

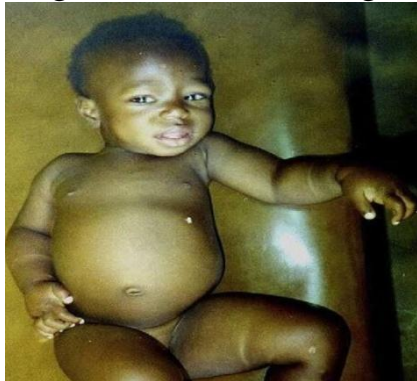
DELHI PUBLIC SCHOOL, JAMMU
REVISION ASSIGNMENT FOR CYCLE TEST-I
SESSION (2019-20)

Class: VI

Subject: Science

SHORT ANSWER QUESTIONS

- Q1. What is obesity? How limited quantity of fats is helpful to us?
Q2. Why do we add spices to the food? Write the names of any five spices with their hindi names.
Q3. List the different components of food. Which components provide energy?
Q4. Observe the given figure and answer the given questions.



- a) Identify and name the disease the child is suffering from.
b) Deficiency of which nutrient is responsible for this disease?
- Q5. How is roughage important to us?
Q6. Define the following terms:
a) PEM
b) Pisciculture
c) Balanced diet
- Q7. What are the differences between the producers and herbivores?
Q8. Identify the disease from the given symptoms. Deficiency of which nutrient causes the disease?
a) Weak bones, bow shaped legs, decaying teeth.
b) Poor night vision, person unable to see in dim light.
c) Swollen gland in the neck, abnormal metabolism.

LONG ANSWER QUESTIONS

- Q9. What are deficiency diseases? Write five symptoms each of two protein deficiency diseases.
Q10. 1) Why should we include vitamins in our diet?
2) Give two sources each of starch and protein.
Q11. Why are plants important to us with special reference to cereals, pulses, sugars and oils?
Q12. Why do we cook the food? What are the pre cooking and cooking practices which lead to the loss of nutrients?

MULTIPLE CHOICE QUESTIONS

Q13. Which one of the following is not an animal product?

- a) Cheese b) honey c) butter d) onion

Q14. The egg yolk is rich in

- a) protein b) fats c) starch d) carbohydrates

Q15. Which among the following is a freshwater fish?

- a) Bombay duck b) Sardines c) Catla d) Hilsa

Q16. Which chemical is used to test the presence of proteins in food?

- a) Benedicts solution b) Copper sulphate solution c) Sodium hydroxide d) both b and c

Q17. Overnutrition results in.

- a) obesity b) poverty c) deficiency disease d) none of these

Q18. The deficiency disease caused due to lack of vitamin B₁ is

- a) scurvy b) dehydration c) anaemia d) beri beri

Q19. Vitamins and minerals are

- a) body building food b) protective food c) energy giving food d) none of these