

DELHI PUBLIC SCHOOL, JAMMU
SESSION (2022-2023)
(ASSIGNMENT-1)

Class – VI

Subject – Science

Topic: 1-Sources of Food.

2-Components of Food.

1. We get eggs from
a) Hen b) turkey c) duck d) all of these. (1)
2. Iron is an example of _____. (1)
a) minerals b) carbohydrates c) vitamins. d) proteins.
3. Spongy and bleeding gums are symptoms of _____. (1)
a) beriberi b) scurvy c) rickets d) night blindness
4. What are deficiency diseases? (2)
5. Name two food items rich in a) calcium b) sodium and potassium. (2)
6. Name two sources of roughage. (2)
7. What is obesity? What are its causes? (3)
8. What is food chain? Explain (3)
9. What are the symptoms of (5)
a) Marasmus.
b) Kwashiorkor?

Note:

1. Submission date: 27.5.22.
2. Your assignment will be marked for internal / Term Assessments.
Therefore, it is necessary to submit on time.