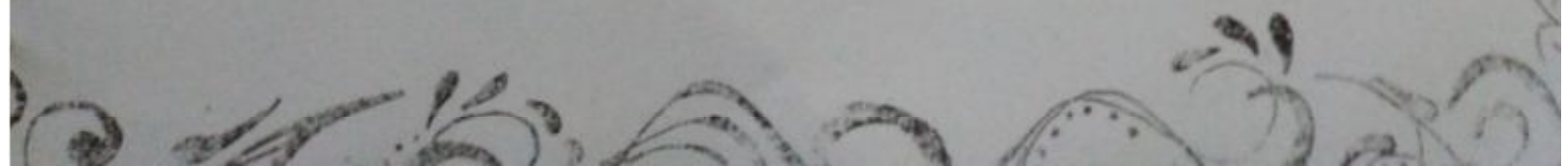
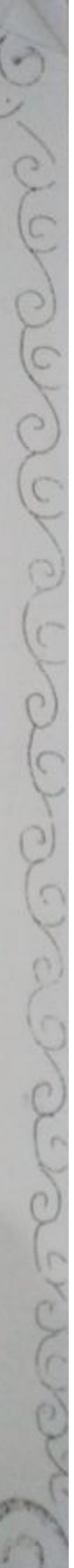

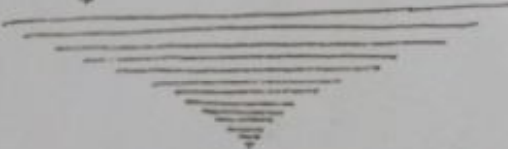


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# MESSAGES



## **FROM THE PRINCIPAL'S DESK**

**"Success comes to those who work hard and stays with those who don't rest on the laurels of the past".**

Dear All

1. The year began again with new zeal and aim to address the average, challenge the gifted and motivate the weak.
2. We believe in giving our students wings of strong values along with a set of required skill set which may carry them far and wide.
3. 'Jharna' is a medium to showcase the talents and achievements of our children.
4. It is a Chronicle vast spectrum of scholastic and non scholastic activities carried out at school for all round development of children in various fields and thus exhibits the endeavors made by them.
5. I appreciate the dynamic creativity, freedom, self expression, enthusiasm and talent put in by all reflected in year's hard work . Congratulation to my hardworking, skilled team of teachers and to all budding contributors; keep adding more feathers to our school cap.

Best wishes to all!

**Ruchi Chabra**

**Principal**

**Delhi Public School**

**Jammu**

## MESSAGE FROM HEADMISTRESS

*Dear All!*

*"The future belongs to those who believe in the beauty of their dreams."*

At DPS we provide each child with a high quality early childhood experience and school readiness. DPS Jammu takes pride in its innovative and rich curriculum. We place a strong emphasis on working with parents and the community, enabling all students to maximize their abilities, ambitions, and academic potential in everything they do.

I believe that students should enjoy their time at school and achieve across a whole range of areas. We provide a happy and safe environment within which students can experience opportunities beyond the classroom so that they can become independent learners and responsible and confident adults. We foster values of courtesy, consideration and individual responsibility and offer a high level of challenge accompanied by equally high levels of support.

I congratulate the team of teachers for presenting the third issue of DPS Primary School magazine '**Jharna**'. Our teachers and students have worked hard to bring up an exhilarating flashback of '**Learning with Fun**' and achievements of our young creative minds during the session 2019-20.

**Wish you all Happy Reading!**

**Meenu Gupta**  
**Headmistress**  
**Delhi Public School, Jammu**




## MESSAGE

The school magazine is a mirror that reflects its activities and creative ideas of the students. It offers ample opportunities to young writers to express, in words, their thoughts and concerns as young citizens. In addition to routine class room learning, creative pursuits help in encouraging the children to excel in life.

I extend my best wishes to the team for bringing out another successful issue of the magazine.

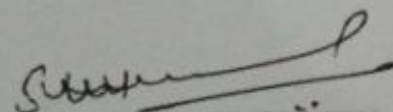
"May the sapling grow into a sturdy tree and spread its branches."

  
Laxmi Kataria  
Deputy Headmaster



Education is a journey from childhood to adulthood. We at DPS Jammu make this journey an exciting and fulfilling one for all those who enter the portals of this school. I am sure that the positive attitude, hard work, sustained efforts and the innovative ideas exhibited by the young buddies of our editorial board will surely stir the mind of the readers and take them to the surreal world of unalloyed joy and pleasure.

Happy Reading!

  
Umesh Kumar Sharma  
Chief Co-ordinator



## *Message from Primary Coordinator*

*"A dream does not become reality through magic; it takes sweat, determination and hard work"*

The annual school magazine, 'Jharna' is a wonderful opportunity to connect the parents of our students. Our collective vision is to excel in all spheres and domains of learning. We at DPS, Jammu feel in nurturing the inborn and the latent talent of our student. Our hallmark is to follow the CBSE vision. DPS prides itself on the mental, physical, emotional and spiritual development of its students. It is our endeavor to shape well rounded personalities that will contribute positively to the society. We at DPS strongly believe that excellence in education cannot be achieved solely through knowledge of books. It has been our aim to provide the right environment for young minds to take wings.

Warm wishes!

*Sangeeta Jain*

Ms. Sangeeta Jain  
Primary Coordinator  
Delhi Public School, Jammu



## **MESSAGE**

***"Imagination is more important than knowledge, for while knowledge defines all that we know and understand, Imagination points to all we might yet discover and create."***

'Jharna' beautifully showcases not only the imagination of the children but also unfolds their achievement made throughout the year. Through this magazine we not only celebrate their success but also provide a canvas to spread the colour of their imagination and power of thinking. Our constant endeavours have been to stimulate the young minds and aid the overall personally development. Through this magazine I invite everyone to have a glimpse of great success of brilliant minds.

**Preeti Abrol**  
**Coordinator (Pre Primary Wing)**  
**DPS Jammu**

**Make a rainbow for yourself,  
Don't wait for one to come,  
Don't sit watching at the window  
For the clouds to part  
There'll soon be a rainbow if  
You start one in your heart**

We are really proud and exuberant to acclaim that we are ready with all new hopes and hues to bring out the third issue of the annual school magazine, "Jharna". This magazine is indeed a pious attempt to make our budding talents give shape to their creativity and learn the art of being aware because we believe that our success depends upon our power to perceive, the power to observe and the power to explore. With this I wish all the best to our students and congratulate them for this successful issue of magazine.

### **THANKS TO ALL**

*Rimpi Sharma*  
**Ms. Rimpi Sharma**  
Academic co-ordinator  
Primary wing  
DPS Jammu



## ***MESSAGE***

**"Inside all of us is hidden a dream."**

A dream does not become a reality through magic. It takes pre determination and hard work. We help the little ones to realize their dreams by felicitating them to work hard.

"Jharna" our school magazine is a platform for students to show case their creative hidden dreams and aspirations. Each issue of the magazine is a milestone, marking growth, achievements and unfolding the immense talent and potential of our children.

This new edition of the magazine reflects the vision of the school. It is a proud moment where our teachers and students take pride in their hard work and cherish the fruits of labour and sincerity of the year. I am immensely thankful to Ms. Kamini Ma'am, Ms. Sonia Ma'am and Mr. Lalteshwer Sir for their kind help and support.

We are very thankful to the management and our esteemed Principal Ma'am Ms. Ruchi Chabra for her endless guidance and faith in us.

**Richa Gupta**  
**Magazine Incharge/Academic Coordinator**  
**DPS Jammu**

## HEALTH

Health is a state of no illness

Exercise is the key to fitness

Air must be pollution free

Low fat diet is the key

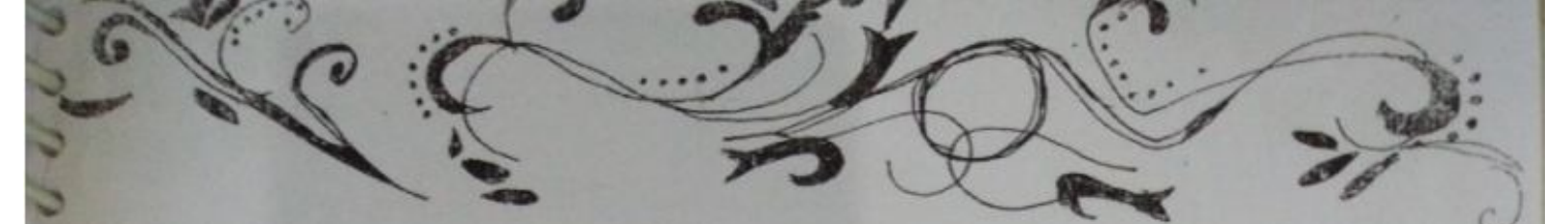
Take lot of water everyday

Hygiene is the call of the day

By:-

Raghu Raj Sehgal

Editor Teacher



POEMS

AND

WRITE - UPS

C





## Mission to mars

The spaceship, Androsid founded on mars, around midnight. Captain Bendrick was successful in his mission of reaching mars, a dream he had been seeing since his childhood. It was a proud moment for captain Bendrick to land on Mars. He came out of the spaceship and found nobody around. He was excited and was ready to share his experiences on earth with someone from Mars. He was quite impatient and finally he met an alien on the hard; rocky surface. He extended him hand to greet the alien. He introduced himself as captain Bendrick and asked the alien name. The alien called himself Kyo Proto and was very glad to see the captain from earth. Kyo Proto



was scared in the beginning but as they talked, both became friends in no time.

Bendrick spoke about ~~so~~ earth and told Kyo Proto that he was a space scientist and lived in Mars for sometime. He was from ISRO and his mission was to know more about mars. Kyo Proto extended a warm welcome to the guest from earth and promised a comfortable stay at mars with him.

Finally, on the 18<sup>th</sup> day of his successful mission, Bendrick was ready to return to earth carrying with him memories of his life on Mars.

By - Chirag Kulkarni  
III - F



## The Bloom

→ In a small white home,  
lived a girl named bloom,  
Bloom was chubby and fair,  
and she was a good player.

→ Her dog's name was busy,  
he was brave as can,  
he call bloom as ann,  
He like the flower 'dily'.

→ Bloom cook well food,  
while busy catch wood,  
Bloom was a good dancer,  
while busy was good in giving  
answer.

- by Anandhya  
VC

माँ

माँ एक शब्द

एक पूरी दुनियाँ

एक पूरा ब्रह्मांड

उसमें, असीम संभावनाओं का सन्तुष्ट विस्तार

माँ,

माँ एक शब्द।

एक गहन धरातल,

एक अकथनीय अनुसूति

एक शाश्वत सत्य।

एक विस्तृत जल का संगम

- Ananya Gandhi  
5th A



## 'YOUR BEST'

If you Always try your best  
Then you'll never have to wonder  
About what you could have done.  
If you'd summoned all your thunder.  
And if your best was,  
Not as good as you hoped it would be  
You still could say,  
I gave today All that I had in me.

- Anushka Talwar

- III HCL H

R.No. - 7

## बापू गाँधी

1. आओ तुम्हें बापू से मिलाऊँ,  
उनकी जीवन शैली सुनाऊँ।
2. आँखों को पाठ पढ़ाया,  
भारत को आज़ाद कराया।
3. स्वच्छता का हमें पथ दिखाया,  
हर नागरिक को जागरूक बनाया।
4. ऐसे थे बापू जी हमारे,  
सबके चर्चित मोदी जी के प्यारे।
5. आओ हम स्वच्छता अभियान चलाएँ,  
घर-घर में सुराहली लाएँ।

- Krishna Sharma

III - I



# GULMOHUR

Come April, Come May!

And Gulmohur trees are gay,  
with their flowers blazing red,

Over my little Cow-shed,  
To Brighten up my Day.

Come May, Come June!

And we'll have the rains soon.

Then the flowers will come down,

And my grounds in colour drown,

On a wet, damp afternoon.

Come June, Come July!

How the days have gone by!



# NATURE'S BLESSINGS

Once upon a time, there lived a man who was very poor. To earn his livelihood he cut the tree trunks and sell them in the village. One day, he was coming back from the forest to his home, in between he saw a big paper with a message - "If you will stop cutting trees and if you will aware everyone to save nature, you will be blessed." By reading this, he thought that I can try this but I think some children of the village have done this mischief. So, he ignored it and went back to home and slept. In his dream, a big tree came and said that the message was not anybody's mischief, it was a warning by nature so, if you want to live, stop



cutting trees and aware everyone. So, he started  
concerning trees and forests and he also edu-  
-cated people on the benefits of nature and  
made them aware about the harmful effects  
of deforestation. By and by he became popula-  
-r, every media person was running after  
him and every news channel was filled with  
his name. But one day in his dream the  
same big tree came and told him that you  
followed my instructions and now you got to  
reward. The next morning when he woke up,  
he was glad to see his healthy environment  
around his village, where birds were chirping  
and nature was in abundance.

Pavina Kandhori

V-K



Why Not a Girl?

People pray for a boy  
Not for a girl

But

In need of Education

They go to Goddess

Saraswati

In need of Money

They go to Goddess

Lakshmi

In need of Courage

They go to Goddess

Durga

Now why do they hesitate?

To have a "dini" in the family.

- Sabreena  
Chandhary

Have Come down 'in Showers.

And left me, with a sigh.

- by Avdhi Gupta  
B.D.



## Quotes

M - my world's best mother!

O - oceans of love

T - Tears we shed to secure me

H - how heart of purest gold

E - eyes with love light

R - Right and Right she'll always be!

- by Faiza Malik  
5<sup>th</sup> H.



## STORY - Blessings and Respect of others.

Once upon a time, there lived a saint. He felt hungry and thought for something hot to eat but he had no money. So, he kept walking on his way. After sometime he saw a sweet shop. The shopkeeper of the shop called the saint and the saint came on the sweet shop. The shopkeeper said the saint that you can eat any thing from my shop. The saint said that I have no money to give you. The shopkeeper said that even then you can eat anything from my shop. The saint ate the sweets he wanted and gave blessings to the shopkeeper.



and went on his way. While walking, he spoiled a woman's dress. He didn't watch that. The husband of the woman was very angry with this. He threw stones on the saint. The saint saw a man throwing stones on him. He said to the man "Why are you throwing stones on him?" The man angrily said "You have spoiled my wife's dress." The saint was very angry and he turned back without giving the answer. When the man was opening his house, he fell down and died. All the people around asked the saint that "have you gave any curse to him?" The saint said no I love god and god loves me. So, god has taught

a lesson to him. The shopkeeper who gave sweets to the saint was very rich and happy now.

### MORAL OF THE STORY

We should have respect for others.

Chahat Aurora

IV-F



## Riddles...

1. I am the blanket that can cover  
the sun?

⇒ Solar eclipse

2. What is the most easy idea to make your  
money double?

⇒ Keep money in front of mirror

3. Why is maths book always sad?

⇒ Because it has many problems.

4. How to make seven even?

⇒ Take away the letter S [seven]

5. I am the most powerful weapon?

You can use me to change the world. Who am  
I?

⇒ Education.

— by Mayank  
D. A.

I'm glad I'm me.

There are lots of things  
I wish I could be  
like a diver, down under the sea  
or an astronaut waving, way up high  
or a pilot, flying planes in sky.  
or an engineer, who can fix.  
or a chef, who can make tasty food.  
with samosas for tea,  
But sometimes, I'm glad I'm me.

- Tamandeep Singh

3<sup>rd</sup> C

R.NO- 30



## Riddle!

Q1: which city is most dangerous  
→ electricity

Q2: which table has no legs?  
→ vegetable

Q3: what is business in motion?  
→ Robbery

Q4: From which gate you cannot  
enter?

→ Colgate

Q5: Why ~~is~~ B is the coldest word between  
the whole A to Z Alphabets.

→ Because it comes between A and C.



## Riddles....

Q with which stick you can't walk?

Ans lipstick

Q which star is not in the sky?

Ans Film star

Q which jam we can't eat?

Ans Traffic jam

Q which dress we cannot wear?

Ans address.

- by Lakshya  
5th K

## Say 'NO' to plastic

\* Refuse to take plastic bags from sellers and shops.

\* Carry your own cloth bag from home, for grocery and other shopping. You can also use jute and paper bags instead.

\* Use less or no Plastic

bottles, plastic containers, plastic sheets, plastic toys and plastic stationery.

\* Throw plastic bags and plastic cups you see lying on the road or have used, in plastic

recycle which is in blue bin.

- Shreyas puvv

- V + C



## "MOM"

You are the sunlight in my day,  
You are the moon I see far away,  
You are moon I see everyday.  
You are the one I lean upon.  
You are the one who taught me live.  
You are my love, my life, my mom.  
You are the one who cares for me.  
You are the eyes that help me see.  
You are the one who knows me best.  
You are the one who's better than  
the rest!

-Amanveen Kotwal  
III nd K

## Riddles ....

Q Which city has no people?  
Ans electricity

Q Which two keys can't open any door?  
Ans Donkey and Monkey

Q What is the centre of ocean?  
Ans letter - 'e'

Q You answer me, although, I never  
ask you a question. What am I?  
Ans Telephone.

- by Vibhuti Mahajan  
5<sup>th</sup> K.



Be careful of what you eat!

Don't be fussy about the food you eat, Mamma works hard for this healthy treat vegetables cooked, boiled roasted or fried, taste so yummy, have you ever tried?

Meals taken at proper time every-day, makes you grow strong, active and gay. leafy vegetables, fruits wheat, beans, and pulses give glow to your skin and away diseases.

Pizza, cold drinks, burgers, noodles, Jam your intestines and creates trouble why keep munching processed namkeens and chips?

- Kamakshi°  
5th - C

Don't Worry!

"Don't if your job  
is small,

And your demands are few  
Remember that mighty oak,  
Once was small  
as you"

- Avdhi Gupta  
class - V A



## Poem

Meadows have surprises,  
You can find them if you look;  
Walk softly through the velvet grass,  
And listen by the brook.

You may see a butterfly  
Rest upon a buttercup  
And unfold its drinking straws  
To sip the nectar up.

You may scare a rabbit  
Who is sitting very still;  
Though at first you may not see him,  
When he hops you will.

A dandelion whose fuzzy head  
Was golden days ago  
Has turned to airy parachutes  
That flutter when you blow.

Explore the meadow houses,  
The burrows in the ground,  
A nest beneath tall grasses;  
The ant's amazing mound.

Oh! Meadows have surprises  
And many things to tell;  
You may discover these yourself,  
If you look and listen well.

- Udhay Pratap Singh  
IV - B



## A teacher for all seasons

- A teacher is like spring,  
who nurture new green sprouts,  
encourages & leads them,  
whenever they have doubts
- A teacher is like summer,  
whose sunny temperament  
make studying a pleasure,  
preventing discontent
- A teacher is like fall  
with methods crisp and clear  
lessons of bright colour  
and the happy atmosphere
- A teacher is like winter  
while it's snowing hard outside  
as a warm and helpful guide

-Aniket chaudhary  
3<sup>rd</sup> G

पोस्त रहना ज़रा संभल के  
यहाँ सब कुछ बिकता है,  
पोस्त रहना ज़रा संभल के,  
बेचने वाले दवा भी बेच देते हैं,  
गुब्बारे में ढाल के।

सच बिकता है झूठ बिकता है,  
बिकती है हर कदानी  
तीन लोक में फैला है,  
फिर भी बिकता है खेतल में पानी।

— महोत्सव  
[तीसरी - मं]



## Over India

Kashmir for looking.

Madras for cooking.

Kerala for dance,

Mysore for romance.

Ahmedabad for mills,

Nagaland for hills.

Bombay for beauty,

Delhi for majesty.

Bengal for wintering,

Punjab for fighting.

Bihar for mines,

Himachal for pines.

Gujarat for wealth,

MP for health.

Andhra for learning,  
Maharashtra for weaving.  
Assam for soil,  
Haryana for oil.  
Jharkhand for furniture of cane  
UP is for sugarcane

- By Rakini Gupta

V-G



## Riddles

1. What has a single eye but cannot see?

Ans. Needle.

2. I'm light as a feather, yet the strongest man can't hold me for more than 5 minutes. Who am I?

Ans. Breathe.

3.

What kind of room has no doors or windows?

Ans. Mushroom.

- By Ritvik Malhotra  
- IV - K

## पहेलियाँ

1. छोटा-सा फकीर, जिसके पेट में लकीरा

2. पेट में ऊँगली, सिर पर पत्थर।

3. बिन्बुलाया डॉक्टर, सुई लगाकर भाग गया।

4. हरी-हरी मूछ, सफेद-सफेद पूँछ।

5. दिन में सोये, रात को रोये, जितना रोये, उतना जोये।

उत्तर: 1. शूँच 2. आँख 3. मच्छर 4. मूँच 5. मीन



'Girl' - god's most beautiful creation

girl is the most beautiful part of god's creation. I call her an embodiment of selfless love. With a ready smile on her face, she always makes life comfortable for others. She is incomparable in god's all creation. We should respect every woman we meet because we never know that what she has sacrificed for your well being.

- Harshveer Singh

3rd C

R.No. - 14



# MATHEMATICS

Mathematics is a great motivation for all the human beings . . . . because it starts with a 'zero' but it never ends . . . . it goes on to infinity. This is very reason why Mathematics is my favourite subject. It is full of ideas and never-ending calculations. Maths has the power to make our minds work faster. It helps increase our decision-making power and helps in intellectual our decision development. Maths has its various uses in daily life as well. We count various items everyday, we deal with money. And so on are the things in which maths help us.

Mohd. Sibgha

IV-I



## Today And tomorrow

° Don't tell me of tomorrow

Give me that man who'll say,  
When good deeds are to be done

'Let's do good deeds today.'

° We may all command, the present,

If we act and never wait,

But repentance is the phantom

Of past that comes too late.

° Don't tell me of tomorrow

There is much more to do today,

That can never be accomplished,

If we throw the hours away.

- Mahika Sharma

V<sup>th</sup> F

R.no. - 19

## My Dear Sunday

Sunday, Sunday, My dear Sunday  
Why don't you come everyday?

Do you live very far?

So, Don't you have any car?

Oh dear! you come so late

It is difficult for me to wait.

Come soon dear Sunday

I am waiting for you each day.

Borenah Kausan

V-E



I wish, there were gardens.

I live in the town

In a street.

Which is crowded with traffic,

And feet.

There are buses and motors

And trains,

I wish there were meadows

And lambs,

In a row,

There is smoke everywhere I go,

I don't like the noises

I hear.

I wish there were gardens and

greenery everywhere.

-Sanni Gupta  
class - III C.

## Poem!

From the bottom of my heart,  
I want to thank you  
For understanding  
and supporting me  
For being there  
In good and bad times,  
For simply being you  
the best mom in the world.

HAPPY MOTHER'S DAY

LOVE You!

Faiza Malik

V-H



## An ideal student

An ideal student is the pride of a school. He is ideal because of his qualities. He is hard working. He never wastes his time. He is always reading and writing. He tops the list of successful candidates. He brings laurels to the school. The Teachers love him. He is regular and punctual. He comes to the school in time. He does his home work beautifully. He is good and nice at home. He loves his younger brother and sisters. He respects his elders. He is a nice champ. He is an obedient son. He is truthful. He helps the poor and needy people. He believes in self-study. His books are his best friends. So much so, he is ideal in his everything.

He is a model for others.

- Ranya Gupta  
IV-H



— दीपावली

दीपो का त्योहार दीपावली  
खुशियों का त्योहार दीपावली  
घर-घर में दीप जलाओ,  
लड्डू-मिठाई खुब खाओ।

— ईमाद फ़िरदास

[III - 6]

## Wanderers In Space

As we circle the sun, we have got company. Earth is just one of many objects in orbit around the sun - like a star at the heart of our solar system. The largest of these circling objects are the planets, although there are plenty of others, from chunks of rock and ice to grains of dust. If you glance up at the sky, the planets look a little like stars, but stars and planets are different as fire and ice. We call planets our home.

- Anammay Sharma  
3rd H

R.NO - 6



## My Dear Test

Oh! My dear test,

You are my unwanted guest.

You make me busy,

Because you aren't that easy.

You need preparation.

Practice of math calculations,

Science requires theory,

Which often goes out of memory,

History needs memorization,

Which is full of confusion,

Arts is quite easy,

But not quite so breezy,

Questions of physics,

Makes us pretty sick!

The subject Chemistry,  
Full of the chemical's mystery,  
But hey! We are going to prepare for the test,  
Because I want to give my best.

Brunay Rishi

V-K



## Jokes

1. If child labour is a crime,

Then why teachers give homework.

2. SANTA - OYE! what are you doing?

BANTA - Recording this baby voice

SANTA - why?

BANTA - when he grows up, I shall ask him, what

He meant by this.

3. टीचर → बताओ गैज क्याम खत्म से क्या होगा?

स्टुडेंट → क्याम खत्म हो जाएगी।

- by Pratham Sharma  
JG

## Doctor from Goa....

There was a doctor from Goa,  
He always drove a car named Imova.  
He was a hardworking man,  
Once at the beach, he had a sun tan.  
Her sister's name was Moma,  
But he always called her Moa.  
He went everywhere with his bright white car,  
Everyday at morning he bought two cigars.  
Once a patient came having cold named Lola,  
He said her not to drink Cola.  
He met a girl named Meg,  
After some time, he saw that she has broken  
her leg.

— by Rudra  
XE



## Riddles ....

Q1 What can you hold in your hold in your right hand but not in left hand?

Ans Left elbow

Q2 Name thing which come once in a year, twice in a week but not in a month.

Ans letter 'E'.

Q3 How many months have 28 days

Ans 12 months as every month has at least 28 days.

Q4 An electric train is coming from south.

The wind is blowing from North where the smoke of the electric train will go?

Ans An electric train has no smoke.

Q5 What is common in Sun and Moon?

Ans letter 'N'

- by Rudra Sharma  
R E

## झरना

कल-कल झरना बहे शान से ,  
जैसा गिरता आसमान से।  
पर्वत की छाती को चीर,  
बहता रहता है यह वीर।  
नदिया बनता आगे बढ़कर,  
छल - छल बहता खूब अकड़कर।  
इसका विमल दूध-सा जल है,  
मीठा , शीतल निर्मल है।

- Mohd. Hamdaan

[ V<sup>th</sup> - H ]



# Health & Life

\* What should I do if a tooth is knocked out accidentally?

→ Pick it up, wash it and place it in your mouth or in a glass of milk or saline. It has to be kept moist. A dentist can put the tooth back if you get to him <sup>with</sup> in 2 hours of the accident.

\* Why do we get that sinking feeling in the stomach when we are about to appear for an exam or an interview?

→ There's a dense network of nerve called the enteric nervous system surrounding the oesophagus, stomach and intestines. In some stressful situation the enteric nervous system

releases certain chemicals that produces that strange sensation called "butterflies in the stomach".

\* Are malaria and dengue spread by the same species of mosquito?

→ Malaria is transmitted to humans through the bite of the infected female anopheles mosquito whereas dengue is spread by mosquito belonging to the dengue is spread by mosquito belonging to the *Aedes aegypti* species. *Aedes* mosquito also transmit yellow fever and unlike anopheles mosquitoes also which generally bite between dusk and dawn, bite in the daytime.

\* Does rubbing oil in the hair nourish the hair or make it grow?



→ No, the hair is made up of dead cells so there is no question of it with nourishment.

However an oil massage can be soothing and relaxing and can stimulate blood circulation in the scalp to some extent.

\* Why should I sleep on a firm mattress and not a soft one?

→ Sleeping on a soft mattress could give you a backache, sleeping on a firm mattress will ensure that the vertebrae do not sag and stretch the ligament that connect the bones.

\* Can food allergy lead to ear infections in children?

→ A food allergy can trigger chronic inflammation and swelling in the middle ear in

in infants and children. If a child has  
persistent ear problem one should make sure  
if is not due to food allergy before  
embarking on expensive treatments.

- By Gunnat  
II-I



नारी तो हर काम में विद्यमान है  
इस दुनिया में नारी बहुत महान है।

नारी सुखों का भण्डार है  
लेकिन इस दुनिया में उसे दुःख मिला बेशुमार है  
अपने बलबुते पर नारी हर कष्ट से लड़ने तैयार न  
जाने क्यों वो जिने के लिए बेवस और लाचार है  
स्व ने नारी को दिया सहनशीलता का वरदान इस  
दुनिया में नारी बहुत महान है।

— Saumya Sharma  
II -

बेटी बचाओ बेटी पढ़ाओ

मैं भी लेती साँस हूँ, पलकर नहीं बनसान हूँ  
कोमल सन है मेरा, वही भोला सा है चहरा।  
जजबातो से जीती हूँ, बेटा नहीं पर बेटी हूँ  
कैसे कामज धुड़ा लिया, जीवन के पदले सिटा दिया  
तुझसे ही बना हूँ, बस प्यार की भूखी हूँ  
जीवन पर लगा दूँगी अपना ली, मैं बेटी भी बन  
जाऊँगी। दिया नहीं कोई मौका, बस पराया  
बनाकर सोचा। एक बार राले से लगालो फिर  
शायद ~~क~~ हर कदम आजमालो। हर लड़ाई जीत  
कर दिखाऊँगा, मैं अमिज से जलकर भी जी  
जाऊँगी। चंद लोगोँ कि सुनली तुमनी, मेरी पुकार  
ना सुनी। मैं भोज नहीं भविष्य हूँ बेटी नहीं  
पर बेटी हूँ।

- Vidyaanshu Bose.



# स्वच्छ भारत अभियान

स्वच्छ भारत अभियान

मोदी जी ने किया रेलान

गंदगी फैला कर नहीं करोगे

अपने देश का कल्याण

साफ - सुथरा रखना, अपने देश को है,

हम सब का काम।

स्वच्छ भारत अभियान

होगा भारत का नाम

वैदगा उसका सम्मान

अंगर देश में गंदगी रखोगे

तो होगा उसका अपमान।

स्वच्छ भारत अभियान

सफाई जहाँ

खुशियाँ वहाँ

अमर, रहेगा हमारा देश साफ़ जैसे,

तो होगी गतिशीलता देश की तेजी से

पूरा होगा गांधी जी का सपना

अगर मानेंगे हम देश को अपना ॥

Eva Singh

II-F



“ चिड़िया कि चार बातें ”

एक राजा के महल में एक सुंदर बारा था। बारा में अंगूरों की एक बेल थी। वहाँ राज एक चिड़िया आती और बारा, और बारा में घूमती। अंगूर की बेल से वह चुन-चुनकर सीठे अंगूर खा जाती और उदरवप्ये खट्टे अंगूर नीचे गिरा देती। राजा ने कहा, जतदी बात! चिड़िया बीली यह सुनकर राजा पश्चात्त में डूब गया। राजा की दास्य देव चिड़िया बीली है, राजन ज्ञान कि बात सुनना और पढ़ने सुनने और यह करने से लाभ नहीं होता।

- Shruinay Sharma

IV - E.

## गुरु का सम्मान

जीवन के घोर अंधेरे में  
प्रकाश जो बन कर आता है,  
हर लेता है वो दुख सोरे  
खुशियों की फसल उगाता है,  
सागर से ज्ञान-सा भरा हुआ  
बस वही गुरु कहलाता है

अज्ञानी को ज्ञान देता  
एक अलग पहचान बनाता है,  
जब साथ वो रहता है अपने  
सुरा समग्र पलट जाता है  
सागर से ज्ञान-सा भरा हुआ  
बस वही गुरु कहलाता है



शिष्य का नाम लेदे जग से  
सबसे दम तक साथ निभाता है,  
हर देश का भाग्य विधाता है,  
सागर से ज्ञान-सा भरा हुआ  
बस वही गुरु कहलाता है - - -

कभी माँ बनकर नई चीजे सीखाता है,  
प्रातिभा में चार-चौद लगाता है  
विद्यालय में खुशबू बन सहकता  
माँजिलों को आसान बनाता है  
सागर से ज्ञान-सा भरा हुआ  
बस वही गुरु कहलाता है - - -

## जल बचाओ

जल, पृथ्वी पर है सबसे अनमोल रत्न  
इसके बगैर कुछ नहीं कर सकतै यत्न

सब कुछ करता सब कुछ भरता

धरती पर जीवन इसी में चलता

अब हम इसका कर रहे दुरुपयोग

इसके कारण जग रहे है, कई नए रोग

पानी का सदा करें सदुपयोग

आर न सूखा न कोई रोग,

अर्थ न फेंके जल की एक भी बूंद

सुधारे जलती व अपनी भूल

हम न सुधारे या न सुधारे, समाज

तो ज़ासे ही जाँवाँगे अपनी जान ।

— By Sadit Singh  
II - I



## The Wonder of Nature

Nature! Nature! so lush and green,  
The wonder of wonder anyone has seen.  
So cool, calm and full of life  
Makes us forget all our strife.  
Think of a forest full of trees,  
Fluttering and dancing in the breeze.  
Cut them down and construct towers,  
Wait for ages to get a shower.  
The birds that soar high in the sky,  
Can we imitate them however hard we try.  
Learn to wonder and gaze at the things,  
And see the happiness it brings.  
We have got such wonderful things,  
Do what you can and save a ring.

so that our children in future,  
can see the things we have nurtured.

- Jaganpreet Kaur

IX - A



## Wonderful Word's

1. The most essential ten letter word - CONFIDENCE
2. The most powerful nine letter word - knowledge
3. The most rewarding eight letter word - PATIENCE
4. The most soothing seven letter word - SILENCE
5. The most impressive six letter word - PURITY
6. The most desirable five letter word - PEACE
7. The most popular four letter word - LOVE
8. The most popular and omnipotent three letter word - GOD
9. The most uniting two letter word - WE
10. The most resourceful one letter word - I

- By Kanika Bashal  
IX-61

# Poem

Little drops of water.

Little grain of sand.

Makes the mighty ocean.

The pleasant land.

Little seeds of kindness

Little words of love.

Make our earth an end

Like the heaven above

- By Afnan Gulyar  
IV-B



बूझो तो जाने

1. दूर दूर तक सैर करे,

दिन भोजन बिना पानी।

सपेसा लाए ले जाए

कमि लाख कमी ~~का~~ दानी। [पीक्ट कार्ड]

2. काली तो आँखें छलके,

पर भोजन का स्वाद बढ़ाए।

कदने को तो अमीकंद है,

लू सै हमें बचाए। [प्याज़]

3. चन्दा छोटा सा जादूचर।

फल पल दृश्य बढ़ाए। (टीवी सीरीज)

वह चाहे तो बड़े-बड़े,

की बोलती बंद कर दे।

4. सीने की पलंग नदी (शेर)

न ही भदल बनाए।

एक रुपया पास नदी

किर भी राजा कहलाए

⑤ एक गुनी नै यै गुन कीना

हरियल पिंजरे भै दे दीना। (पान)

देखी जादूगर का कमाल,

डारै दश निकाली लाल।

- Sanvi Bansal  
2<sup>nd</sup> C



माँ

ममता की दर्पण हैं,  
प्यार की मूर्त हैं।  
हर दुख में मुस्काती हैं  
कुछ ऐसी हैं मेरी माँ  
हँसता हूँ तो हँसती हैं  
न जाने क्यों अपने आँसू छुपाती हैं।  
पूछता हूँ उसके दिल का हाल जब;  
हँसकर सिर सधला देती हैं।  
धूप में तपकर, खुद छात्रा बन जाती हैं  
पता नहीं देती हैं या इंसान में पहचान न पाया।  
कुछ ऐसी हैं मेरी माँ।

-Anish Samrat  
IV - 'G'



## चिड़िया की चार बातें

एक राजा के महल में एक सुंदर बाग था। बाग में अंगूरों की एक बेल थी। वहाँ रोज एक चिड़िया आती और बाग में घूमती अंगूर की बेल से वह चुन-चुनकर मीठे अंगूर खा जाती और मध्यपके खट्टे अंगूर नीचे गिरा देती। माली ने चिड़िया को पकड़ने की बहुत कोशिश की पर वह हाथ नहीं आई। माली ने राजा को यह बात बताई। यह सुनकर राजा ने उसे पकड़ने की ठान ली। एक दिन बाग में चिड़िया अंगूर खाने आई, तो राजा ने उसे पकड़ लिया। वह चिड़िया को मारने लगा, तो चिड़िया ने कहा, "राजन, मुझे मत मारो। मैं आपको हान की चार बातें बताऊँगी।" राजन ने कहा, "जल्दी बता।" चिड़िया बोली, "हाथ आग शत्रु को छोड़ना नहीं चाहिए। असंभव बात पर झुलकर भी विश्वास नहीं करना चाहिए और बीती बातों पर कभी पश्चाताप मत करना।"

— Shrainey Sharma  
[IV<sup>th</sup> — E]



## प्रकृति का संदेश

चिड़िया से है उड़ना सीखा,

तिल्ली से इठलाना।

भंवरी की गुंजन से सीखा,

शम मधुरतम गाना।

तेज लीखा सूरज से हमने,

चांद से शीतल छाया।

टिम - टिम करते तारे की।

हम समझ गए सब माया।

सागर ने सिखाई हमको,

गहरी सोच की धारा।

रागनचुम्बी पंक्ति से सीखा,

हो ऊँचा लक्ष्य हमारा।

समय की टिक - टिक ने समझाया,

सदा ही चलते रहना।

सुखिल कितनी आन पडे,  
पर कभी न धीरज खोना।  
प्रकृति के कण - कण मे है,  
सुंदर सैदेश सुनाया।  
इश्वर ने इसके द्वारा ज्यो,  
अपना रूप दिखाया।



मेरा स्कूल, मेरी जान

दिल्ली पब्लिक स्कूल है मेरी सफलता  
की राह, इस जैसा स्कूल मुझे मिलेगा  
कहाँ ?

स्कूल की प्रधानाचार्य का नती है कोई नवा  
अध्यापिकाएँ हैं मेरे स्कूल की बेमिसाल,  
हर फील्ड में दिखाती हैं अपना कमाल,  
बच्चे हैं मेरे स्कूल के हर कदम में आगे,  
प्यार से जुड़े हैं हम सब के धागे,  
मजिल है अपनी दूना आसमान  
मुट्ठी में करना है पूरा जतान।  
अपने स्कूल को बढ़ाएंगे शान,  
करेंगे ऐसा काम महान।

- Anurag Sharma  
[III - M]

## शिक्षक

शिक्षक हैं शिक्षा का सगर

शिक्षक बाँटे ज्ञान बराबर

शिक्षक मंदिर जैसे पूजा

माता-पिता का नाम है पूजा

माता देती नवजीवन,

पिता सुरक्षा करते हैं लेकिन

सच्ची मानवता शिक्षक जीवन में भरते हैं।

सच न्याय के पद पर चलना शिक्षक हमें सिखाते हैं

कभी डाँट तो कभी प्यार से कविता कुछ समझाते हैं

जीवन में कुछ पाना हो तो शिक्षक का सम्मान करें।

शिशा झुका कर श्रद्धा से तुम बच्चों उन्हें प्रणाम करें।

शिक्षक दिवस की

हार्दिक शुभ कामनाएँ ॥

— Muhammad  
Mamin  
II - F



## कीर्तिश कबो

संजिल मिल ही जायगी एक दिन  
भटकते - भटकते ही सही  
गुमराह तो वो हैं, जो घर से निकलते ही नहीं।  
खुशियाँ मिल ही जायगी एक दिन  
सोते - सोते ही सही  
कमजोर दिल तो वो हैं, जो हँसने की सोचते ही  
नहीं।  
पूरे होंगे हर वो ख्वाब, जो देखे हैं अँधेरी  
रातों में  
नासमझ हैं वो, जो डर के पूरी रात सोते ही नहीं।

## नारी का स्थान

इस दुनिया में नारी बहुत महान है,  
माँ, बेटी, बहू, बनना इसका स्थान है।

हर कष्ट से हंस कर लड़ता,  
हर दुख पीड़ा को नम्रता से सहन करना  
अपने दुखों को छुपकर दूसरा को खुश रखना,  
नारी कड़क धूप में पीपल की छाँव है  
इस दुनिया में नारी बहुत महान है।

जिस घर में अपना पूरा बचपन बीता  
उसी घर को आखिर छोड़ दिया  
पराए घर से नाला जोड़ दिया  
सब कष्टों का बोझ अपने सर मौल लिया  
सब दुखों की बर्दाश्त करना ही इसकी जान है



## दो बिल्लियाँ

एक महीने में दो बिल्लियाँ रहती थीं। एक बार उन्हें एक शीर्ष मिली। शीर्ष को देखकर वे दोनों ही उस पर अपना अधिकार जमाने लगीं। इसी बात पर दोनों में विवाद हो गया। यह तमाशा पेड़ पर बैठा एक बंदर देख रहा था। वह बिल्लियों के पास आया और कहा कि वे शीर्ष का बंटवारा आसानी से कर देगा। बिल्लियाँ इस बात पर सहमत हो गईं। बंदर ने उनसे शीर्ष लेकर उसके दो टुकड़े किए। एक टुकड़े को देखकर कहा कि यह टुकड़ा ज्यादा बड़ा हो गया। इस प्रकार वह धीरे-धीरे सारी शीर्ष खा गया और पेड़ पर चढ़ गया।

- Dhurani

[V<sup>th</sup> - 61]



## Single Use Plastic and Why Is it a Problem?

Single use plastic are used only once before they are thrown away or recycled. The items are things like plastic bags, straw, water bottles and food packaging. We produce 300 million tons of plastic every year. Some plastics are not. Petroleum based plastic is not biodegradable and usually goes into landfill from where it find its way to the ocean. The plastic break down in ~~any~~ tiny parts. It is obvious that we need to use less plastic products and move towards environmental helpful products.

Draina

Ind



# My India

Kashmir for beauty,  
Delhi for duty.

Punjab for colours,  
Rajasthan for flavours.

Mysore for silk,  
Gujarat for milk.

Jammu for temples,  
Goa for beaches.

Bengal for writing,  
Kerala for dancing.

I Love my India.

Ishansuet Kaur

II-B

I can be a Champ..

I can be a champ

by smiling at you,

I can be a champ,

when you feel blue,

I can be a champ

who is honest and kind

I can be a champ

when you're in a bind

I can be a champ

when you are in a bind

I can be a champ,

by saying thankyou & please.

I can be a champ

I can be a champ.

- Sahibzada Rihab Ali Shah  
[II-D]



# Sky

Sky so blue with  
Air so clean.

Only sun, moon and  
stars to see.

Eagles and vultures

Take their turn

Life in the sky,  
so alive

## Families

Families are people  
who care about you

My family is special

Your family is too!

Mother and Father,

and sister and Brothers

Grandmas and Grandpas,

and so many others!

One family is big,

while another is small

Some families have children

and some, none at all!

- Parika Sharma

V - A



# Teachers

Teachers

You paint our minds  
and guide our thoughts  
share our achievements  
and build our hopes.

Inspire love,  
Knowledge and thought.

As you enlighten the path  
which leads our youth.

Our future brightens,  
with each lesson you teach,  
with each smile you lengthen,  
each goal you help to reach.  
For the dawn of each part,

Each philosopher and the king  
begins with the teacher

The wisdom they bring

- By Saanvi Bansal  
II-C



## Riddle

1. A thing with finger in its stomach  
and stone on its head

Ans - Ring

2. An unwanted doctor  
inserted injection in our skin  
He is very thin

Ans - Mosquito

3. It comes every morning  
Everyone reads it

What is it ?

Ans - Newspaper

## Did You Know

A dog's hearing capability is much better than that of a human being - it can hear sounds that are four times farther away than people.



# DIWALI

Nothing dark should be inside

Let not pollution

Sharply bright

Do what you can in  
this fight

Let's enjoy the tasty diet.

But for display it's only light

Diwali is delight.

Manya goel

II-A

## Three Things

Three things to respect,  
Nation, elders, teachers.

Three things to accept,  
Truth, purity, goodness.

Three things to share,  
Love, respect, care.

Three things to remove,  
Hate, anger, fear.

Three things to believe,  
God, parents, yourself.

Krishiv Gupta

II-A





PAINTINGS

AND

SKETCHES





Lotus Temple





SAVE TIGER

Created by  
Jahit Dha Wam



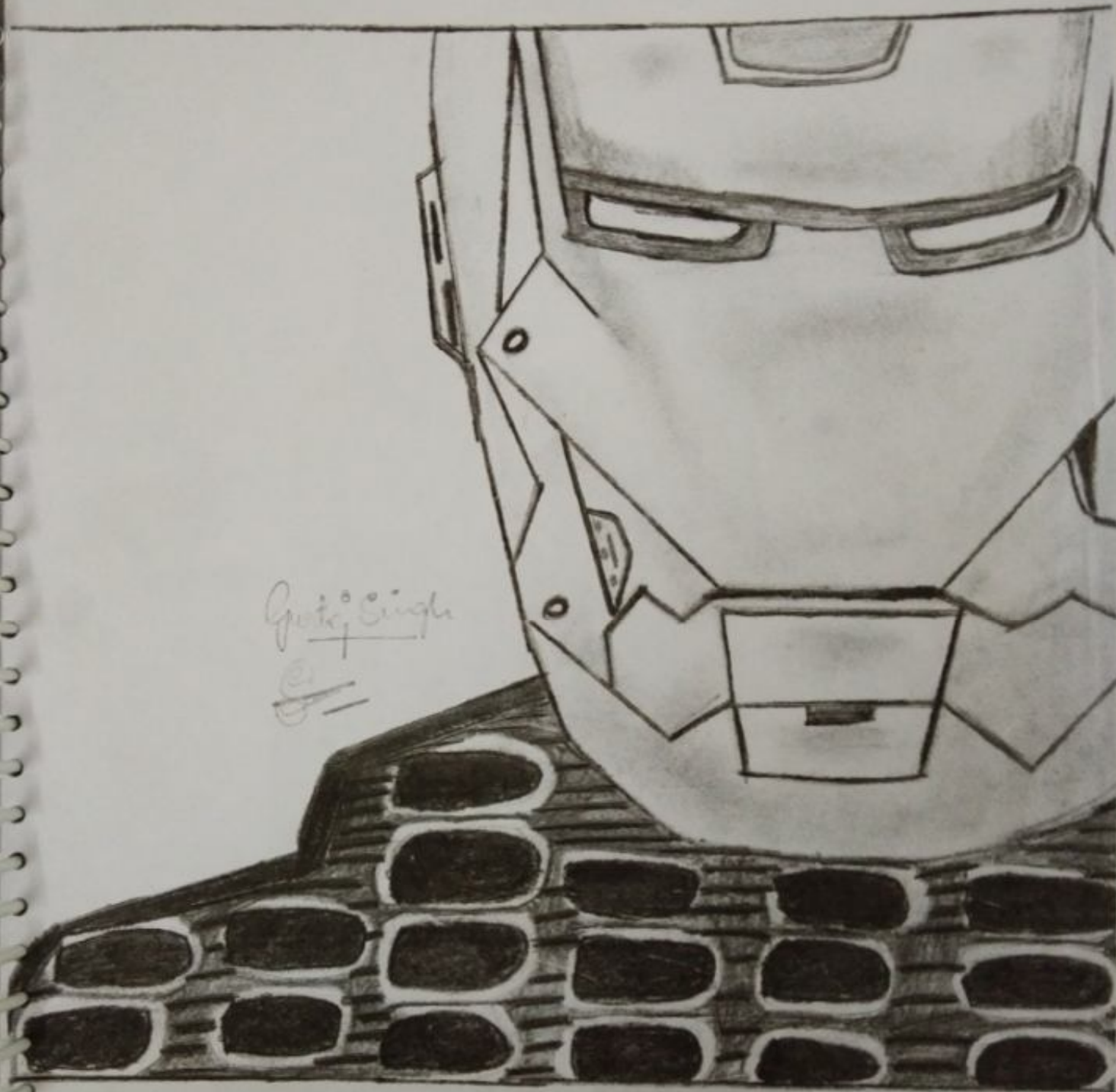


Made By  
Pearlman



Made By  
Pooja Munjan





| IRON | MAN |



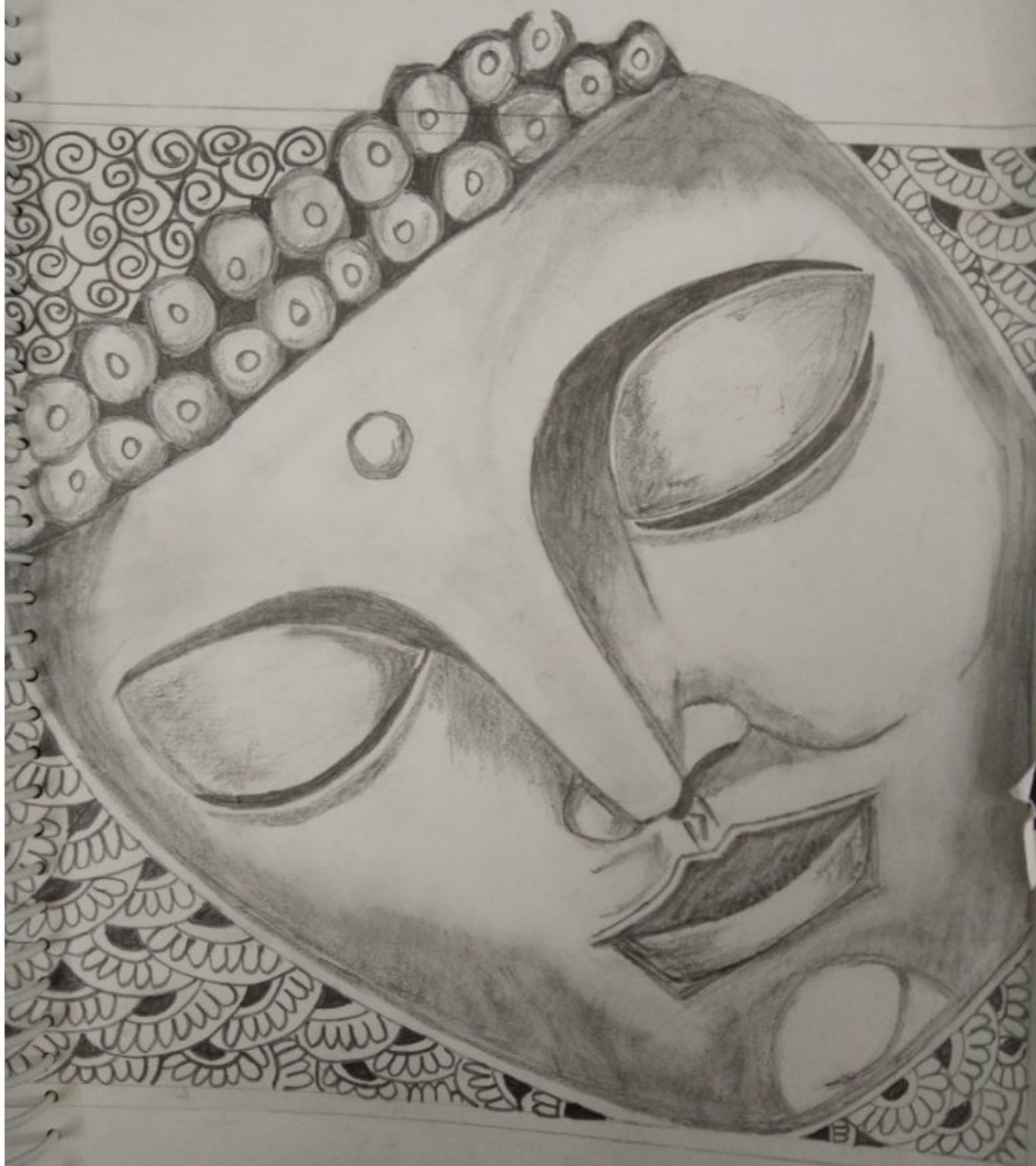
Imagine

The

Other

Half











# GAMES WE PLAY



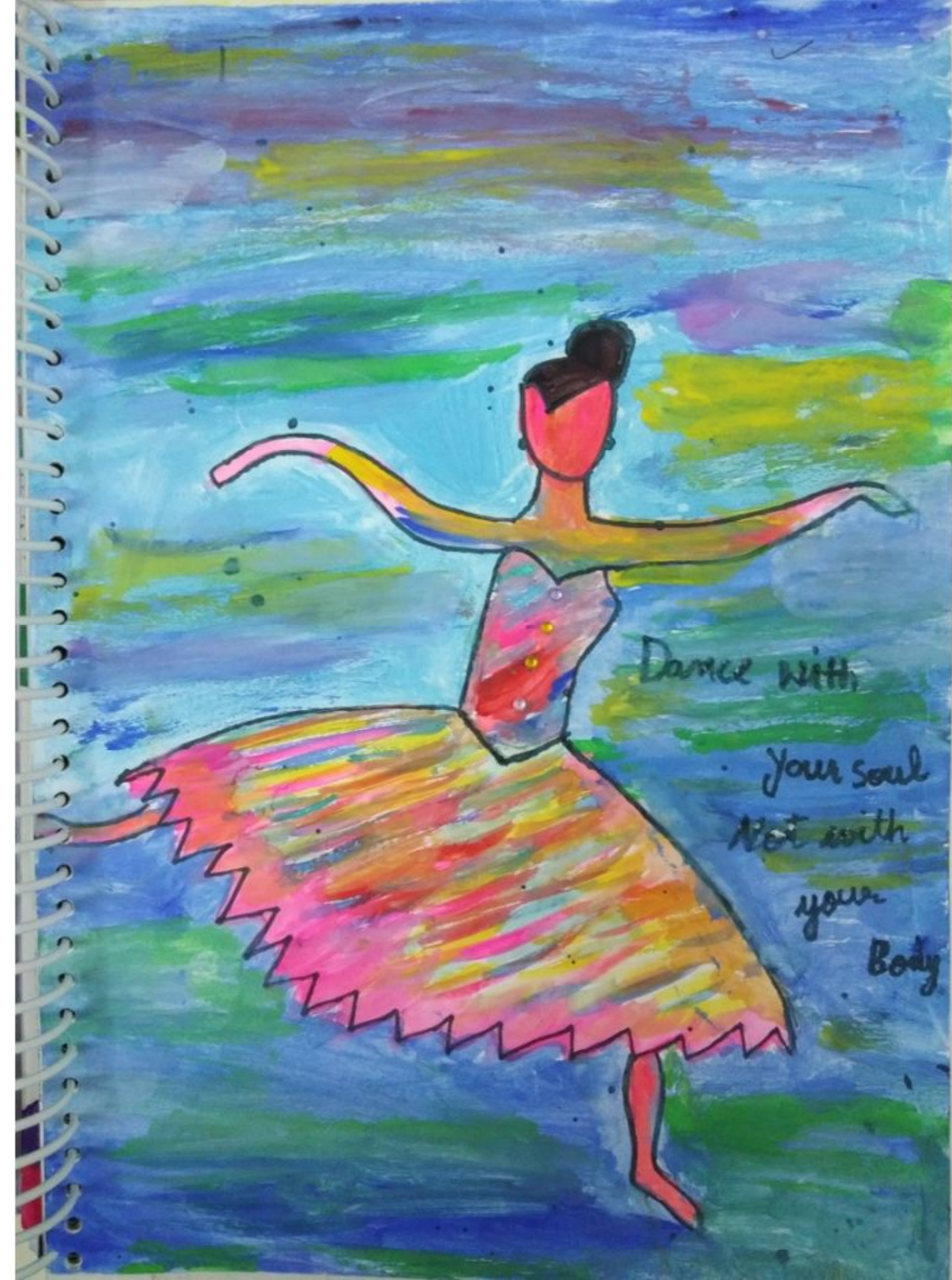
1. When we play games, we relax our mind.
2. Playing games is good exercise for our body.
3. We become fresh and active.
4. We are able to work more.



Rainbow Fish







Dance with

your soul  
Not with  
your  
Body









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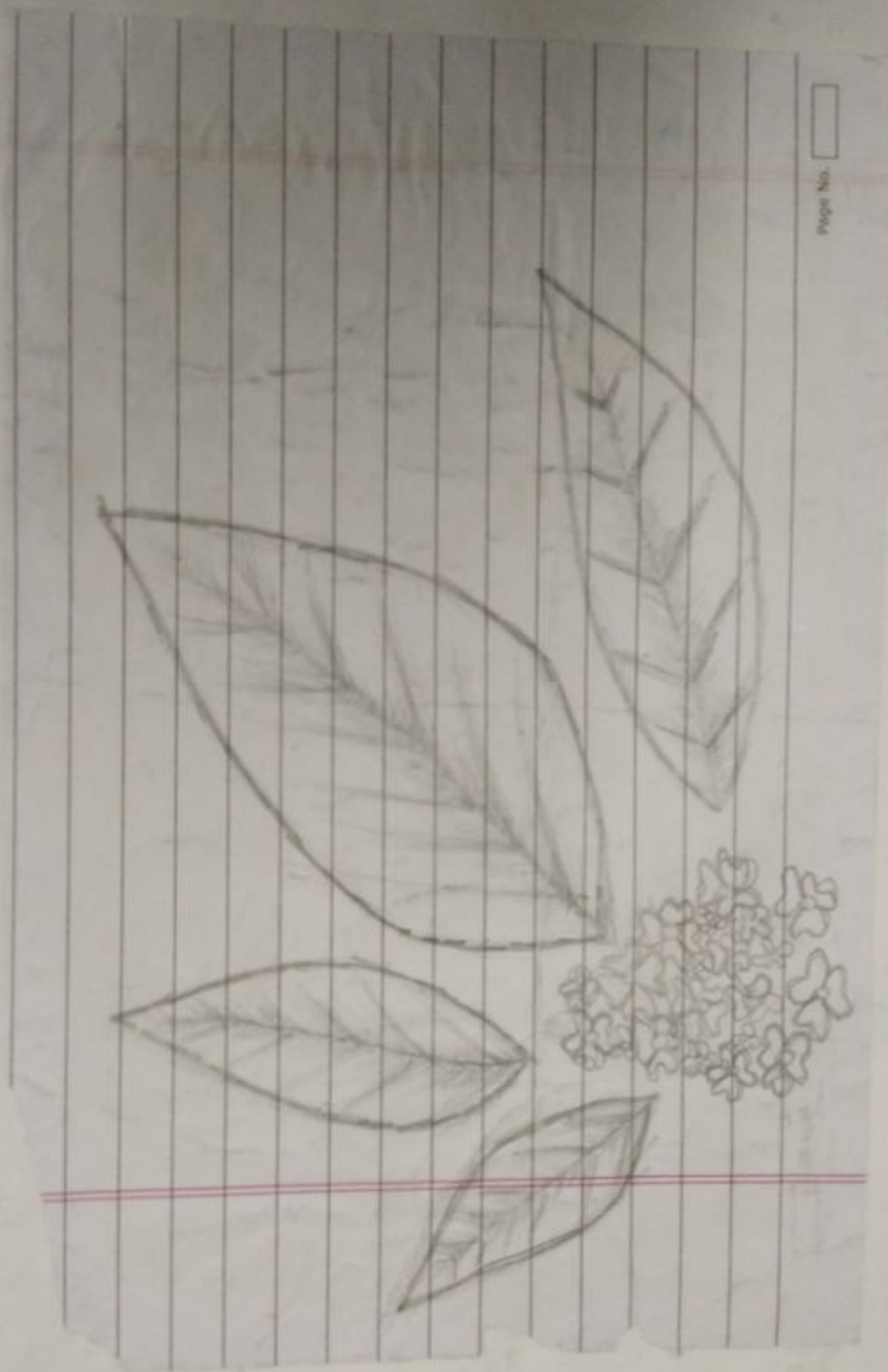












Page No.

Made by: Sonu Kumar













Here it's my  
AND  
Music is SOVEREIGN for me

555













SAVE  
WATER

SAVE  
LIFE

SAVE  
TREES





AND, 22 Suburb



cut dress









Name - Neelaksh Puri

class - III - D

Roll NO - 20

DPS JAMMU















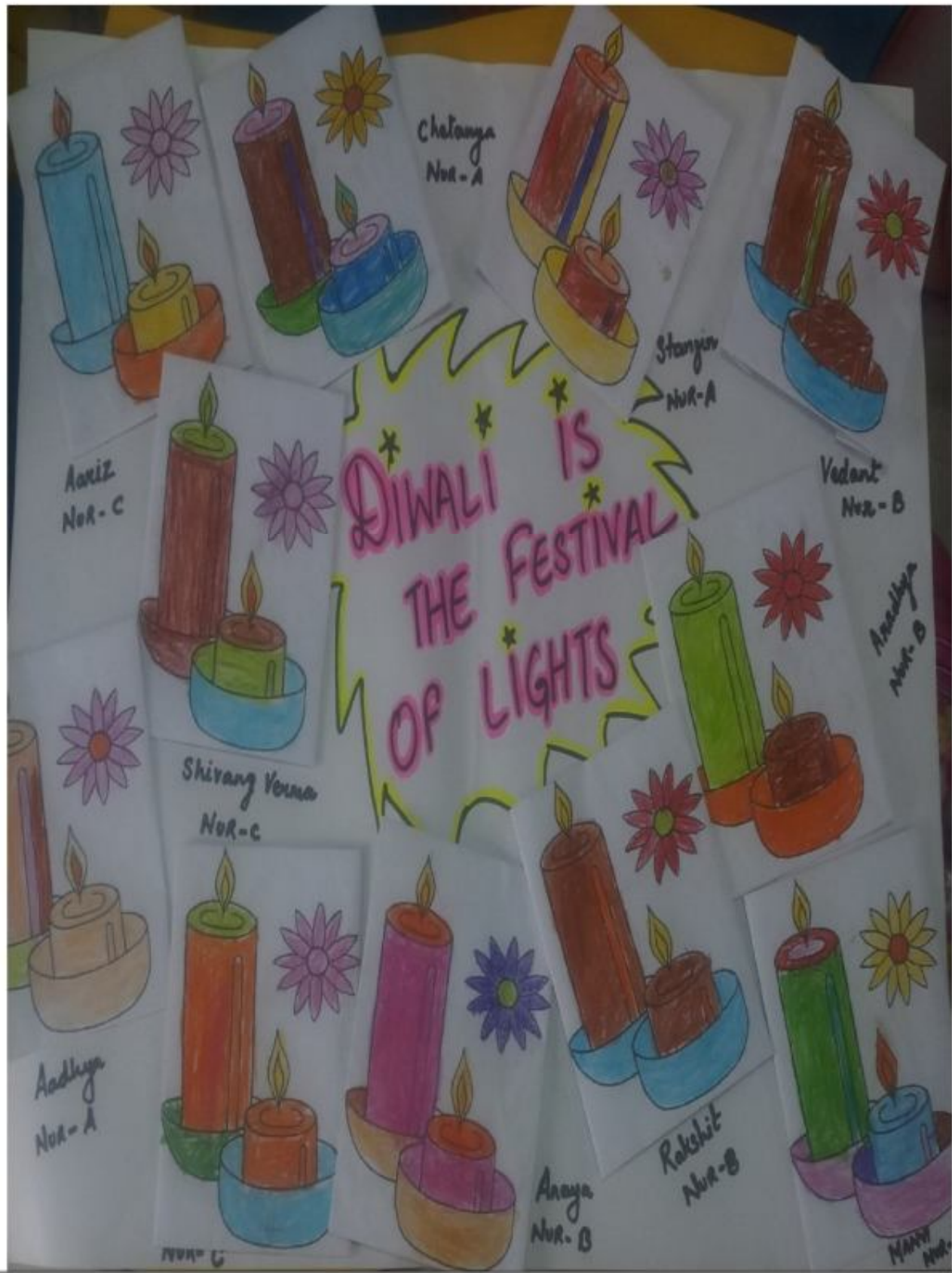
NAVYASAVI CHUTRA

VIII 'G'

13



**A MASTERPIECE OF KINDLED IMAGINATION &  
CREATIVITY OF THE STUDENTS OF CLASS NURSERY**



## CLASS PREP SPREADING HAPPINESS ALL AROUND





**WATER CONSERVATIONIST OF CLASS I**  
**"DO THE EARTH A FAVOUR, BE A WATER SAVER"**



## ***FIRST DAY OF SCHOOL***

**"You are off to great places,  
Today is your day.  
Your mountain is waiting,  
So get on your way."**

New day, New way. The first day of the school is significant for the children. They are having a number of feelings like excitement, happiness, anxiousness and apprehensions. This is a very significant time, heralding a new stage in the child's life. we at DPS believe in planning and preparation to make the transition as smooth as possible for them because

***"The first day of the school never loses its magic."***





## ***"Happiness is a by product of worthy work, well done"***

*DPS Jammu believes that hard works is the key not only to success but also to happiness. We believe that working hard is exhilarating enjoy able and wonderfully rewarding. Our little bundles of joy put in their best efforts throughout the year. Through innumerable activities they honed their skills and discovered new interest. Their hidden talents and skills are polished and hard work becomes a habit.*

*Here is a brief glimpse of efforts put by them in various activities done throughout the year.*

- 1. Work hard and make it happen.*
- 2. It's our will that hones our skills.*



## EARTH DAY

**"I am proud to celebrate Earth Day  
I give up litter, care for trees Recycle what I can.  
I am Earth Day helper Each and every day.  
I take care of Mother Earth  
In oh, so many ways."**



"Earth is the only planet where life exists." For it to continue to nurture us, we too need to nurture it. With the aim to ignite the minds of the little ones about "How to and why to nurture," Delhi Public School, Jammu organized "The Earth Day for Pre Primary wing. The students of Pre Nursery and nursery took part in Hand printing activity and pledged that though their hands are small yet they will always be raised to save mother earth.

Students of Class Prep were taken for a "Nature trip" to DPS Nagbani which is the first green school of Jammu. A cleanliness drive was also organized by them in the school. They also decorated stones by coloring them.

Poster making activity was held for the students of Class I. They poured their determination to save earth on the posters. Which were later posted all over the campus to sensitize all.





## MOTHER'S DAY

Mother's love is something  
that no one can explain  
It is made of deep devotion  
and of sacrifice and pain....  
It is endless and unselfish  
and enduring come what may  
For nothing can destroy it  
or take that love away...



Mother's Day is a special day for all the children and mothers as well, as it celebrates the bond of love and affection that is everlasting. Mothers are the emotional backbone of a family, they have the magic touch to heal all the pains and make all things beautiful.

1. Pre-Primary wing celebrated the spirit of motherhood with the mothers and the kids of class nursery. The mothers with their bundles of joy played many games and presented an exemplary team spirit. Later an "X Factor" event was held where the mothers came forward to show case their talents.
2. Pre-Primary wing also organised many more Mother's Day activities for all. Students of Pre-Nursery pasted red flowers in scrap books for their mothers. Red day was also celebrated on the same day. They came wearing red dresses also.
3. Prep class students made crowns for their mothers to show them that they are the Queens of their hearts.



Class I students made necklace for their mothers. This highly memorable day was made even more special when the mothers along with their kids celebrated the day.





## ENVIRONMENT WEEK

**"We must protect the earth  
We must protect the sea  
We must not drop our litter  
we must save energy  
Let's recycle our rubbish  
This we must decide  
Let's love our special planet  
Let's be on nature's side."**



We are because of nature. We got so much from nature but more than takers, we human beings are becoming abusers. Our Environment is collapsing due to global warming, pollution and climate change. Our students took up this cause to show that they are responsible and they can with their small efforts do a lot. Delhi Public School organized

Environment Week for the Pre Primary block. The week started with the motto "I can and I will" perfect the environment. Various activities were organized for different classes. Students of Class Pre-Nursery made beautiful trees by hand printing, pledging that though their hands are small but their efforts will be big. Class Nursery did colouring in the Pre designed sheet with the picture on save environment thought. The pledge that they will also try to save Earth to save life on it. The small steps taken go a long way.

Students of Prep did vegetable printing and finger printing on the picture depicting message "Save Earth, Save Environment. They also wrote lines on the same topic "Best out of Waste" activity was done to show that they can resist the garbage. They also pledged to reduce the waste and try to reuse it.



waste.

Students of Class 1st had plantation drive when they planted saplings and made a friend for life. In another activity "Make the best of Waste" they had bought empty cartons of toothpaste, juices etc. These cartons were pasted to the side of their table as their own small personal disposable bin. They sharpened their pencils in it and kept the Class clean while reusing the



## ECO CLUB ACTIVITIES

Eco Club of Pre- Primary block organised various activities to spread awareness and to sensitise the children about the importance of environment and why should we save it and how these tiny tots can contribute to save it.



A sapling plantation drive was organised in the school premises in the month of September. The main aim of this activity was to tell the students about the importance of trees in our lives and to adopt a plant and let it grow with us.

In the month of October Slogan writing & Banner activity on water was organised for the students of class 1st. The aim behind the activity was not only to sensitize the students towards the growing water crisis & this alarming situation but also to let them think & find solutions. Students prepared very creative and thought provoking banners.



In the month of November Paper Bag Making Activity was organised. The motive behind this activity was to teach the students to make a paper bag using old newspaper. The activity highlights that today's newspaper is tomorrow's waste paper and waste must be reused. Students showcased their creativity and artistic skills by making attractive bags and decorating them vibrantly.

In the month of December students of Class 1st presented a thought provoking and heart wrenching skit on how we waste water and the consequences we will have to face in the immediate future.



## FITNESS WEEK ACTIVITIES

"To keep good health is a duty otherwise we shall not be able to keep our mind strong and clean".

To promote the concept of healthy food for healthy body, Delhi Public school, Jammu organised Fitness Week. During the week various activities were done. Pre-Primary wing organised "Yoga a way to Healthy Life" for the students.

Students under the able guidance of Ms. Ranjana learned to do various asanas that are very beneficial in keeping us fit. Other than keeping our body fit, yoga helps us in keeping our mind clear and calm.

Next day all the classes held "Eat healthy to stay healthy activity. The students had brought healthy food in their lunch boxes. Teachers discussed about not abusing our bodies by eating unhealthy food. Students learned about various healthy food items and how they help us in staying fit. Students made a promise to themselves that with the knowledge that they had received, they will think and then eat. They will spread awareness in their peer group also. Then they shared the healthy food that they had brought with their classmates and enjoyed.





## JANAMASHTAMI CELEBRATIONS

Pre-Primary wing of Delhi Public School, Jammu organized special assembly to celebrate the joy and festivity of Janamashtami. The assembly began with the introduction by Ayan Singh Jasrotia and Mohisha Gupta of class I-H, who also compered the whole assembly beautifully which was prepared by Ms. Pooja Langeh. The prayer was delivered by Advika Mahajan of class I-K followed by the school choir by students of class I who presented an enchanting, endearing and very melodious song expressing devotion towards Lord Krishna prepared under the guidance of Ms. Saurabh Sharma & Mr. Anil Kumar. The song took everyone on a spiritual journey where everyone could visualize the little Kanhaiya. The song was followed by a beautiful dance on Krishna Leela presented by the students of class Prep which was choreographed by Ms. Anju Jain.



## DIWALI ACTIVITIES

The school, Jammu organized various activities on the occasion of Diwali for students with the purpose to educate them about our culture and tradition and to take a break from hectic schedule to have fun and frolic. Kids of nursery class decorated the



Diyas with mirrors and painted them with the colours of their choice. Students of Pre-Nursery to class-I had Diwali fun party with lots of excitement and fervor which not only created a

sense of tradition but also learnt the right way to celebrate Diwali.

Hindi elocution was organized for the students of Class I who very effectively spoke about the ill effects of crackers and reinforced on eco-friendly Diwali.





## HEALTH AWARENESS PROGRAMME

### "It is Health that is real wealth"

To commemorate the "World Health Day", Delhi Public School, Jammu organized Health Awareness Programme for the students of Pre-Primary wing. The Resource Persons were Dr. Anita Kotwal, Dr. Neelam Khajuria & Dr. Savneet Kour Bali. Dr. Anita talked about the importance of general health, hygiene and nutrition. She guided the children to develop right attitude towards hygiene. Dr. Neelam laid stress on exercising and healthy diet. Children learned that fruits & vegetables help us to grow strong and how harmful is junk food for our body while Dr. Savneet demonstrated the correct techniques and importance of brushing, flossing and rinsing. She made the children aware about excessive candies and chocolates cause cavities and cause harm to teeth.





## ACTIVITIES DONE TO CELEBRATE MAHATMA GANDHI JI 150TH BIRTH ANNIVERSARY

Students of Delhi Public School, Jammu celebrated Mahatma Gandhi Ji's 150th Birth Anniversary week in the school. Various activities were held to commemorate his virtues, principles and teachings. To give tribute to Gandhi Ji's sacrifices and struggle for the nation the students of class Prep presented a beautiful song "Aaja Re Bapu Aaja Re" in the special Assembly. All the students participated with great joy and enthusiasm.. Their melodious voice touched the heart of each and everyone present there. The song laid emphasis on bringing him back to lift through our deeds. In continuation of the celebrations students of class 1st did 'Best out of waste' Activity. Gandhi Ji always laid stress on keeping our surroundings and the nation clean. He was an advocate of cleanliness is next to godliness. Students of class I reiterated their allegiance to this principle of Gandhi ji by reusing and reducing waste. The students made paper bags from the old newspaper and decorated them with class waste such as pencil skin, waste paper etc. they also pledged not to use poly bags and promised to keep their surrounding clean & green.

Next day the students of Prep and class 1st saw a motivational video on the life of Mahatma Gandhi. The videos slow cased the early life & struggle of Father of Nation. Next day scrape book activity on Gandhi Ji life was done students brought the charts on Gandhiji's life and they cut the pictures from the chart and created a collage in their scrape books. From this activity students learned about his life, his struggle and his contribution in our freedom.





## SWACHHTA PAKHWADA WEEK

"When there is both inner and outer cleanliness, it approaches godliness. Clean India was the dream of Gandhi Ji. He made cleanliness and sanitation an integral part of Gandhian way of living Mahatma Gandhi Ji said," I will not let anyone walk through my mind with their dirty feet with this aim swachhta Pakhwada Week was observed in the school.



On the first day the Pre-Primary students took a pledge on cleanliness. The pledge in English and in Hindi promoted the virtue of cleanliness both personal and social among students. The students were encouraged not to litter and to dispose the garbage properly & wisely.

On second day students and teachers participated in a talk to celebrate Swachhta Awareness Day. The importance of Swachhta was discussed by the teachers in their respective classes to reaffirm their faith in cleanliness towards the school, city and country wherever they go.

'Swach Bharat Abhiyaan' is a cleanliness drive initiated by our Prime Minister Narendra Modi Ji. Students of Pre Primary block held a Green School Drive in their own Campus. They (Campus cleaning Activity) cleaned the campus and also spread the message about keeping the surroundings clean. They spread awareness among their peers that to keep our nation clean is of most importance. The "Blue and Green" cleared dustbins were made familiar among these young waste warriors and they pledged to follow the same at home above too.

A slogan writing activity was organized on account of Swachhata Participation day for the students of Class 1<sup>st</sup>. The activity aimed to spread awareness among students to keep our surroundings neat and clean to live a healthy life and also to stay away from diseases. Students presented colorful and catchy slogans and also prepared decorative banners on the theme. The slogans emphasized how every little effort counts and how each one of us is accountable for bringing a change in the mind set of people.



Hand wash day was organized in the Pre-Primary Block for the classes Pre-Primary to Prep. The campaign aimed to motivate the students to wash their hands with soap at critical points during the day.





## CONSTITUTION DAY

India is a great nation. We all love our motherland. Before any religion, cast or creed we are Indians. it is our country that defines us. School celebrated constitution day on 26th Nov'19. The teachers explained the little ones about the importance of constitution. The children learned that as we follow some rules at home and school, same way we as citizens of India also must follow the rules. if we have been given a right than that right comes along with some responsibility. The teacher motivated the children to be responsible and respectful towards our nation. the children and students took a pledge. the pledge was first read by the teacher and repeated by the students in which they promised to be civilized and peaceful citizens respecting all and under no provocation would they resort to violence and will always s owe allegiance to their mother land.





**Winners never  
Quit and  
Quitters never  
Win.**



## COMPETITIONS



"Winning is fun .....sure  
But winning is not the point  
wanting to win is the point  
not giving up is the point  
Never being satisfied is the point"

Competitions lead to progress. They make your goal a living thing and ignite the fire that fuels your determination, creativity and perseverance. They motivate and drive people to excel and enable them to learn and benefit from their strengths and even weaknesses. Competitions keep one motivated. It prevents complacency and inspire us for greater creativity. We need to compete in order to be the best version of ourselves, which help us to be better and stronger.



## HINDI RECITATION COMPETITION

"Poetry is when an emotion has found its thought and thought has found words". Poem Recitation activities help the child to develop confidence, improve vocabulary and also help the students get rid of stage fear. Poetry connects thoughts, images, feelings and help one to become better person. In order to instill love for the poetry and to develop recitation skills amongst the little one, Delhi Public School, Jammu organized Hindi Recitation Competition for the students of Class Nursery, Prep and Ist. The children actively participated in the competition and recited poems beautifully on the topics, 'Beti Bachao', 'Meri Maa', 'Beti Pado' Nature, Trees, Flowers, unity in diversity, save water, pencil etc.

### In class Nursery

The first prize was bagged by Aradhya Gupta (Nur-B) & Anaya Sharma (Nur-B). Chetanya Gupta (Nur-A) & Dhvani Gupta (Nur-B) stood second while the third prize was shared by Kyra Sharma (Nur-C) & Aadhy Sharma (Nur-A). Consolation prizes were received by Keyush Sharma (Nur-A) & Shaurya Luthra (Nur-C).



### In class Prep

The first prize was bagged by Alena Arora and Ridha Malik (Prep-C), Atharv Singh (Prep - B) & Aarush Mahajan (Prep-D) stood second while the third prize was shared by Samanya Seth (Prep-C) & Trisha Dogra (Prep-D). Consolation prizes were also given to Aayansh Gupta (Prep-C) & Rizwan (Prep-D).



### In Class I

The first prize was bagged by Ayaan Singh Jasrotia and Mohisha Gupta of class I-H. Siddhiksha (I-B) & Abhilasha (I-K) stood second while the third prize was shared by Mamliket & Anumodhan of class I-I. The consolation prizes were received by Amaya Vaid (IG) & Lakshita Gupta (I-F). The special prizes were also given to Paavika Manotra (I-D) & Ananya Nargotra (I-A).





## FANCY DRESS COMPETITION

To promote and showcase the talent and creativity of Tiny Tots, Delhi Public School, Jammu organized a fancy dress competition for the students of nursery class. The children actively participated in the competition and came dressed up as famous nationalists of Indian modern history such as Narendra Modi, Chandra Shekhar, Bhagat Singh, Rani Laxmi Bai, Indira Gandhi and Subhash Chandra Bose, etc. and spoke about their characters.

The programme was adjudged by Ms. Ritu Kapoor and Ms. Ritu Vir.

The first prize was bagged by Jatin Singh Bijral (Nur-B) and Shaurya Luthra (Nur-C). Ananya Sharma (Nur-B) and Maanvi Kumari (Nur-A) stood second while the third prize was shared by Saanvika Mahajan (Nur-B) and Bisman Singh (Nur-C).





## INTER-CLASS SKATING COMPETITION

To popularize skating among the young skaters of Delhi Public School, Jammu, an Inter-Class Skating Competition was organized for the students of Pre-Primary on 11<sup>th</sup> October, 2019 in the school premises. Students of class Prep & Ist participated in the said competition with great zeal and enthusiasm. The students who won medals are:-

### **Prep Class (Boys)**

Samarveer Singh Dutt (Prep-C) – Gold medal, Ahmed Fayeem (Prep-A) – Silver medal, Aadhyan Dubey (Prep-A) – Bronze medal

### **Prep Class (Girls)**

Pari Gupta (Prep-E) – Gold medal, Khevna Gupta (Prep-C) – Silver medal, Dharya (Prep-D) – Bronze medal

### **Class I (Boys)**

Arman Malik (I-K) – Gold medal, Genghis Khan (I-i) – Silver medal, Astitav Choudhary (I-C) – Bronze medal

### **Class I (Girls)**

Meera Verma (I-D) – Gold medal, Sheeba Khan (I-E) – Silver medal, Ishani Gupta (I-C) – Bronze medal.





## SHOW N TELL COMPETITION

To encourage the imagination, confidence and creative thinking among tiny-tots, DPS Jammu organized 'Show & Tell' Competition for the students of class Prep. Students participated whole heartedly with full zeal and enthusiasm. This gives a great opportunity to the sparkling stars to display their talent on the stage. The children expressed their views on various topics with elated props in their hands. They showed and described their favourite objects, pictures of their favourite persons and social & environmental issues. The competition was adjudged by Ms. Kamini Sawhney and Ms. Meenu Purshotam.

The first prize was bagged by Reedha Malik & Alena Arora of Prep-C while Aayansh Gupta (Prep-A) & Rusal Srivastav (Prep-C) stood second. The third prize was shared by Rizwan Butt (Prep-C) & Samanyu Seth (Prep-C). Consolation prizes were also received by Aarav Sharma (Prep-B) and Yaminah Rashid (Prep-D).



## RANGOLI COMPETITION

To develop aesthetic sense and to make them think creatively, the pre-primary wing of Delhi Public School, Jammu organized Inter-Class Rangoli Competition for the students of class I. The students proved that their talent is boundless. They made Rangolis on such diverse topics like Life is Colorful, Unity, Love for Nation, Flower of many colours, our traditional symbols such as Peacock, Lotus, etc. the students excelled at outlining, designing and implementing the amazing colour themes. They outshined each other in showcasing their creativity. They also exhibited an example that unity and chemistry in team can make you win championships. Team work makes the dream real.







## CALLIGRAPHY COMPETITION

"Our handwriting style depicts our personality traits". With a motive to develop creative expressions and to improve presentation skill and to inculcate habit of good handwriting among students English Calligraphy Competition was held for the students of class Nursery and Prep. The aim of the

competition was to encourage the students to improve their handwriting and learn the beautiful art of writing well. All the students of class Nursery and class Prep participated with great zeal and exuberance.

## SPELL BEE

**Words cast spell that is why it's called SPELLINGS.**

"Words have meanings use them wisely" students were given a chance to cast spell by using spelling in "Spell Bee" competitions students of class 1 showcase the connect between sound and letters. The spell Bee helped the students improve their spelling, increase their vocabulary, learn concept and develop correct English usage that will help them all their lives. Children of class I participated earnestly in the competition .



## **SPECIAL ASSEMBLY TO CELEBRATE 150<sup>TH</sup> BIRTH ANNIVERSARY OF MAHATMA GANDHI**

A special assembly was organized to celebrate 150<sup>th</sup> Birth Anniversary of Mahatma Gandhi.

The assembly began with lighting of lamp and paying floral tributes to Gandhi Ji by Principal Ms. Ruchi Chabra, Headmistress Ms. Meenu Gupta and all coordinators of the school. School Prayer was presented by Suryanshi and Sparsh of Class II, followed by a very melodious patriotic group song "Sona Mera Desh" by the students of class II. Krishna Sharma of class III extolled the great virtues of Bapu Ji in his poem "Aisey they Bapu Gandhi". Further, Dance Drama "Mohan se Mahatma Tak", giving glimpses of Gandhi Ji's life and his transformation to the stature of Mahatma was showcased by the students of class II. The final crescendo was built by the students of class I when they sang the inspirational song "Bande Mein Tha Dum" prepared by Mr. Anil Kumar. The special assembly aimed not just to celebrate Gandhi Jayanti but also motivate them create Gandhi in themselves by practising and abiding by the principles followed by this great personality. They are the future of tomorrow, so they must empower themselves to create a glorious nation.





## PICNIC

Delhi Public School, Jammu organized picnic for the students of Class first. The students were first taken to Jammu's Zoological park "Manda Zoo". The children were brimming with happiness, curiosity and excitement. It was an informative and enjoyable experience for them. They saw various animals such as Cheetah, Bear, Goral, Deer, bucks. They got to see variety of reptiles such as Python, rattle snake etc. The children even saw birds like swans, ducks, ostrich and owls. In this part of picnic they learned about animals, their habitat and food. They also learned not to tease and feed them.

Next they were taken to Hari Singh Palace and Amar Singh Museum. In the museum they learned about our state's historical background, kings and their attires. Then they were served breakfast. Then the most exciting event of "The Magic Show" enthralled and mesmerized the students. There was so much happiness on their faces when the show got over. Lunch comprising of their favourite dishes was served. The last leg of picnic was full of exciting games, show your talent, Let's walk the ramp and many more fun filled activities. The teachers and students danced in the evening on the songs played by the D.J. The day came to an end when they were given evening snacks. Though they were exhausted but their faces were shining with happiness. The parents came to pick them and they left while telling them about the fun they had on their picnic.



[illegible]



## CHERUBIC AND ANGELIC FACES OF CLASS PRE NURSERY

