## DELHI PUBLIC SCHOOL, JAMMU SESSION 2024-25 ASSIGNMENT- Month (July )

CLASS: XII SUBJECT: PHYSICAL EDUCATION MM: 10

## CHAPTER: Unit- IV: Physical Education and Sports for CWSN (Children with Special Needs - Divyang)

Based on your understanding of the above topic, answer the following questions.

## MCQ Based (100% marks for correct answers)

- 1 In which year the phrase 'differently abled' was first proposed as an alternative to terms like 'disabled, handicapped' etc?
- (a) 1950s
- (b) 1960s
- (c) 1970s
- (d) 1980s

- 2. Disorder can be
- (a) temporary only
- b) permanent only
- c) Both (a) and (b)
- d) None of these

- 3 Adaptive sports are also known as
- (a) Special sports
- (b) Disability sports
- (c) Normal sports
- (d) Divyang sports

## **ANSWER THE FOLLOWING QUESTIONS**

- 4. Why is it important for children with special needs to do lot of physical activities? (Hint: advantages of physical activities for children with special needs)
- 5. Give a detailed account of Special Olympics including its symbol, Olympic flame and any five venues along with year of Special Olympics.

(Hint: definition of special Olympic its symbol, flame etc)

6. Explain the need for inclusive education in sports.

(Hint: write in detail Builds self esteem, enhance sestivity ,academics performance etc)

Note: Submit your assignment to your respective subject teacher before 25<sup>th</sup> of July 2024 positively. Its mandatory to submit the assignment.