Jawaid Ul Hassan (Resident Doctor), Dr. Shamsul Haq, (Resident Doctor), Dr. Tushar Gupta (Intern), Dr. Sarthak Gupta (Intern), and Dr. Damanpreet Singh (Intern). The Eye Department was represented by Dr. Asma Jabeen (SR), Dr. Chandini Arora (SR), Dr. Shivam Manu (PG), Dr. Yogindu Raizada (PG), Ms. Sushma Choudhary (Ophthalmic Asstt.), Mr. Ravi Kumar (Nursing Orderly). The ENT Dept comprised Dr. Navneet Gupta, Dr. Lachika Sethi (SR), Dr. Tanisha Arora (PG), Mr. Daya Krishan (ANM), and Mr. Shiv Charan (Nursing Orderly). The team was



accompanied by Ms. Tanushree Khajuria, Marketing Executive, at American Oncology Institute.

The Medical Camp was conducted smoothly and efficiently as around 100 support staff members of the school successfully availed of the opportunity on day one. The rest of the 400 members of all three schools will be covered in the coming weeks.

Believing in the power and impetus given by a healthy body, mind and financial support, Dr. Kuwarani Ritu Singh Ji has made financial security also one of the key initiatives for empowering the labour forces in the institution. Thus, in association with SBI, the school also kick started an awareness program on various insurance schemes exclusively for labour forces initiated by the Hon'ble PM such as Pradhan Mantri Jeevan Suraksha Yojna, PM Jeevan Jyoti Yojana, and Atal Pension Yojana. As many as 45 members could be registered on day one and several more from all three schools will be enrolled in the days to come.

Dr. Kuwarani Ritu Singh, Hon'ble PVC, expressed her gratitude to all the doctors, nurses, and volunteers from the ASCOMS hospital and American Oncology Institute and recognized the



support staff's contributions and well-being. Speaking on the occasion, she said. "I take this opportunity to express my heartfelt gratitude to all the doctors, nurses, and volunteers from the ASCOMS hospital and American Oncology Institute who made this medical camp a success. Your dedication, hard work, and selflessness are an inspiration to us all." She also extended heartfelt thanks to Dr. Pavan Malhotra, Director-Principal, ASCOMS hospital. As a token of respect, the team of doctors has presented Khadi certificates, Basohli paintings in wooden frames and potted plants carrying the message of wellness and prosperity. For the workforce, she added that "We recognize your contributions, and we care about your well-being. We will continue to work to ensure that you have access to the healthcare you need."

The event was attended by the School's Principal, Headmistress, Coordinators and other key members of the school.





















DELHI PUBLIC SCHOOL JAN







































DPS JAMMU IN ASSOCIATION WITH JMC ORGANIZES AWARENESS SESSION ON ANIMAL BIRTH CONTROL AND ANTI-RABIES VACCINATION





n awareness session in association with Jammu Municipal Corporation on Animal Birth Control and Anti-Rabies Vaccination was organized in Delhi Public School Jammu on Monday, 8th May, 2023. Mr. Kulbhushan Khajuria, Joint Commissioner (Health & Sanitation)-JMC was the Chief Guest on the occasion. Dr. Vinod Kumar Sharma, Health Officer-JMC, Dr. Sushil Kumar Sharma, Municipal Veterinary Officer-JMC and Dr. Divya Sharma, Veterinary Officer-JMC and other health and sanitation officials also graced the occasion. The team was warmly received by students and staff and greeted with potted plants.

In his address, Mr. Kulbhushan Sharma, Joint Commissioner (Health & Sanitation)-JMC highlighted the significance of public health and sanitation and expressed his gratitude towards the Management and staff of DPS Jammu for this initiative. Further, he urged the gathering to be a part of this program and spread the awareness to general public as well.

The event commenced with the welcome address by the Principal-DPS Jammu, Ms. Ruchi Chabra who lauded the commitment of JMC towards the welfare of its citizens and highlighted the crucial role of Public Health and Sanitation for ensuring overall well-being of the community.

Dr. Sushil Sharma, Municipal Veterinary Officer-JMC briefly outlined the aim of Anti Rabies Vaccination and ABC Program. This was followed by a detailed presentation given by Dr. Divya Sharma, Veterinary Office-JMC, in which she elaborated the highlights of



the ABC and ARV programs carried out by the Veterinary Section of JMC. Dr. Vinod Sharma, Health Officer-JMC acquainted the audience with the measures and precautions to be undertaken in case of human rabies.

The program was well compered by Parikansh Rakwal (XI) and Gursneh Kour (XI), and coordinated by Mr. Umesh Kumar Sharma-Dy. Headmaster.

Headmaster, Mr. Ravi Kumar Kotroo proposed the formal vote of thanks and the event concluded with the National Anthem.

Also present on the occasion were







Headmistress-Ms. Meenu Gupta, Dy. Headmistress-Ms. Rimpi Sharma, Coordinator-Ms. Anu Bali and other dignitaries.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji also appreciated the efforts of JMC and the school for successfully organizing the event for awareness of students.



DPS JAMMU & JMC JOIN HANDS FOR AN AWARENESS SESSION ON BANNING POLYTHENE AND SINGLE-USE PLASTIC



Dehi Public School Jammu in collaboration with Jammu Municipal Corporation organized an awareness cum interactive session on Polythene Ban to promote the movement towards banning polythene and single-use plastic. The event took place at DPS Jammu and was aligned with India's G20 presidency and the school's mission to conserve the environment.

The occasion was graced by Hon'ble Mayor-Jammu, Sh. Rajinder Sharma and Deputy Mayor, Sh. Baldev Billawria who were hosted by Dr. Kuwarani Ritu Singh,

PVC-DPS Jammu. Paying tributes to the mother earth and expressing the need to conserve it, a melodious song was sung by the school choir, dedicated to environment, reflecting the school's commitment to save our planet. The song was composed and written by the DPS music faculty and presented amidst the solemn lighting of lamps, lending serene auspiciousness to the air.

There was a display of documentation by the JMC officials to generate awareness among school students and staff regarding the adverse effects of polythene bags and the initiatives being taken by the JMC to deal with them. The documentaries also provided vital information about the alternatives to plastics and other sustainable measures which can be implemented for conservation of our environment.

Four students of the school in their power packed talks on the theme of banning polythene acquainted the audience with the ill-effects of polythene bags and presented strong facts and evidences in support of their arguments. They were highly appreciated by the audience and were also awarded by the Mayor Jammu. The first position was bagged by Sheen Wanchoo (XII), second was clinched by Harman Singh Soni (XII) while the third position was shared by Pranavi Khajuria (XI) and Parina Kandhari (IX).

The Mayor Jammu, Sh. Rajinder Sharma delivered a highly impactful



speech laying emphasis on 'Commitment, delivery, belief, honesty and hard work to deliver goals.' He shared inspiring stories of great men such as Abdul Kalam and others, exemplifying their unwavering determination, enthusiasm and will power for achieving their goals which helped them create history in the world. The mayor was accorded a respectful standing ovation by the audience for his emotionally charged speech. He appreciated the efforts made by Dr. Ritu Singh and urged all students, parents and staff to take up the mission of banning single-use plastic and polythene as their own and create history through their commitment to be remembered by their progeny for this historic act. During the event, Mayor Rajinder Sharma also administered the Ban Plastic Pledge, and live-e-pledge certificates were generated for the school, symbolizing their collective commitment to the cause.

Deputy Mayor also addressed, Sh. Balvinder Billawria also spoke on the occasion and urged







upon students and their families to joining the campaign. He highlighted various effective and practical measures that can be implemented to curb the menace of plastic.

Dr. Kuwarani Ritu Singh highlighted the ill-effects of plastic use and paid obeisance to mother earth through holy shloka and also apprised the Mayor and Deputy Mayor about the role being played by DPS students towards the conservation of environment through sustainable projects being done by the Environment Club at the school for making the Jammu region a green



city. She urged all students, teachers and their families to come forward and join the campaign and mission of banning polythene and single use plastic to make it successful. She also presented Khadi certificates to the guests that have Sanskrit shlokas printed on them, representing our culture of the city of temples along with a potted plant nurtured in the school nursery. She ensured full support from the DPS family in the mission of curbing the menace of single use plastic and polythene bags in the city.

Ms. Ruchi Chabra, Principal-DPS Jammu delivered the vote of thanks, expressing gratitude to all the participants, guests and organizers who made the event a resounding success. The program concluded with the uplifting strain of National Anthem followed by a group photograph. The event was compered



by Ishant Singh (XII) and Ayn Bhola (X).

Also present on the occasion were Headmistress-Ms. Meenu Gupta, Headmaster-Mr. Ravi Kumar Kotroo, Dy. Headmaster- Mr. Umesh Kumar Sharma, Dy. Headmistress-Ms. Rimpi Sharma and Coordinator-Ms. Anu Bali.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji also appreciated the efforts of JMC and the school for successfully organizing the event for awareness of students.

















DPS JAMMU ORGANISES INTER-HOUSE DEBATE COMPETITION



elhi Public School Jammu organized an Inter-House Debate Competition on 3rd May, 2023 in order to mark the significance of World Labour Day-2023. All the five houses of the school viz; Chenab, Ganga, Jhelum, Tawi and Yamuna participated in the competition.

Two students each from all five houses participated in the competition. The topic of the debate was 'Giving Workers A Voice in Decision Making will Foster a More Productive and Harmonious Workplace'. The participants wonderfully expressed their views. They debated for and against the motion by taking a stance on the topic and answering all the counter questions confidently.

Sheen Wanchoo (XII-H) of Yamuna House stood first in the competition. Second position was bagged by Gursneh (XII-D) of Jhelum house and Aarush Gandotra (XI-A) from Ganga House procured the third position. The winners were felicitated with the trophies and participation certificates. The competition was adjudged by Ms. Preeti Abrol and Ms. Rupali Sharma.

Principal-DPS Jammu, Ms. Ruchi Chabra in her address urged all the students to develop the art of asking better questions and keep motivating themselves with curiosity until they get convincing answers. She also felicitated the winners with trophies and participation certificates.

Headmaster, Mr. Ravi Kumar Kotroo also addressed the gathering.

Headmistress-Ms. Meenu Gupta, Dy. Headmaster-Mr. Umesh Kumar Sharma and Dy.



Headmistress-Ms. Rimpi Sharma were also present on the occasion.

A formal vote of thanks was presented by Ms. Rekha Chib, House Warden-Jhelum house while the competition was compered by Tehzeeb Kour (XII-B) and Hari Har Sharma (XII-B). The event came to an end with the playing of Instrumental National Anthem followed by a group photograph.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director Sh. S.S Sodhi Ji congratulated the winners and extended their best wishes to the students and staff.





































DRIBBLE ACADEMY HOSTS ONE-DAY BASKETBALL TRAINING CAMP FOR DPS JAMMU AND DPS NAGBANI STUDENTS



Dribble Academy, Noida founded by Mr. Pradyut Voleti, a FIBA Level II Certified Coach, organized an exceptional one-day Basketball Training Camp for students from DPS Jammu and DPS Nagbani on Saturday, May 13th, 2023 at DPS Jammu. The camp aimed to enhance the participants' basketball skills while nurturing their character, teamwork, and leadership abilities.

The camp was a resounding success, with the participation of 45 enthusiastic students from DPS Jammu and DPS Nagbani who were exposed to an immersive and engaging training experience under the guidance of highly skilled coaches. Ten coaches and sports persons from both DPS Nagbani and DPS Jammu also attended the camp and witnessed many training exercises, tips and tricks to develop and improve upon various skills of basketball which also leads to personal growth.

The brainchild of Mr. Pradyut Voleti, a passionate individual with a Master's degree in Clinical Psychology, Dribble Academy has been making remarkable strides since its inception in 2014. Pradyut's training under the



tutelage of Ganon Baker, a top skill development trainer based in the USA, at Elev8 Sports Institute in Florida has been instrumental in shaping the academy's approach. His expertise and commitment have



earned him the distinction of being one of only 75 FIBA Level II Certified Coaches in India, and at just 28 years old, one of the youngest.

Dribble Academy has carved a niche for itself in the field of basketball coaching, focusing not only on skill development but also on life skills, personality development, and innovative teaching methods. The academy prides itself on using basketball as a medium to expand the minds of over 400 underprivileged children, providing them with a platform to learn and showcase their competence.

"We are thrilled to have had the opportunity to organize this training camp for the talented students of DPS Jammu and DPS Nagbani," said Pradyut Voleti, Founder of Dribble Academy. "Our objective is to not only teach basketball fundamentals but also instil life skills that will benefit these young individuals both on and off the court. We are grateful to the ten dedicated coaches and sports persons who lent their expertise and made this camp a remarkable success."

Dr. Kunwrani Ritu Singh, Pro-Vice Chairperson, DPS Jammu expressed her appreciation for the



initiative said that more such sports camps will be organized for the children in future to provide valuable opportunity for students to develop their athletic abilities and grow as individuals. She congratulated Mr. Pradyut Voleti and the entire team of Dribble academy for their outstanding efforts.

Principal-DPS Jammu, Ms. Ruchi Chabra thanked Mr. Pradyut Voleti and presented him a memento and a potted plant as a token of respect. She also encouraged the students to practice the sports regularly and achieve their goals through determination, hard work, dedication and commitment.

Also present on the occasion were- Mr. Raj Kumar Verma, Principal-DPS Nagbani, Ms. Meenu Gupta- Headmistress, Mr. Ravi Kumar Kotroo-Headmaster, Ms. Rimpi Sharma-Dy. Headmistress, Coordinator-Ms. Mrignaini Pathania, Ms. Sanya Malik-Sports Coordinator, Mr. Sudesh Manhas- Sports Manager, Ms. Moninder Kour, HoD-PHE, Mr. Sachin Dogra, Mr. Vishesh Sharma and others.

Hon'ble President-RCT. Sh. M.K Ajatshatru Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji also lauded the efforts of Mr. Pradyut Voleti for sparing his time with the students of DPS Jammu and DPS Nagbani.







DPS JAMMU CELEBRATES EARTH DAY





Honoring the ethos of India's G20 Presidency and the United Nation's Sustainable Development Goals (SDGs), the students of Delhi Public School celebrated Earth Day on April 24th, 2023 with great vigour and enthusiasm. Commemorating our benevolent Mother Earth, they keenly participated in an array of creative activities designed to sensitize them about the conservation of natural resources and motivate them to do their bit towards making their planet even more beautiful and sustainable.

The day commenced with a "Plantation drive" by the students of Pre-Primary wing with an aim of

e n c o u r a g i n g children to love and nurture nature. Students were encouraged to take care of their adopted plant so that it grows along with them. Children of classes Pre-Nursery to I planted a sapling and found a friend





for life. Students of class Prep and I prepared banners with some thought provoking slogans in an attempt to awaken their commitment towards loving and preserving our planet Earth. Through these activities children explored ways to save planet earth from turning into a garbage bin while learning responsible habits towards our environment.

'Love Thy Nature' activity was organized for the students of class II with a view to invigorate young minds to express their love for their Mother Earth by lovingly painting bottles and stones with pictures of butterflies, lady bird etc.



'Adopt а tree, Nurture a life' activity for Class V students gave them a platform to plant and take care for trees. They participated in Plantation drive in and around the campus by planting saplings of Evergreen/Ornamental plants to make the environment green. The school campus reverberated with the thoughtful slogans raised by the students as they

took a green walk, wearing colourful headbands and holding placards, to sensitize others about the importance of saving environment.



'Be a Designer' activity was organized for The students of classes III, IV and V which triggered the young earth warriors to turn trash into treasure as they designed beautiful bookmarks, pen stands, envelopes and paper bags with inspiring quotes and learnt the art of reducing, reusing and recycling.





For classes VI to VIII, **SDGs** promoted were the SDG-11 (Sustainable Cities and Communities), SDG-12 (Responsible Consumption and Production), SDG-13 (Climate (Life SDG-14 below action), Water), and SDG-15 (Life on Land). Students of class VI engaged in a clean-up drive around the school premises, while students of class VII participated in sustainable crafts activity, creating eco-friendly art and crafts using recycled materials.



Students of class VIII presented Nukkad Nataks on environment related issues and their sustainable solutions. The skits depicted the dire need to protect the Earth and proved to be an eye-opener for the audience.





'Go Green Initiative' Poster making activity under the theme 'Vasudhaiva Kutumbkam' was

organized for classes XI and XII. The main motto of this activity was to promote SDG-13 (Climate Action) under which the students were made aware about saving natural resources, reducing pollution and planting trees to make the mother earth green, happier and healthier place to live in. Other goals of Sustainable Development were also discussed aiming to end poverty in all its dimensions and craft an



equal, just and secure world for peace and prosperity.

The students of class XI and XII participated in letter writing activity with full zest and zeal. Students expressed various emotions in form of apology letters, appreciation letters, letters of gratitude to their mother Earth and demonstrated their support for protecting the planet and its environment. To lay emphasis on SDG-13 (Climate Action), SDG-14 (Life below water) and SDG-

15 (Life on Land), the study material including various links was shared with the students prior to the activity. The activity helped students to learn about the real environmental problems we're facing.

The events of the day rekindled emotive concerns and instigated the youngsters to save, love and respect Mother Nature with all their heart and soul. On the whole, participating in the Earth Day activities was a very fruitful and enriching experience for all participants.

On this occasion, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji praised the 'Small-yet-impactful' efforts of all the students and asked them to thank the Mother Earth for all its bountiful gifts in the form of all flora, fauna and beautiful landscapes. She emphasized the critical need to prioritise our time, resources and energy towards addressing the urgent challenges posed by climate change and other environmental issues.

Principal-DPS Jammu, Ms. Ruchi Chabra said that such environmental education programs should be celebrated with aplomb to prepare students to become engaged stewards of the environment. She also reiterated that the school's Eco Warriors have been working towards developing their local area and school environment.



Headmistress, Ms. Meenu Gupta exhorted the participants to apply the learnings from the activities and strive to achieve the SDGs in their day to day life.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji applauded the zeal of all the participants and extended their best wishes to the students and the teachers on the occasion of Earth Day.





















DPS JAMMU STUDENTS VISIT MUBARAK MANDI HERITAGE MUSEUM ON NATIONAL MUSEUM DAY

On the occasion of National Museum Day, 800 students of Delhi Public School Jammu from Class V & VI embarked on an enriching journey to the renowned Mubarak Mandi Heritage Museum. The visit aimed to foster a love for history and heritage among the young minds, giving them a glimpse into the rich cultural legacy of Jammu & Kashmir.

Accompanied by their dedicated teachers, the students embarked on a day filled with exploration, learning and excitement. The Mubarak Mandi Heritage Museum served as an excellent backdrop for their educational adventure, showcasing an impressive collection of artifacts, paintings, manuscripts and sculptures dating back centuries.

The students were greeted with warm hospitality by the museum staff who guided them through the various sections, offering valuable insights into the historical significance of each artefact. From intricate miniature paintings depicting the region's vibrant culture to ancient weaponry that once guarded its border, the museum unveiled the multifaceted heritage of Jammu.

The students returned to school brimming with new found knowledge and excitement, eager to share their experiences with fellow classmates. The visit to Mubarak Mandi heritage museum on National Museum Day has undoubtedly left an indelible impression on the young minds of DPS Jammu.

Principal-DPS Jammu, Ms. Ruchi Chabra highlighted the significance of preserving and promoting cultural heritage. She stated, "Through this visit, we aim to instil in our students a deep respect for their roots and an understanding of the importance of preserving our historical treasures.

Headmistress, Ms. Meenu Gupta expressed her delight at witnessing the students' enthusiasm during the visit.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji extended their best wishes to all the students on the occasion of National Museum Day.















DPS JAMMU ORGANIZES ART OF LIVING WORKSHOP FOR CHILDREN

elhi Public School Jammu recently organized an impactful Art of Living workshop, aimed at promoting well-being and personal growth among its students. Led by renowned Art of Living faculty members, Chitwan Singh Nanda and Ritvik Mahajan, the workshop received an enthusiastic response from the participants.

The workshop focused on various aspects of well-being, including stress management, enhancing concentration, and fostering a positive learning environment. Chitwan Singh Nanda and Ritvik Mahajan, with their expertise and experience, conducted several fun-filled activities and also provided practical tools and valuable insights for the participants to implement in their daily lives.

Ms. Ruchi Chabra, the Principal of Delhi Public School Jammu appreciated the efforts of the AOL faculty and thanked both of them for guiding participants towards holistic well-being and personal development.

Also present at the workshop was Dr. Rajan Salalia, a senior Art of Living faculty member and the State Teachers' Coordinator in Jammu & Kashmir, Ladakh. Dr. Salalia stressed on the importance of prioritizing the mental



health of children and adolescents, particularly during the challenging times brought about by the COVID-19 crisis. He shared valuable insights and suggestions with educators to help students cope with peer pressure, stress, and tension, offering ways to ease their lives and promote overall well-being. These initiatives will empower them to effectively support the overall well-being of their students.

Hon'ble President-RCT, Sh. M.K. Ajatshatru Singh ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated the students and teachers for their participation in the program. They extended their best wishes for future endeavours and reiterated their support for initiatives that promote personal growth and well-being.



DPS JAMMU ORGANISES EYE HEALTH AWARENESS TALK CONDUCTED BY DOCTORS FROM AIIMS JAMMU



Dehi Public School Jammu took a proactive step in promoting eye health awareness among school children by hosting a talk conducted by eye doctors from AIIMS Jammu. The event aimed to educate students bout basic eye health problems and emphasize the significance of routine eye screening and testing.

The informative session was led by Dy. Ridham Nanda, Assistant Professor at AIIMS Jammu, who highlighted the precautions necessary to prevent computer vision syndrome. Dr. Nitin Kumar, Associated Professor, emphasized the crucial role of teachers and parents in

effectively reducing screen time for children, thereby safeguarding their eye health.

During the interactive session, Dr. Ridham Nanda provided valuable insights on preventing computer vision syndrome through necessary precautions. Dr. Nitin Kumar emphasized essential role of teachers and parents in actively reducing screen time for children, ensuring their overall eye health and well-being.

Ms. Nadia Mushtaq Wani, Media Coordinator, Further utilized the opportunity to raise awareness about AIIMS Jammu and its dedication to promoting health for all through various digital platforms.

Principal-DPS Jammu, Ms. Ruchi Chabra expressed her gratitude to the team of doctors from AIIMS and commended their unwavering dedication and efforts for the well-being of the children. She also expressed optimism for future collaborations with AIIMS Jammu, particularly regarding upcoming eye testing sessions and talks for both students and staff. Headmistress-Ms. Meenu Gupta, Dy. Headmistress-Ms. Rimpi Sharma, Ms. Neeraj Kaila, Senior School faculty, along with class teachers, attended the session, demonstrating their commitment to the students' health and education.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji extended their best wishes to the students and staff, acknowledging and appreciating the remarkable efforts of the doctors.


DPS JAMMU STUDENTS HONOURED WITH PERSONALLY SIGNED APPRECIATION LETTERS AND CERTIFICATES BY HON'BLE PRIME MINISTER NARENDRA MODI JI FOR EXEMPLARY PARTICIPATION IN PARIKSHA PE CHARCHA



students of he Delhi Public School Jammu were recently recognized their for contribution outstanding to the Pariksha Pe Charcha program, initiated by Prime Minister Sh. Narendra Modi to foster dialogue and exchange of ideas on the significance of exams in students' lives. Many students were presented with appreciation letters and certificates personally the signed by Prime Minister, commending their valuable insights and active involvement in the program.



The appreciation letters, along with beautifully crafted hard-bound certificates, bearing the distinguished signature of the Prime Minister, were presented to the students by Dr. Kuwarani Ritu Singh, PVC-DPS Jammu, during an interactive session wherein she felicitated the students and asked



them to speak on their topics which was so inspiring to hear. The mood was celebratory as the students and teachers celebrated their accolades. Dr. Kuwarani Ritu Singh also reminded the students about their duties and responsibilities towards the nation and encouraged them to adapt and implement the Panch Pran principles in their daily lives for a prosperous India, emphasizing on removing any trace of colonial mindset, celebrating our heritage, strengthening unity and focusing on duties.

The event concluded with the rendition of the National Anthem, fostering a sense of patriotism and pride among all attendees.

Principal-DPS Jammu, Ms. Ruchi

Chabra applauded the students' efforts and encouraged them to be active participants, reminding them of the importance of perseverance in overcoming challenges.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji also congratulated all the participants and extended their best wishes for their future endeavours.



Conco

DPS JAMMU ORGANIZES SUMMER CAMP



o provide a fun-filled and holistic learning experience promoting physical, emotional and mental development, Delhi Public School Jammu successfully concluded its highly anticipated Summer Camp, held over ten action-packed days in the school premises from 1-10 June, 2023. The camp, in collaboration with Dribble Academy Noida offered a wide range of sports and creative activities, and unforgettable experiences for the

participating children.

The Summer Camp witnessed an enthusiastic gathering of young students eager to engage in various disciplines. Under the expert guidance of Dribble Academy Noida, participants received exceptional basketball coaching, honing their skills, and nurturing their passion for the game. The dedicated coach Mr. Sachin Bansal from Dribble Academy Noida provided personalised attention to every participant, ensuring comprehensive skill development and fostering a love for basketball. Summer Camp at DPS Jammu transformed into a vibrant hub of artistic expression. Participants were immersed in a multitude of aesthetic activities, nurturing their talents and fostering a deep appreciation for the arts. The camp showcased a diverse range of activities, including cook without fire, classical dances, music lessons featuring instruments like Flute, Casio, Guitar and Violin, Rain dance, art exhibitions, pottery, and various other forms of creative expression.

Art of Living courses specifically designed for rejuvenating children's minds, bodies and soul was



also held which helped to build confidence and concentration in them. Gardening was fun as children learnt and created vertical garden. They explored and gave a presentation of methodologies and a practical talk on artificial method of propagation.

A visit to the fish aquarium at Bagh-e-Bahu was also an exciting experience for the children during the summer camp. The pottery sessions allowed participants to get their hands dirty and shape clay into unique. Each day of the camp brought new challenges, exciting competitions, and opportunities for personal growth. All the exhibits made by the children were displayed. Various cultural items were also highlights of this summer camp. The vibrant atmosphere resonated with laughter, camaraderie, and a shared passion for sports, skills and creativity.

To beat the Summer heat and in keeping with the ancient tradition of calling for rains during peak Summer Season, a rain dance party was also organized for the students during the summer camp. The beats gave the effect of a roaring storm and thundering clouds which declined gradually. Suddenly the area was filled with showers of artificial rain from all around, accompanied with rhythmic beats, music and songs. The rain dance session brought joy and enthusiasm as children danced and celebrated amidst the refreshing showers.

Principal-DPS Jammu, Ms. Ruchi Chabra said we are incredibly proud of each participant for their dedication and the invaluable life lessons they have learned through this enriching experience.

Headmistress, Ms. Meenu Gupta expressed her delight at the success of the Summer Camp and said ten days of our Summer Camp were a celebration of creativity and self-expression.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated the staff and students for the successful conduct of summer camp and extended their best wishes to all.



















STUDENTS OF DPS JAMMU ATTENDS SUMMER INTERNSHIP PROGRAM AT MODBLOC



gain hands-on experience, practical skills and valuable insights into the professional world of wood crafting, the students of Class IX of Delhi Public School Jammu attended a Summer Internship Program at Modbloc, Jammu during the ongoing summer camp in the school from 1-9, June, 2023. 47 students participated in the program of skill development.

During the nine days program, students were introduced with Ergonomics under which they learnt different skills like challenge assumptions, breaking the



complex task into parts and steps, refine understanding through discussion and explanations in a time bound manner. Later they were given practical exposure on designing the bed room with basic requirements of various furniture items by using AUTO CAD APP & SKETCH UP to create their virtual designs for the interiors of the house. Students were also awarded for the videos they created for Modbloc social media.

The students also had a first-hand experience in practical demonstration of all the machines like Hotpress, Beam saw Edge banding, CNC (computer numerical controller) and got to know the latest technology and softwares used for wood designing.

Hon'ble PVC-DPS Jammu, Dr. Kuwarani Ritu Singh Ji took a virtual meeting on Zoom with the students.

Principal-DPS Jammu, Ms. Ruchi Chabra, extended a note of gratitude and thankfulness to the owner and the team Modbloc, for a wonderful and meticulously planned session. She also appreciated the teacher In charge, Ms. Arti Sharma.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. KuwaraniRitu Singh Ji and Hon'ble Director Sh. S.S Sodhi Ji extended their best wishes to the students for their future endeavours.

WORLD CLASS MEGA STATE/U.T LEVEL CONFERENCE UNDER THE AEGIS OF CBSE IN LIGHT OF G20 ORGANIZED BY DPS JAMMU

Dehi Public School Jammu hosted a ground-breaking State/U.T Level Mega Conference under the aegis of CBSE in the backdrop of G20 on 12th June, 2023. The conference brought together education experts, policymakers, teachers and school administrators from across the state to discuss and deliberate upon the key aspects of Foundation Literacy and Numeracy (FLN) Program, National Education Policy (NEP-2020) and G20. This extraordinary event marked a significant milestone in the school's commitment to global education by bringing together around 100 delegates from different districts of J&K which comprised of educators and experts from various fields to create a platform for knowledge exchange, dialogue and collaboration.



The event was hosted by Delhi Public School Jammu. Dr. Kuwarani Ritu Singh, Pro-Vice Chairperson-DPS Jammu played a gracious hostess to all the delegates and thanked CBSE on behalf of the Management, Principal and the faculty of all three DPS Schools of Katra, Nagbani and Jammu.

The mega conference aimed to provide a platform for meaningful discussions, exchange of ideas and collaborations among stakeholders to deliberate on and explore innovative ideas, best practices and challenges in the field of education as well as the developments in Indian

Government initiatives including its active participation in the G20, the implementation of NEP and the significant strides made through the FLN platform. It fostered an environment conducive to exploring innovative approaches, addressing challenges and charting a path towards transforming the education landscape in J&K.

The event commenced with the traditional lamp lighting ceremony followed by a melodious song sung by the school choir. Subsequently, a formal welcome address of the guests and the dignitaries was presented by Ms. Ruchi Chabra, Principal-DPS Jammu.

In her welcome speech, she elucidated the significance of the event and the need of the hour to work on self-improvement for achieving the desirable learning outcomes and to treat





challenges as opportunities to learn, adapt and develop problem-solving skills.

The conference set off with an insightful keynote address by Ms. Sunita Rani, Under Secretary-CBSE. In her address, she stressed the need of shifting the approach from Curriculum Centric Pedagogy to Child Centric Pedagogy. This was followed by an address by Dr. Reva Sharma, Director-Training, J&K-IMPARD, wherein she



The students and teachers of DPS Jammu presented an engaging Puppet Show Activity demonstrating the pedagogy of learning through storytelling and the power of narratives in shaping young minds. Also, to delve deeper into the crucial topic of Foundational Literacy and Numeracy (FLN) Program, Ms. Preeti Abrol, Ms. Kamini Sawhney and Ms. Richa Gupta presented a PPT on FLN. This was followed by an Expert Talk on FLN by Dr. Gurmeet Kaur Gill, a distinguished FLN Resource Person, that augmented the knowledge on FLN. She laid urged the audience to save the environment by adopting the Sustainable Development Goals and highlighted the keypoints of FLN and NEP and its implementation. Also, there was a talk session by Padma Shri Mohan Singh, a renowned Dogri Author, Producer and Writer. While presenting an insightful talk in Dogri, Mohan Singh Ji laid stress on giving instructions to children in their regional language for effective learning. He also appreciated DPS Jammu for making efforts in carrying forward the legacy of Dogra culture.



impetus on ELPS-Experience, Language, Pictures and Symbols for making the teaching-learning process more effective.

Furthermore, the mega conference displayed robust discussion on the NEP-2020 and its effective implementation. Ms. Deepti Kandhari and Ms. Meenakshi Jamwal from DPS Jammu shared their expertise and experiences on the nuances of incorporating NEP into the educational landscape through a Power Point Presentation. Also, Shivagman Kohli from Class IX shared his experience about the Summer Internship Program at Modbloc, a renowned furniture factory at Bari Brahmana, Jammu. This program was hands-on workshop designed to empower students with practical strategies and was an initiative by the school for the effective implementation of NEP.

In addition to this, there was a Panel Discussion on NEP implementation. The panellist included Mr. K.L Dogra, Principal-International School, Prof. M.V (Dr.) Vishal Sharma, Hod-Electronics, M.A.M College, Mr. Amol Sharma, SCERT & DIET Resource Person, Prof. (Dr.) Arti Bakshi, a renowned Psychologist and Ms. Ruchi Chabra, Principal-DPS Jammu. The participants engaged in thought-provoking conversations on



challenges, opportunities, curriculum reforms, pedagogical advancements, assessment methodologies, teacher training and inclusive education for effective implementation of NEP.

The distinguished guests expressed their heartfelt gratitude to Ms. Ruchi Chabra, Principal-DPS Jammu for providing them a platform, wherein they got an opportunity to connect with other educators,

engage in thought-provoking and insightful discussions and reach out to the students who are the future of the nation.

The event was graced by the presence of Dr. Kuwarani Ritu Singh, Pro-Vice Chairperson, DPS Jammu. In her address, she acquainted the gathering about the initiatives being taken by DPS Jammu for the welfare of the masses, especially for the people in the rural areas with the special reference to the Digital Beti Scheme, JIGER Scheme and the AMANAT Program and the role of the school in the effective implementation of NEP. Moreover, she also announced the creation of Digital Labs for the Visually Impaired in the school campus to ensure equitable education and opportunities for everyone. Under her able guidance, DPS Jammu, DPS Nagbani and DPS Katra have been extensively engaging from time to sensitise the rural women and girls regarding menstrual hygiene awareness. An impactful PPT highlighting the initiatives being taken by Dr. Kuwarani Ritu Singh Ji in collaboration with Department of State Education, Pink & Blue Foundation for creating Menstrual Hygiene awareness among rural women and girls under the G20 outreach was presented by Ms. Meenakshi Billawria from DPS Katra.



Presenting their diverse perspectives and valuable insights on G20 and the Road Ahead, Ms. Neeraj Kaila and Mr. Sukaran Gupta from DPS Jammu delivered a Power Point Presentation, which was followed by an Expert Talk by Prof. K.K Bamzai, Department of Physics, University of Jammu.

Also, there was a Poster-Making Competition on G20, wherein the students displayed their artistic prowess by pouring the best of their hearts and souls in their poster. Irtaqa Afreen Wani from Model Academy secured the first position, whereas the second and third position was bagged by Ridhima Sharma of G.D Goenka Public School and Aarya

of Jammu Sanskriti School, respectively. There were two consolation prizes which were presented to Kaustubh Meenia from Sai International School and Angel Sharma from Stephens International Public School.

Later on, Dr. Kuwarani Ritu Singh, PVC-DPS Jammu also felicitated the guests with khadi certificates having Sanskrit shlokas printed on them, representing the culture of the city of temples along with a potted plant nurtured in the school nursery. All the delegates, participants and the presenters were felicitated with certificates for their commendable performances.

The one of its kind mega conference showcased the commitment of Delhi Public School Jammu towards promoting educational excellence and embracing progressive reforms necessary to thrive in the 21st Century. The whole event was compered by Sheen Wanchoo (XII), Ayn Bhola (XII), Ms. Tanzeel, Ms. Rupali Sharma and Ms. Navneet Kaur.

The formal vote of thanks was presented by Ms. Meenu Gupta, Headmistress-DPS Jammu wherein she extended her sincere gratitude to all the participants, speakers and partners for their enthusiastic participation and contribution to the success of the conference. She further added that the insights gained from this conference would help in implementing the NEP in a manner that is aligned with the needs and aspirations of our students and society.

The event was appreciated by the DPS Society, Govt. of J&K U.T, School Management: Chairman Trustee, Sh. M.K Ajatshatru Singh Ji, Sh. S.S Sodhi Ji-Director and all other management members and culminated with the uplifting strains of the national anthem followed by a group photograph.

































































DPS JAMMU STUDENTS VISIT MEDLEY PHARMACEUTICALS LIMITED



ith an aim to provide students with a practical understanding of pharmaceutical manufacturing processes, quality control measures and the importance of regulatory compliance, the students of classes XI & XII of Delhi Public School Jammu along with their teachers Incharge, Dr. Gurmeet Kour and Mr. Prashant visits Medley Pharmaceuticals Limited, Jammu.

The students were given a comprehensive orientation using a presentation about the history, vision and core values of the company. They were also provided with safety guidelines to ensure a secure visit within the manufacturing unit. The students were given a guided tour, where they witnessed various stages of the production process. They observed the preparation of raw materials, formulation and compounding and the use of advanced machinery and technologies for manufacturing tablets, capsules or other dosage forms. The company's experts explained the importance of precision, hygiene and quality control measures at each stage to ensure the safety and efficacy of the final products.

Overall, the visit provided the students with an invaluable experience and deepened their understanding of pharmaceutical manufacturing processes.

Principal-DPS Jammu, Ms. Ruchi Chabra expressed her appreciation and lauded the efforts of the teachers.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji extended their best wishes to the students and teachers.









DPS JAMMU STUDENTS VISIT FISH AQUARIUM

The students of classes III to V of Delhi Public School Jammu visited Fish Aquarium during the ongoing summer camp in the school.

They enjoyed watching tons of fish and animals at the aquarium. This excursion not only gave them a lifetime experience to a different world but also brought them closer to mother nature.

The teachers who accompanied them gave thorough information about the aquatic creatures kept in the aquarium. They also took photographs of the students enjoying every moment.

Overall, it was an exhilarating and informative experience for the children.

Principal-DPS Jammu, Ms. Ruchi Chabra lauded the efforts of the teachers incharge who accompanied the children and also expressed her appreciation.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji extended their best wishes to the students and teachers.



SPECIAL ASSEMBLIES

DPS JAMMU CELEBRATES BAISAKHI, AMBEDKAR JAYANTI





In keeping with its tradition of celebrating all festivals with fervor and gaiety and for introducing the children to their rich culture and heritage, the junior, middle and the senior wings of Delhi Public School Jammu celebrated Baisakhi and Ambedkar Jayanti with great pomp and show. Ganga House organized a Special Assembly on the occasion, while all the three wings of the school buzzed alive with great excitement and cheer seeing active participation of the children of all age groups in various activities.

The program commenced with the Morning Prayer by Afia (X-C) followed by the melodious singing by the School Choir and Thought of the Day presented by Vasu Sawhney (IX-D) set the ethos of peace and serenity all around.

The highlight of the event was the cultural performances by the children on Baisakhi which included Punjabi Group Folk songs and dances such as, Gidda, tappas, and Bhangra performed to the tune of Dhol played by the budding Dhol artist of the school, Adhar Sawhney (V-E) and other folk instruments such as flute and Iktara. The children dressed in vibrant traditional attires were indeed a treat for the eyes. Children expressed themselves through poems which were greatly applauded.



Ayn Bhola (X-G) threw light on the importance of Baisakhi and the principles and teachings of Dr. B.R Ambedkar and inspired everyone to uphold the spirit of Liberty, Justice and Fraternity

The winners and the achievers excelling in Judo, Gymnastics, Pan Cak Silat, Basket ball national competition, Taekwondo & ITF Competition, Soft Tennis and Fencing competition were also felicitated by the Principal, Headmistress and other senior staff members.

Principal-DPS Jammu, Ms. Ruchi Chabra extended her greetings to all and congratulated Ganga House for the vibrant assembly. She also encouraged all students and teachers to expand their intellectual horizons by learning and gaining from the life around us, whether through a festival, a leader or a season.

Headmistress, Ms. Meenu Gupta also greeted the gathering and applauded all students and teachers for zealous performances.

Also present on the occasion were Dy. Headmaster-Mr. Umesh Kumar Sharma, Dy. HM-Ms. Rimpi Sharma, Tpt. Administrator-Mr. M.L Mehra and Coordinators Ms. Preeti

Abrol, Ms. Richa Gupta, Ms. Anuradha Wadhera, Ms. Arti Sharma, Mr. Sandeep Sharma, Ms. Sheetal Abrol, Ms. Anu Bali and Ms. Sanya Malik.

The assembly concluded with loud and proud chorus singing of the National Anthem by all students and staff members.

The whole assembly was compered by Ayn Bhola (X-G), Manya Targotra (X-C) and Jagrit Rajpal (X-F) from Ganga House.

Hon'ble President-RCT, Sh, M.K. Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kunwrani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji appreciated the assembly and also extended their best wishes to the students, staff and parents for the New Session. They also conveyed their greetings to one and all on the occasion of Baisakhi and Ambedkar Jayanti.









PRE-PRIMARY WING CELEBRATES BAISAKHI & AMBEDKAR JAYANTI











ith an aim to imbibe the vales and ethos of our culture and community in the students, Pre-Primary wing of Delhi Public School Jammu organized a special assembly on the occasion of Baisakhi and Ambedkar Jayanti. Baisakhi is the harvest festival that marks the starting of the New Year and celebrating about the harvest

of crops.

The assembly began by offering prayer to the Lord by Ms. Gazal Mahajan followed by Thought of the day presented by Audharya Kohli of class I-A. Advica Gupta of class I-i welcomed the harvest season while highlighting the religious and cultural significance of the festival in her enlightening speech. Muskan Abrol of class I-F spoke few lines about Dr. Ambedkar acknowledging his role in building of this great nation. Rich floral tributes were also paid to this awe inspiring national hero by pninel a beautiful song praising the glory of God added flavor to the celebrations. Dressed in typical folk attire, the little



dancers performed Bhangra. The whole school danced on the Dhol beats.

Principal-DPS Jammu, Ms. Ruchi Chabra welcomed the students to the new session. She appreciated the diligence and hard work of the students and teachers. She said that celebrating all the festivals help the students to understand their roots and make them proud of their country and culture. She also paid rich tributes to Dr. Ambedkar.

Headmistress, Ms. Meenu Gupta also applauded the great efforts of the students.

The vote of thanks was delivered by Ms. Richa Gupta, Academic Coordinator followed by National Anthem.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated all the students and staff on the occasion of Baisakhi and Ambedkar Jayanti.



DPS JAMMU CELEBRATES 'EID-UL-FITR' WITH GREAT FERVOUR





prayer) prepared under the guidance of Mr. Jai Paul Gill, Music Teacher. Ambar Raina (VII-K) delivered the speech wherein she highlighted the importance of this special day.

The students of middle & senior wing presented a mesmerizing Sufi Qawwali in praise and appreciation of God for His endless blessings. It was guided by Ms. Mukti Oberoi, Music teacher. The assembly was wonderfully anchored by Sufiyaan Chauhan (VIII-G), Ayn Bhola (X-G) and Harman Singh Soni (XII-C). The vote of thanks was delivered by Mr. Lokesh Kumar, Vice House Students of Delhi Public School Jammu celebrated the festival of Eid-Ul-Fitr spreading the message of peace and brotherhood. A bilingual special assembly in Urdu & English was organized on the occasion by Ganga House on 20th April, 2023. The assembly began with the school prayer conducted by Keeraz Desai (IX-B) which was followed by Thought of the Day given by Mariam (VII-K) & Maheen Paul (VII-K) whereas the pledge was rendered by Paawni Gupta (X-C).

The students of primary and middle wing presented a soulful Naat (traditional Muslim



Warden-Ganga House. The assembly ended with the National Anthem.

In her address, Principal-DPS Jammu, Ms. Ruchi Chabra greeted students and staff and elucidated the significance of the festival. She also appreciated all participants and felicitated the winners of the Science Olympiad (SOF) and SPOT Examination. Also present on the occasion were Dy. HM's and Coordinators of all blocks.

Headmistress, Ms. Meenu Gupta also greeted the students and their families on this auspicious occasion.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji also wished a happy Eid-Ul-Fitr to students, parents, staff and their families.

















DPS JAMMU ORGANIZES SPECIAL ASSEMBLY ON GERMAN LANGUAGE



o promote global citizenship among students and to foster awareness for German language, Indo-German relationship, culture food & of Germany, Delhi Public School Jammu organized bilingual special а assembly German in and English language on Friday, 28th April, 2023. The assembly was hosted by the students of Classes VI-VIII studying German as their III language and





conducted bilingually in English and German.

The assembly began with a school prayer conducted by Ananya Gandhi (IX) and Sarvagya Bawa (IX) which was followed by Thought of the day given by Vihan Manhas (VIII) and Ritvik Malhotra (VIII) whereas the pledge was rendered by Saunish Vaid (VIII). The speech on Indo-German relationships was presented by Radhwan Kohli (VIII) and Adarshi Gupta (IX).

To feel the soul of the German culture, the students collectively presented a group song "Mein leben war magisch, scheinfantastisch-My life's been magic, seems fantastic," which was sung by Shivya Sharma (IX), Halima (VIII), Arshia (VIII), Drishti (VIII) and Chahat (VIII) on the accompaniment of the popular electronic music played live by the school music department.

Anvesha Jain, Navya Verma, Sarvagya and Shreesha from class IX presented the steps of the recipe of "Cake" in a poetic form with the perfection of expressions, props, rhythm and music of words.

To showcase their linguistic skills, a German Language Quiz 'Kaun Banega Chocolatepati' was conducted to test German language vocabulary. The quiz masters were Saunish Vaid (VIII) and Ranjohar (VIII). It was





conducted both in English and German. The audience actively participated in the quiz and received a chocolate each for the correct answers given by them.

The highlight of the event was a funny bilingual skit "Gabbar Ki Pathshala" which was thoroughly enjoyed and appreciated by one and all. The message conveyed by the skit was that there is no age bar to study or go to school. The program aimed to arouse sustained interest and enthusiasm for modern Germany and the German language in young people. The children who participated in the skit were Sparsh Uppal, Parina Kandhari, Advay Sharma and Shivagman Kohli from Class IX.

The event was well compered by Tarini Gupta and Anvesha Jain from class IX while the vote of thanks was delivered by Adarshi Gupta (IX) and Advay Sharma (IX). The assembly ended with the National Anthem.

The dedication and efforts of the students and teachers Ms. Preeti Sharma and Mr. Vishal Sotra were appreciated by the Principal-DPS Jammu, Ms. Ruchi Chabra who lauded their commitment to promoting cultural awareness and understanding.

Headmistress, Ms. Meenu Gupta also spoke, thanking the students and teachers for the successful conduct of the program.

Also present on the occasion were

Mr. Ravi Kumar Kotroo-Headmaster, Mr. Umesh Kumar Sharma-Dy. Headmaster, Mr. M.L Mehra-Tpt Adm and Coordinators, Ms. Mrignaini Pathania, Ms. Anuradha Wadhera, and Ms. Anu Bali.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director Sh. S.S Sodhi Ji extended their best wishes to the students and staff.















DPS JAMMU CELEBRATES MOTHER'S DAY





To give respect and regard to all the mothers in this universe, mother's day was celebrated with great zeal and enthusiasm here today at Delhi Public School Jammu with a mesmerizing special assembly and a get-together of mothers of the tiny toddlers wherein all were entertained by myriad presentation. Students recited poems, sung songs exalting the virtues of a mother. The medley of poems presented by class Prep filled the air with the feeling of appreciation and gratitude. The final crescendo was built when children presented a

heartwarming dance for the mothers. The focal point of the cultural event was a scintillating compering done by the students of class Prep.

The vibe of the day changed when enthusiastic mother child duo participated with great gusto in fun filled activities like hand printing, bracelet making, Sing along and the ramp walk. The balloon pop activity where mother's were given little task to perform won everyone's heart. A tribute was paid to the teachers who are the second mother to the children.

On the occasion, Ms. Ruchi Chabra- Principal-DPS Jammu, Ms. Meenu Gupta-Headmistress



and all the coordinators were felicitated with sash which proudly expressed the emotion of teachers being mothers and friends for life.

The whole school venue was decorated with creative Mother's Day cards and messages prepared by first standard. Selfie booth was one of the most attractive point of the day. Some wonderful moments and memories were created when mothers clicked photographs with their little ones.

Principal-DPS Jammu, Ms. Ruchi Chabra extended Mother's Day greetings to all and thanked all

mothers and teachers for together providing a wonderful nurturing to the children, the result of which was evident in the active and enthusiastic performances of the children.

Headmistress, Ms. Meenu Gupta applauded the great effort of the students and teachers. She said that mothers are the true superheroes. They are the strongest and their love give the children the strength to achieve even the unachievable. They are the selfless masterpiece of god's creation.



Mr. Raj Kumar Verma, Principal-DPS Nagbani, Jammu-(West) was the special guest invited on the occasion. Addressing the gathering and appreciating the mothers, he said that no one can replace a mother who plays the role of next of God. He appreciated the school Principal and the entire team for moulding the young minds and giving a big tribute to the mothers in the form of mesmerizing performances on the occasion.

The Vote of thanks was presented by Ms. Preeti Abrol- Coordinator, Pre-Primary wing. The event was compered by Mahira Choudhary

(Prep), Arthavit Sudan (Prep), Lithika Amla (Prep), Saubhagya (Prep), Kavyansh (Prep), Hareen (Prep), Charvi (Prep), Tejaswini (Prep) along with Ms. Anuradha Rance and Ms. Sonia Gupta.

Hon'ble President-RCT, Sh. M.K. Ajatshatru Singh Ji, Hon'ble PVC-Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji extended their best wishes to all the mothers on the special occasion.










































































ACHIEVEMENTS

DPS JAMMU STUDENTS EXCEL IN AMERICAN MATHEMATICS CONTEST



To provide an opportunity for middle school students to develop positive analytical attitude towards Mathematics, students of Delhi Public School Jammu participated in the prestigious American Mathematics Contest (AMC-8) organized by Mathematical Association of America (MAA) to promote the development of problem solving skills on 21st January, 2023. Total 4000 students appeared from various schools pan India for this prestigious exam. 13 students from class VIII of DPS Jammu excelled in this internationally acclaimed and reputed mathematics examination.

The details of the students and their country rank are as follows:- Lakshya Prakash Singh (VIII, Country rank-576), Tarini Gupta (VIII, Country rank-576), Hania Mudasir (VIII, Country rank-711), Advay Sharma (VIII, Country rank-897), Anima Sharma (VIII, Country rank-897), Aadhiya Chanana (VIII, Country rank-1340), Jeetansh Sadhotra (VIII, Country rank-1340), Shreya Katoch (VIII, Country rank-1340), Syed Lisan Mohammad (VIII, Country rank-1340), Yash Nand Bhasin (VIII, Country rank-1340), Anand Dubey (VIII, Country rank-1559), Pankhudi Gupta (VIII, Country rank-1559) and Devansh Abrol (VIII, Country rank-2192).

Principal-DPS Jammu, Ms. Ruchi Chabra congratulated the participants and their parents for their active participation. She also congratulated Ms. Navneet Kaur-AMC Coordinator.

Headmistress, Ms. Meenu Gupta also applauded them.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji extended their best wishes to the students and their parents for their future endeavours.

NIHARIKA SHARMA OF DPS JAMMU WINS FIRST POSITION IN JUDO CHAMPIONSHIP



harika Sharma (IX), student of Delhi Public School Jammu brought laurels to the school and her parents by winning 1st position in J&K U.T Judo Championship organized by Judo Association of Jammu and Kashmir under the banner of "Khelo India Women League 10 ka Dum" held at Indoor Sports Stadium, Jammu on 18th March, 2023. She participated in the Sub-junior category below 48 kgs.

Principal-DPS Jammu, Ms. Ruchi Chabra congratulated Niharika and her parents for the achievement.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated Niharika and extended their best wishes for her future endeavours.

TARINI, MANYA AND HARIHAR OF DPS JAMMU QUALIFY SPOT-100 EXAMINATION

arini Gupta (VIII), Manya Targotra (IX) and Harihar Sharma (XI) of Delhi Public School Jammu qualified the prestigious Science Promotion Orient Test (SPOT-100) conducted Vikram Sarabhai by Science Foundation (VSSF) Kochi, on 20th March, 2023. These students will be attending he internship program in the month of May, 2023.

A total 41 students from classes VI to XI from DPS Jammu appeared for "SPOT-100" Examination, out of which 3 qualified as one of the Top



100 Science Talents Pan India, shortlisted through the second phase exam "SPOT 100 2022-23".

Vikram Sarabhai Science Foundation (VSSF) conducts SPOT assessment examination, annually, for students with aptitude to determine their conceptual knowledge & understanding of Science, across discipline. The exams are conducted in 2 phases online, wherein every shortlisted student stands to gain intellectually & academically via an interactive Science portal SPOTlink, for over a span of 5 months.

Principal-DPS Jammu, Ms. Ruchi Chabra congratulated all the qualifiers and their parents for the brilliant achievements. She felicitated them with mementoes and certificates during the special assembly held in the school. She also appreciated the efforts of Ms. Navneet Kaur, Coordinator-SPOT.

Headmistress, Ms. Meenu Gupta also applauded them.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji extended their best wishes to the qualifiers and their parents for their future endeavours.

AAKASH SHARMA OF DPS JAMMU AWARDED AS THE BEST DELEGATE IN MUN DIALOGUE OF 2023



A akash Sharma (XII) of Delhi Public School Jammu brought laurels to the school and his parents by winning 'Best Delegate Award" in Panasonic: Joy of Green Model United Nations (MUN) Dialogue of 2023 under the Harit Umang Olympiad 2022-23. The topic of MUN was Energy Conservation Goals 2023. 10 flagship schools and colleges in India such as Modern School Barakhamba, Scottish High School, Sardar Patel Vidyalaya, Holy Child Public School, Daulat Ram College, Delhi Police Public School, Bal Bharti Public School-Noida, Dwarka, Rohini and Sachdeva Public School along with DPS Jammu participated in the event.

The event consisted of two rounds, Case Presentation and Drafting Resolution. In the first round, delegates were given 6 minutes to present their country's stance on the agenda and talk about the relevant issues of e-waste management and circular economy and in the other round the delegates were divided into two breakout rooms and were given 25 minutes to discuss the proposed solutions that were brought up during the Case Presentations. Then delegates then came up with a consolidated document highlighting ways to proceed with the agenda. Based on the scores earned in these rounds, Aakash Sharma was declared the winner of the entire event and bagged the coveted first prize.

Principal-DPS Jammu, Ms Ruchi Chabra congratulated Aakash and his parents for his brilliant achievement. She stressed on the fact that students should exhibit their talent for that will not only help them achieve their goals but will also boost their confidence. She also appreciated the teacher incharge, Ms. Rama Gupta for keen efforts.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director Sh. S. S. Sodhi Ji congratulated Aakash and his parents and extended their best wishes for his future endeavours.

DPS JAMMU BAGS FIRST POSITION IN SAHODAYA CHESS TOURNAMENT

Students of Delhi Public School Jammu brought laurels to the school and their parents by winning first position in Under-14 Sahodaya Inter-School Chess Tournament held at Heritage School Jammu on 27th April, 2023. The details of the winners are:-

- Srijanika Gupta (IX-H)
- Vansh Bakshi (VIII-i)
- Abhiveer Sharma (VIII-i)
- Alankrita Sharma (III-i) Principal-DPS Jammu, Ms.



Ruchi Chabra congratulated all the winners for their brilliant performances in the tournament. She also lauded the teacher incharge, Mr. Ravinder Singh.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated the winners and extended their best wishes for their future endeavours.

DPS JAMMU STUDENTS WIN GOLD IN INTER-SCHOOL BENCHPRESS POWERLIFTING COMPETITION

tudents of Delhi Public School Jammu brought laurels to the school and their Parents by wining 1st positions and gold medal in Inter-School Bench-press Power lifting Competition organized by Indian Red Cross Society, Jammu on 1st May, 2023. The details of the winners are as follows:-

- Vansh Gupta (XI-G) 1st position and gold medal in 60 kg weight category.
- Janit Dhawan (X-E) 1st position and gold medal in 30-35 kg weight category.
- Vansh Sharma (XI-F) 1st position and gold medal in 60-65 kg weight category.



Principal-DPS Jammu, Ms. Ruchi Chabra congratulated the winners and their parents for the glorious achievement.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated all the winners and extended their best wishes for their future endeavours.

DPS JAMMU STUDENTS WIN IST POSITION IN STATE LEVEL DANCE COMPETITION



hriya Kumari (VIII) and Somya Sharma (VI) from Delhi Public School Jammu brought laurels to the school and their parents by winning gold medals each and 1st positions in Feet on Fire State Level Dance Competition organized by MUDRA Dance Academy held at Polytechnic College, Jammu on 14th May, 2023. Both the students had performed in Semi-Classical dance style (senior category) in final round.

Chabra Principal-DPS Jammu, Ms. Ruchi congratulated Shriya, Somya and their parents for glorious achievement. She also felicitated them with trophies. Further, she also lauded their teacher incharge, Ms. Shalini Pradhan.

Headmistress, Ms. Meenu Gupta also applauded them.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated the winners and extended their best wishes for all their future endeavours.

DPS JAMMU STUDENTS WIN GOLD IN 1ST NATIONAL INTER DISTRICT ROLLER SKATING CHAMPIONSHIP

Students of Delhi Public School Jammu brought laurels to the school and their parents by winning gold, silver and bronze medals in 1st National Inter District Roller Skating Championship 2023 organized by Roller Skating Federation of India held at Mohali, Punjab from 27th April to 2nd May, 2023. The details of the winners are as under:

- Pratyaksha Gupta (X) 1 Gold and 1 Silver medal in 1000 mts and 3000 mts, respectively.
- Zayafat John (VI) Silver medal in sub-junior Roller Hockey.
- Hridyansh Chib (VIII) Silver medal in sub-junior Roller Hockey.
- Saanvi Grover (VIII) 2 Silver and 1 Bronze medal in 1500 mts, 1 Lap Road, 500plus D rink.
- Trisha Jamwal (IV) 1 Silver medal in Cadet Girls Roller Hockey.

Principal-DPS Jammu, Ms. Ruchi Chabra congratulated the winners and their parents for brilliant performances.



Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated all the winners and extended their best wishes for their future endeavours.

KYRA OF DPS JAMMU EXCELS IN 2ND INDO-NEPAL INTERNATIONAL TAEKWONDO CHAMPIONSHIP 2023

yra Thakyal (Prep-C) of Delhi Public School Jammu brought laurels to the school and her parents by winning 2nd position and a silver medal in 2nd Indo-Nepal International Taekwondo Championship 2023 organized by



NEGI Taekwondo held at Chandigarh from 29-30 April, 2023. She participated in Below 18 kg and Under-8 age category.

Principal-DPS Jammu, Ms. Ruchi Chabra congratulated Kyra and her parents for the achievement. She also lauded the teacher incharge, Mr. Suresh Kumar.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated Kyra and extended their best wishes for her future endeavours.

TRISHA JAMWAL OF DPS JAMMU EXCELS IN 1ST NATIONAL INTER DISTRICT SKATING CHAMPIONSHIP 2023



Trisha Jamwal (IV-E) of Delhi Public School Jammu brought laurels to the school and her parents by winning Silver medal in 1st National Inter-District Skating Championship 2023 organized by Roller Skating Federation of India held at Mohali, Punjab on 27th April, 2023. She participated in 9 to 11 cadet group in Roller Hockey event.

Principal-DPS Jammu, Ms. Ruchi Chabra congratulated the winner and her parents for excelling in the event.

Headmistress, Ms. Meenu Gupta also lauded her.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble

Director, Sh. S.S Sodhi Ji congratulated Trisha and her parents

and extended their best wishes for hr future endeavours.

KAMESHWAR OF DPS JAMMU EXCELS IN STATE LEVEL BOXING CHAMPIONSHIP-2023

ameshwar Sharma (VIII) of Delhi Public School Jammu brought laurels to the school and his parents by winning bronze medal in J&K State Boxing Championship 2023 organized by Boxing Federation and Sports Council of J&K held at M.A Stadium, Jammu from 29-31 March, 2023. He participated in the 40-43 kg. weight category.

Principal-DPS Jammu, Ms. Ruchi Chabra congratulated Kameshwar and his parents for brilliant performance in the event.

Headmistress, Ms. Meenu Gupta also lauded him.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh and Hon'ble Director, Sh. S.S Sodhi Ji congratulated Kameshwar and extended their best wishes for his future endeavours.



AARVI GUPTA OF DPS JAMMU EMERGES AS J&K STATE LEVEL WINNER IN INDIA KID SUPERSTAR SEASON-2

A arvi Gupta (IV) of Delhi Public School Jammu brought laurels to the school and her parents by emerging as state level winner in India Kid Superstar 2023 season-2 organized by Dreamz Production House held on 13th May, 2023 at Film City Noida. She performed in portfolio shoot, dance and ramp walk in senior category and won the 1st prize, trophy and Certificate of Participation.

While Japleen Kour (V) also won 1st position in a dance event organized by National Youth Exchange Program-2023 held at Gandhi Nagar on 6th May, 2023. She performed Classical Dance in final round in 10 years age group and won the 1st position and Award of Appreciation.



Principal-DPS Jammu, Ms. Ruchi Chabra congratulated Aarvi, Japleen and their parents for splendid performances in the show. She also appreciated their dance teacher, Ms. Sheetal Chalotra for her commendable efforts.

Headmistress, Ms. Meenu Gupta also lauded them.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh and Hon'ble Director, Sh. S.S Sodhi Ji congratulated both the winners and extended their best wishes for their future endeavours.

STUDENTS OF DPS JAMMU WIN GOLD MEDALS IN U.T OPEN ROLLER SKATING CHAMPIONSHIP 2023

Students of Delhi Public School Jammu brought laurels to the school and their parents by winning gold, silver and bronze medals in J&K U.T Open Roller Skating Championship-2023 held at M.A Stadium from 26-29 May, 2023. Students participated in various skating events in their respective age categories. The details of the winners are as follows:-

- Sanvi Grover (VIII-B) 3 gold medals
- Aruhi (IV-F) 2 gold medals
- Avyansh Gupta (III-J) 1 gold medal
- Riyansh Mahajan (I-C) 2 silver medals
- Avikam Ashok Gupta (II-F) 2 silver medals
- Madhav (VII-B) 1 bronze medal
- Ayan Singh Langeh (IV-B) 3 bronze medals Hon'ble PVC-DPS Jammu, Dr. Kuwarani Ritu Singh Ji congratulated the winners and their parents



for the brilliant performances in the event. She also remarked that the winning medals would serve as encouragement for other young players to follow their path.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated all the winners and extended their best wishes for their future endeavours.

DPS JAMMU STUDENTS EXCEL IN SILVERZONE INTERNATIONAL OLYMPIADS



ith an aim to promote a deeper understanding of Technology, Science, Engineering Mathematics and (STEM) subjects and their realworld applications among students as proposed by National Education Policy-2020, Delhi Public School Jammu participated in the prestigious Silverzone International Olympiads organized by Silverzone Foundation, New Delhi. Total 7 students from classes VI to X (session 2022-23) appeared for this prestigious exam and

brought laurels and accolades by winning medals and certificates in the above said Olympiad competing with their counterparts from their respective classes pan India and abroad.

The details of the students are as follows:-

- **Jagrit Rajpal (X)** Medal of Excellence-Gold (Olympiad Topper) in International Informatics Olympiad (IIO), Gold medal in Akhil Bhartiya Hindi Olympiad (ABHO), Silver medals in International Olympiad of Mathematics (IOM) & International Olympiads of English language (IOEL), Bronze medals in International Olympiad of Science (IOS) and General Knowledge (SKGKO) and Cheque worth INR 2000.
- **Prarthana Gupta (X)** Gold medals in International Reasoning & Aptitude Olympiad (IRAO), International Social Sciences Olympiad (ISSO) and STEM. Medal of Excellence-Silver in International Informatics Olympiad (IIO), International Olympiad of Science (IOS), International Olympiad of English language (IOEL), General Knowledge (SKGKO) & Akhil Bhartiya Hindi Olympiad (ABHO). Bronze medal in International Olympiad of Mathematics (IOM).
- Nabiha Fatima (XI) Gold medal in International Olympiad of Science (IOS), Silver medals in Akhil Bhartiya Hindi Olympiad (ABHO) & International Social Sciences Olympiad (ISSO).
- Mhotsav Gandotra (VII) Gold medal in International Olympiad of Mathematics (IOM), Silver medal in International Reasoning & Aptitude Olympiad (IRAO).
- Ishvita Luthra (X) Bronze medals in International Olympiad of Science (IOS) & International Olympiad of Mathematics (IOM).
- Shreya Mahajan (X) & Chirag Luthra (VII) Certificates of Participation.

Principal-DPS Jammu, Ms. Ruchi Chabra congratulated the participants and their parents for their glorious achievements.

Headmistress, Ms. Meenu Gupta also lauded them.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji extended their best wishes to the students and their parents for their future endeavours.

ATHARV SHARMA OF DPS JAMMU WINS GOLD MEDAL IN U.T OPEN ROLLER SKATING CHAMPIONSHIP 2023



tharv Sharma (I-i), student of Delhi Public School Jammu brought laurels to the school and his parents by winning gold medal in J&K U.T Open Roller Skating Championship-2023 organized by J&K Roller Skating Association held at M.A Stadium from 26-29 May, 2023. He participated in U-7 age category in Loose Bearing event.

Principal-DPS Jammu, Ms. Ruchi Chabra congratulated Atharv and his parents for the glorious achievement.

Headmistress, Ms. Meenu Gupta also lauded him.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated the winner and extended their best wishes for his future endeavours.

ABHIRATH OF DPS JAMMU WINS BOYS DOUBLES TITLE IN JAMMU DISTRICT LAWN TENNIS CHAMPIONSHIP

A bhirath Thappa (IX-H), student of Delhi Public School Jammu brought laurels to the school and his parents by winning Boys Doubles Title in U-18 age category in Jammu District Lawn Tennis Championship while Saksham Amla (VIII-F) was also declared the Runner-up in U-18 age category in the same event.

The Championship was organized by J&K Lawn Tennis Association held at M.A Stadium, Jammu from 2-4 June, 2023. Both the students were also felicitated with trophies by Chief Guest, Sh. Suraj Bhan Singh and Capt. Murti Gupta, President-JKLTA.



Principal-DPS Jammu, Ms. Ruchi Chabra

congratulated both the students and their parents for their brilliant performances. She also lauded the efforts of teacher incharge, Mr. Amar Jyoti Sharma.

Headmistress, Ms. Meenu Gupta also appreciated them.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated both the students and extended their best wishes for their future endeavours.

DPS STUDENTS EXCEL IN INTERNATIONAL LEVEL PHYSICS EXAMINATION



Students of Delhi Public School Jammu brought laurels to the school and their parents by excelling in International Level Annual Sir Isaac Newton (SIN) Physics Exam, a test of high school Physics, which was proctored online by the Department of Physics & Astronomy, University of Waterloo, Canada. 12 students from DPS Jammu showcased their problem-solving abilities and a deeper passion for Physics by scoring 25th percentile in the world. The contest brought together students from diverse backgrounds and academic institutions, providing them a platform to exhibit their understanding of the fascinating world of Physics and aimed to foster a spirit of scientific curiosity, among the young Physicists. All the students also received Certificates of Distinction for their commendable performance.

The details of the students are: Dhairya Verma (XII-A), Harihar Sharma (XII-B), Prachi Bhardwaj (XII-D), Shalin Sawhney (XII-A), Gursneh Kour (XII-D), Lakshay Gupta (XI-B), Tehzeeb Kour (XII-B), Jaskirat Singh Wazir (XI-B), Radha Raman Sharma (XI-A), Panshul Gupta (XI-A), Dhruv Kohli (XII-D), Aagrim Nargotra (XII-D).

Principal-DPS Jammu, Ms. Ruchi Chabra congratulated all the students, their parents and teacher incharge, Ms. Manika Verma. She encouraged the children to set their goals high.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated the students and extended their best wishes for their future endeavours.



JAGRIT, SHALIN, SNEHADEEP & OTHER DIPSITES BRING LAURELS FOR DPS JAMMU



Statistic of Delhi Public School Jammu proved their mettle once again by shining in National and International Olympiads, Competitions and Knowledge Camps. Shalin Sawhney (XII-A) and Snehadeep Kour (XII-C) received Certificates of Distinction for their commendable performance in International Level Annual Avogadro Chemistry Exam organized online by the Department of Chemistry, University of Waterloo, Canada. Both students showcased their problem-solving abilities and a deeper passion for Chemistry by scoring 10th percentile in India, out of 235 participants and 25th percentile in the world, out of 4741 participants. The contest brought together students from diverse backgrounds and academic institutions, providing them a platform to exhibit their understanding of the fascinating world of Chemistry and aimed to foster a spirit of scientific curiosity, among the young Chemists.

While Jagrit Rajpal (X-F) also emerged International Rank 2 in CREST English Olympiad (CED) 2022-23. He was also ranked 42 in north zone CREST Cyber Olympiad (CCO) and rank 19 in north zone CREST Science Olympiad (CSO) 2022-23. He was awarded Achiever's Trophy, Silver medal and Merit Certificates for the same.

Other students also brought laurels by shining in VVM National Level Examination 2022-23, conducted by Vijnana Bharti (VIBHA) in association with Vigyan Prasar, Department of Science and Technology, Govt. of India and also attended a Knowledge Camp from 20-21 May, 2023 at Thiruvananthapuram, Kerala. The students gained vast experience and information through objective testing and personal interaction with the renowned scientists of India on the topics such as Robotics in India, Anti-Microbial Resistance, Pharmacy in our Kitchen, Ecotourism in the Indian Context, etc.

The details of the students who attended the VVM camp are: Harihar Sharma (XII), Jagrit Rajpal (IX), Ketan Gupta (IX), Taransh Mahajan (VIII), Jenna Nuryn (VIII), Uday Krishna (VII). All the students were awarded Certificates of Participation. It is noteworthy that VVM Exam is a national level programme meant for educating and popularizing Science among school students.

Principal-DPS Jammu, Ms. Ruchi Chabra congratulated all the students, their parents and teachers incharge, Ms. Navneet Kaur and Mr. Akshay Gupta. She encouraged the children to set their goals high.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated the students and extended their best wishes for their future endeavours.

CAPACITY BUILDING PROGRAM IN MATHEMATICS

r. Ajay Kumar Kohli, Mr. Rakesh Gupta, Dr. Paramjeet Singh and Mr. Ashok Kumar from Delhi Public School Jammu attended a two days workshop on Capacity Building Program in Mathematics organized by CBSE-COE, Chandigarh on 12-13 May, 2023 at G.D Goenka Public School, Jammu. The resource persons were Mr. Pramod Srivastava and Mr. Rajeev Budhi Raja from CBSE. Following topics were considered and discussed in the workshop:-

- 1. Why students face problem on learning Mathematics.
- 2. Areas needed where students commit mistake while solving mathematics and remedies for them.
- 3. Types of technologies that can be applied to improve learning in Mathematics.
- 4. Studies of Hands on Activities for different topics on Mathematics.
- 5. Theories of Multiple Intelligence.
- 6. Gender Sensitization and Child Abuse.
- 7. Bloom Taxonomy on lesson framework and making of effective lesson plan.
- 8. Elective blue print and body of paper to be set.

Overall the workshop was effective and fruitful.

MANAGING THE DIVERSITY IN THE CLASS ROOM



s. Reena Sharma from Delhi Public School Jammu attended a webinar on the topic "Managing the diversity in the class room" organized by HRDC-DPSS held on 18th April, 2023. The Resource Person was Prof. Fauzia Khan.

Managing diversity in the classroom is an important aspect of education that aims to promote inclusion and equality for all students, regardless of their race, ethnicity, gender, cultural background, or learning abilities. By creating a welcoming and respectful learning environment, educators can help students feel valued, accepted, and supported, which can lead to improved academic achievement, higher levels of engagement, and increased social and emotional well-being

Here are some strategies that can be used to effectively manage diversity in the classroom:

Acknowledge and celebrate differences: Teachers should recognize and celebrate the unique cultural and linguistic backgrounds of their students. They can incorporate diverse perspectives and experiences into their lessons and encourage students to share their own stories and perspectives.

Create a safe and inclusive environment: Teachers should establish a classroom culture that values and respects all students. They should actively promote inclusivity, such as by using gender-neutral language, avoiding stereotypes, and discouraging discriminatory behavior.

Differentiate instruction: Teachers should use a variety of teaching methods and materials to meet the diverse learning needs of their students. This may involve modifying instruction, providing accommodations, or using technology to support learning.

Foster positive relationships: Teachers should build positive relationships with their students and encourage students to form relationships with each other. This can be done by promoting teamwork, encouraging open communication, and creating opportunities for students to collaborate on projects. Address bias and prejudice: Teachers should address bias and prejudice when it arises in the classroom. They can use teachable moments to challenge stereotypes and promote empathy, understanding, and respect. Overall, managing diversity in the classroom is an ongoing process that requires ongoing commitment, effort, and reflection. By creating a culture of inclusivity, educators can help students develop the skills and attitudes they need to succeed in an increasingly diverse and interconnected world.

DECISION MAKING, PROBLEM SOLVING AND COMMUNICATION

s. Deepmala from Delhi Public School Jammu attended a webinar on the topic 'Decision Making, Problem Solving and Communication organized by HRDC-DPSS on 17th April, 2023. The resource person the webinar was Prof. Sujata Shrivastava from M.S University of Baroda. The key points discussed in the webinar are:

- 1. To understand the life skill abilities for adaptive and positive behaviour that enable individuals to deal effectively with the demands and challenges of life.
- 2. To know the importance of organizational communication that involves bringing about an understanding among people at the organizational level to further the objectives of the organization.
- 3. To extinguish the portentous pyrogenation.
- 4. To use simple language in teaching that can be easily understood by the students.
- 5. To use familiar instead of unfamiliar words in the teaching learning process.
- 6. To use concrete words instead of abstract words.
- 7. To know the students before using jargons.
- 8. To use facial expressions, gestures or inflection. Ask questions and take feedback of students when necessary.

COPING WITH STRESS

S. Lotika Mahajan from Delhi Public School Jammu attended a webinar on the topic 'Coping with Stress' organized by The DPSS-HRDC, New Delhi on 19th April, 2023. The resource persons of the webinar were Prof. Abha Sharma, SCERT, GNCT Delhi. The session was started with relaxation exercises. The main focus of the webinar was to learn 21st century skills, top 10 core life skills and to develop encourage. The resource person talks about the symptoms of stress. She emphasized on 3 C's Connect, Communicate and Care. The session motivated to face challenges, drives to solve problems. The question answer round was also held where the resource person showed, suggests and counsels and deals with queries gracefully.





DPS JAMMU CONDUCTS SAFETY AND MEDICAL TRAINING PROGRAM FOR TRANSPORT STAFF OF THE SCHOOL





To sensitise school bus drivers to follow safety measures and rules while handling school bus, Delhi Public School Jammu organised a workshop on 'Safety and Medical training program for bus drivers and school' on Saturday, 8th April, 2023 in school premises. The workshop was conducted by Mr. Rahul Krishan (Mechanical Engineer) to educate drivers and school bus staff on the safety of school bus travel. The program focused on educating the drivers and attendants about safety parameters. It was attended

by around 100 transport staff members and teachers. The highlighting points were fire safety, medical training and Cardiopulmonary Resuscitation (CPR) for drivers and teachers.

Drivers were ensured that while parking the bus, the parking area should be empty. First aid box and fire extinguisher are foremost part of bus safety. The school bus staff was also educated for maintaining discipline in the bus and keeping a check on the students.

Principal-DPS Jammu, Ms. Ruchi Chabra appreciated the efforts of the school transport staff as it plays the vital role in the School.

Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji, Hon'ble PVC, Dr. Kuwarani Ritu Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji extended their best wishes to the transport staff of the school.

OFFLINE PROGRAM IN PHYSICS



S. Manika Verma from Delhi Public School Jammu attended a five days workshop on the topic 'Offline Program in Physics' organized by the HRDC-DPSS from 27-31 May, 2023. The Resource Persons were Dr. Subhasis Ghosh, Dr. Prabhakar Singh, Dr. Navin Gaur, Dr. C.V Krishnamurthy, Dr. Jiji Pulikkotil, Padma Shri Prof. Harish Chandra Verma and Dr. Pragati Ashdhir. Different topics such as Angular Momentum and Torque, Gauss's Law & it's applications, Electrostatic Torque on Electric dipole, Numerical problems to teachers for solving, Wave Optics, Magnetism, Kirchhoff's Laws and its Applications, Oscillations and waves and Rotational Dynamics, Centre Of Mass And Moment Of Inertia were also discussed by the Resource Persons.

The workshop was started with inaugural session, where Ms. Vinita Ex-

ecutive director of HRDC inspired a lot to everyone. She shared the concept of NEP and importance of role of teachers in it.

Learning Outcomes

- 1. We should try to teach by showing demonstrations and performing activities in which students can actively participate and draw their conclusions. It will help in their experiential learning and they can remember that throughout their life.
- 2. We should design and put such questions in the class which will allow the students to think various possible answers and their reasons which will develop the logical and creative thinking skills among the students and it will ultimately help in developing the scientific aptitude among the students.
- 3. At times we should go beyond the text books and explain the actual cause of any activity or experiments. This explanation can be different from the one given in the book but it will help in expanding their horizon and develop critical and logical thinking skills among the students. That way they will be motivated to pursue scientific research and contribute in the field of physics.

CAPACITY BUILDING PROGRAMME ON STRESS MANAGEMENT

s. Manisha Dubey and Ms. Nishal Jamwal Bhutiyal from Delhi Public School Jammu attended a Capacity Building Programme on Stress Management organized by CBSE, COE Chandigarh on 2nd June, 2023. The Resource Persons were Ms. Rohini Aima and Dr. Kunal Anand. Following are the tips given by the resource persons on how to maintain a healthier lifestyle and to prepare to cope with the stress of everyday living:

- Structure each day to include a minimum of 20 minutes of aerobic exercise.
- Eat well-balanced meals, more whole grains, nuts, fruits and vegetables.
- Substitute fruits for desserts.
- Avoid caffeine.
- Get at least 7 hours of sleep.
- Spend time each day with at least one relaxation technique imagery, daydreaming, prayer, yoga or meditation.
- Take a warm bath or shower.
- Go for a walk. Get in touch! Hug someone, hold hands, or stroke a pet. Physical contact is a great way to relieve stress.

All of the above tips given in the session seemed very useful and efficient to reduce the stress. The participants of the workshop had a wonderful experience during various practice and exercises. There were discussions in between and at the end of the session in which the doubts and queries of participants were resolved. The session gave the members an opportunity to learn how to manage stress in their daily lives.







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